

CONTENTS

PREFACE: CLAIMS TO GLOBAL INFLUENCE AND FEAR OF DOMESTIC COLLAPSE.....	4
OVERVIEW: 20 years of transformation and no end in sight.....	6
Population Development: From demographic superpower to region in crisis	12
Children and Family: Plummeting birth rate during transition	16
Migration: Russia's demographic reserves	20
Health: Alcohol consumption as business cycle indicator.....	25
Education: Quantity instead of quality	29
Welfare: Room to grow	32
Religion and Ethnicity: Renaissance after 70 years of suppression.....	34
Environment: Sins of the past, dangers in the future	37
Cities: Planned life	40
Security: Foreign policy ambitions and domestic dangers.....	42
EUROPEAN RUSSIA.....	44
CENTRAL Federal District.....	46
NORTHWESTERN Federal District.....	51
SOUTHERN Federal District.....	57
NORTH CAUCASIAN Federal District.....	60
VOLGA Federal District.....	63
ASIAN RUSSIA.....	68
URAL Federal District.....	70
SIBERIAN Federal District	75
FAR EASTERN Federal District.....	81
THE WEST	88
ESTONIA.....	90
LATVIA.....	92
LITHUANIA.....	94
BELARUS	97
MOLDOVA.....	101
UKRAINE.....	104
THE SOUTH	110
GEORGIA	112
ARMENIA.....	114
AZERBAIJAN.....	117
KAZAKHSTAN.....	119
UZBEKISTAN	124
TURKMENISTAN.....	129
KYRGYZSTAN.....	131
TAJIKISTAN.....	134
INDICATORS AND METHODS	138
BIBLIOGRAPHY	142