

Contents

Preface	<i>xv</i>
About the Author	<i>xvii</i>
List of Units and Symbols	<i>xix</i>

Introduction	<i>1</i>
Subject of the Book	<i>1</i>
Further Reading	<i>2</i>

1	Ambient Conditions Out- and Indoors	<i>3</i>
1.1	Overview	<i>3</i>
1.2	Outdoors	<i>5</i>
1.2.1	In General	<i>5</i>
1.2.2	Air Temperature	<i>6</i>
1.2.3	Solar Radiation	<i>9</i>
1.2.3.1	In General	<i>9</i>
1.2.3.2	Beam Radiation	<i>11</i>
1.2.3.3	Diffuse Radiation	<i>13</i>
1.2.3.4	Reflected Radiation	<i>15</i>
1.2.3.5	Total Radiation	<i>15</i>
1.2.4	Clear Sky Long Wave Radiation	<i>15</i>
1.2.5	Relative Humidity (RH) and (Partial Water) Vapour Pressure	<i>18</i>
1.2.6	Wind	<i>20</i>
1.2.6.1	Impact	<i>20</i>
1.2.6.2	Wind Speed	<i>21</i>
1.2.6.3	Wind Pressure	<i>22</i>
1.2.7	Rain	<i>23</i>
1.2.7.1	Impact	<i>23</i>
1.2.7.2	Precipitation	<i>23</i>
1.2.7.3	Wind-driven Rain	<i>25</i>
1.2.8	Microclimate Around Buildings	<i>28</i>
1.2.9	Standardized Outside Climate Data	<i>28</i>
1.2.9.1	Design Temperature	<i>28</i>
1.2.9.2	Very Hot Summer, Very Cold Winter Day	<i>30</i>

1.2.9.3	Moisture Reference Year	30
1.2.9.4	Equivalent Temperature for Condensation and Drying	32
1.2.9.5	Monthly Mean Vapour Pressure Outdoors	35
1.3	Indoors	35
1.3.1	In General	35
1.3.2	Air Temperature	35
1.3.2.1	In General	35
1.3.2.2	Measured Data	36
1.3.3	Relative Humidity (RH) and Vapour Pressure	37
1.3.3.1	In General	37
1.3.3.2	Vapour Release Indoors	38
1.3.3.3	Measured Data	38
1.3.3.4	Indoor Climate Classes	45
1.3.4	Indoor to Outdoor Air Pressure Differentials	47
	Annex: Solar Radiation at Uccle, Belgium (50° 51' N, 4° 21' E)	48
	Further Reading	59
2	Performance Metrics and Arrays	63
2.1	Definitions	63
2.2	Functional Demands	63
2.3	Performance Requirements	64
2.4	A Short History	64
2.5	Performance Arrays	66
2.5.1	Overview	66
2.5.1.1	The Built Environment	66
2.5.1.2	Whole Buildings and Building Assemblies	66
2.5.2	Some Demands More in Detail	70
2.5.2.1	Functionality	70
2.5.2.2	Structural Adequacy	70
2.5.2.3	Building Physics-Related Requirements	71
2.5.2.4	Fire Safety	71
2.5.2.5	Durability	72
2.5.2.6	Sustainability	73
2.5.2.7	Maintenance	73
	Further Reading	73
3	Performance Demands at the Whole Building Level	75
3.1	In Brief	75
3.2	Thermal, Acoustical, Visual and Olfactory Comfort	75
3.2.1	In General	75
3.2.2	Thermal Comfort	76
3.2.2.1	Physiological Basis	76
3.2.2.2	The Autonomous Control System	77
3.2.2.3	Steady State Thermal Comfort, A Physiological Approach	78
3.2.2.4	Comfort Parameters and Variables	81

3.2.2.5	Steady State Thermal Comfort, the Adaptive Model	85
3.2.2.6	Thermal Comfort Under Non-uniform, Non-steady-state Conditions	86
3.2.2.7	Local Discomfort	87
3.2.2.8	Standard-based Comfort Requirements	89
3.2.2.9	Consequences for the Enclosure Performance	92
3.2.3	Acoustical Comfort	93
3.2.3.1	Anatomy of the Ears	93
3.2.3.2	Physiological Facts	94
3.2.3.3	Effects of Unacceptable Noise	94
3.2.3.4	Comfort Values	97
3.2.4	Visual Comfort	99
3.2.4.1	Anatomy of the Eyes	99
3.2.4.2	Physiological Facts	99
3.2.4.3	Comfort Values	100
3.2.5	Olfactory Comfort	102
3.2.5.1	Anatomy of the Nose	102
3.2.5.2	Physiological Facts	102
3.2.5.3	Comfort Values	102
3.3	Health and Indoor Environmental Quality (IEQ)	103
3.3.1	In General	103
3.3.2	Health	104
3.3.3	Definitions	104
3.3.4	Relation Between Pollution Out- and Indoors	105
3.3.5	Process-related Contaminants, Some Coming from Outdoors	105
3.3.5.1	Dust, Vapours, Smoke, Mist and Gaseous Clouds	105
3.3.5.2	Fibres	106
3.3.5.3	Ozone	107
3.3.6	Contaminants Emitted by Materials and Other Sources	107
3.3.6.1	(Semi) Volatile Organic Compounds ((S)VOCs)	107
3.3.6.2	Formaldehyde (HCHO)	108
3.3.6.3	Phthalates	108
3.3.6.4	Pentachlorophenol	109
3.3.7	Soil Linked Radon	109
3.3.8	Combustion Linked Contaminants	110
3.3.8.1	In General	110
3.3.8.2	Carbon Monoxide (CO)	111
3.3.8.3	Nitrous Dioxide (NO ₂)	111
3.3.9	Bio-germs	111
3.3.9.1	Viruses	111
3.3.9.2	Bacteria	111
3.3.9.3	Moulds	112
3.3.9.4	Dust Mites	114
3.3.9.5	Insects	115
3.3.9.6	Rodents	115
3.3.9.7	Pets	115

3.3.10	Human Related Contaminants	115
3.3.10.1	In General	115
3.3.10.2	Carbon Dioxide (CO ₂)	116
3.3.10.3	Water Vapour	116
3.3.10.4	Bio-odours	116
3.3.10.5	Tobacco Smoke	116
3.3.11	Perceived Indoor Air Quality	118
3.3.11.1	Odour	118
3.3.11.2	Indoor Air Enthalpy	119
3.3.12	Sick Building Syndrome	120
3.3.13	Contaminant Control	121
3.3.13.1	In General	121
3.3.13.2	Minimizing the Emissions	121
3.3.13.3	Ventilation	121
3.3.13.4	Air Cleaning and Personal Protective Measures	130
3.4	Energy Efficiency	131
3.4.1	The Problem	131
3.4.2	Some Statistics	132
3.4.3	End Energy Use in Buildings	132
3.4.3.1	In General	132
3.4.3.2	Lighting and Appliances	133
3.4.3.3	Domestic Hot Water	135
3.4.3.4	Space Heating, Cooling and Air Conditioning	136
3.4.4	Space Heating, Steady-state	136
3.4.4.1	Terminology	136
3.4.4.2	Steady State Heat Balance at Zone Level	138
3.4.4.3	Whole Building Net Heating Balance	143
3.4.4.4	Annual End Energy Use for Heating	144
3.4.4.5	Protected Volume Seen as One Zone at Given Temperature	145
3.4.5	Simple Methods to Guess the Annual End Energy Use for Heating	145
3.4.5.1	When Predesigning Single-family Houses	145
3.4.5.2	Using Degree-days	145
3.4.6	Space Conditioning and Overheating, Non-steady-state Evaluation	146
3.4.6.2	Methodologies	146
3.4.6.3	Harmonic Analysis in Detail	148
3.4.6.4	Lines of Influence in Detail	154
3.4.6.5	Control Volumes in Detail (CVM)	156
3.4.7	Residential Buildings, Factors Shaping the Net Heating Demand	157
3.4.7.1	Overview	157
3.4.7.2	Outdoor Climate	157
3.4.7.3	Building Use	158
3.4.7.4	Building Design and Construction	166
3.4.8	Residential Buildings, Factors Fixing the Net Cooling Demand	175
3.4.9	Residential Buildings, Gross Energy Demand and End Use for Heating and Cooling	175

3.4.10	Residential Buildings Ranked in Terms of Energy Efficiency	177
3.4.10.1	Insulated	177
3.4.10.2	Energy Efficient	177
3.4.10.3	Low Energy	177
3.4.10.4	Passive	177
3.4.10.5	Nearly Net Zero (nZEB)	177
3.4.10.6	Net Zero (ZEB)	178
3.4.10.7	Net Plus	178
3.4.10.8	Energy Autarkic	178
3.4.10.9	Zero Carbon	178
3.4.11	Non-residential Buildings, From Net Demand to Primary Energy Use	179
3.4.11.1	In General	179
3.4.11.2	School Renovation as Exemplary Case	179
3.5	Durability	182
3.5.1	In General	182
3.5.2	Loads	183
3.5.3	Damage Patterns	184
3.5.3.1	Decrease in Thermal Insulation Performance	184
3.5.3.2	Decrease in Strength and Stiffness	185
3.5.3.3	Stress, Strain, Deformation and Cracking Induced	185
3.5.3.4	Biological Attack	188
3.5.3.5	Frost	190
3.5.3.6	Salt Attack	194
3.5.3.7	Chemical Attack	198
3.5.3.8	Corrosion	199
3.6	Economics	201
3.6.1	In General	201
3.6.2	Total and Net Present Value	201
3.6.3	Optimal Insulation Thickness	202
3.6.4	Whole Building Optimum	203
3.6.4.1	Methodology	203
3.6.4.2	Application	204
3.7	Sustainability	210
3.7.1	In General	210
3.7.2	Life Cycle Inventory and Analysis (LCIA)	211
3.7.2.1	Definition	211
3.7.2.2	Some Criteria	212
3.7.2.3	Total Energy Use	215
3.7.2.4	Recycling	216
3.8	High-performance Buildings	216
3.8.1	In General	216
3.8.2	Rationale Developed for Governmental Office Building	217
	Further Reading	220

4	Heat, Air, Moisture (HAM) Metrics at the Building Assembly Level	229
4.1	Introduction	229
4.2	Airtightness	229
4.2.1	Airflow Patterns	229
4.2.2	Performance Requirements	231
4.2.2.1	Air In- and Exfiltration	231
4.2.2.2	Indoor Air Washing, Wind Washing and Air Looping	232
4.3	Thermal Transmittance	233
4.3.1	Definitions	233
4.3.1.1	Opaque Envelope Assemblies Above Grade	233
4.3.1.2	Floors on Grade as Three Dimensional Case	233
4.3.1.3	Other Three Dimensional Cases	235
4.3.1.4	Transparent Parts	235
4.3.1.5	Whole Envelopes	237
4.3.2	Basis for Requirements	238
4.3.2.1	Envelope Parts	238
4.3.2.2	Whole Envelopes	238
4.3.3	Examples of Requirements	238
4.3.3.1	Remark	238
4.3.3.2	Envelope Parts	238
4.3.3.3	Whole Envelopes	238
4.4	Transient Thermal Response	242
4.4.1	Properties of Importance	242
4.4.2	Performance Requirements	243
4.4.3	Consequences for the Building Fabric	244
4.5	Moisture Tolerance	245
4.5.1	In General	245
4.5.2	Construction Moisture	245
4.5.2.1	Definition	245
4.5.2.2	Performance Requirements	246
4.5.2.3	Consequences for the Building Fabric	246
4.5.3	Rain	248
4.5.3.1	In General	248
4.5.3.2	Performance Requirements	250
4.5.3.3	Modelling	250
4.5.3.4	Consequences for the Building Envelope	252
4.5.4	Rising Damp	256
4.5.4.1	Definition	256
4.5.4.2	Performance Requirements	256
4.5.4.3	Modelling	257
4.5.4.4	Avoiding or Curing Rising Damp	259
4.5.5	Pressure Heads	261
4.5.5.1	Definition	261
4.5.5.2	Performance Requirements	261

4.5.5.3	Modelling	262
4.5.5.4	Protecting the Building Fabric	262
4.5.6	Accidental Leakages	263
4.5.7	Hygroscopicity	263
4.5.7.1	Definition	263
4.5.7.2	Performance Requirements	264
4.5.7.3	Modelling	264
4.5.7.4	Consequences for the Building Fabric	265
4.5.8	Surface Condensation	265
4.5.8.1	Definition	265
4.5.8.2	Performance Requirements	265
4.5.8.3	Modelling	265
4.5.8.4	How to Avoid?	267
4.5.9	Interstitial Condensation	267
4.5.9.1	Definition	267
4.5.9.2	Modelling	267
4.5.9.3	Performance Requirements	275
4.5.9.4	How to avoid?	276
4.5.9.5	Remark	276
4.5.10	Heat, Air, Moisture (HAM) Modelling, All Moisture Sources Combined	277
4.5.10.1	Modelling	277
4.5.10.2	Performance Requirements	278
4.5.10.3	Why Full Models Still Have Limitations	279
4.5.10.4	Usability of Full HAM Tools	283
4.6	Thermal Bridging	287
4.6.1	Definition	287
4.6.2	Performance Requirements	288
4.6.3	Consequences for the Envelope	288
4.7	Contact Coefficients	288
4.8	Hygrothermal Stress and Strain	288
4.9	Transparent Parts: Solar Transmittance	289
4.9.1	Definition	289
4.9.2	Performance Requirements	290
4.9.3	Consequences for the Envelope	290
	Further Reading	290

5 The Envelope Parts Heat Air Moisture (HAM) Performances applied to Timber-Frame 295

5.1	In General	295
5.2	Assembly	295
5.3	Performance Evaluation	296
5.3.1	In General	296
5.3.2	Airtightness	296
5.3.3	Thermal Transmittance	297

5.3.4	Transient Response	299
5.3.5	Moisture Tolerance	300
5.3.5.1	Construction Moisture	300
5.3.5.2	Rain	300
5.3.5.3	Rising Damp	301
5.3.5.4	Hygroscopic Moisture and Surface Condensation	302
5.3.5.5	Interstitial Condensation	302
5.3.5.6	More Advanced Modelling	308
5.3.6	Thermal Bridging	310
	Further Reading	310
	Appendix: Heat, Air, Moisture (HAM) Material Properties	311
A.1	Heat Related, Standard Values; Applicable In- and Outside of the Thermal Insulation	311
A.2	Heat Related, Standard Values; Differentiating Between In- and Outside of the Thermal Insulation	315
A.3	Air-Related, Measured Values	323
A.4	Water Vapour Related: Vapour Resistance Factor, Standard Values	331
	Index	337