

Contents

Preface	v
Participants	xi

SECTION I: PATHOPHYSIOLOGY OF THE MENOPAUSE

1 Biology of the Menopause

<i>D. T. Baird</i>	3
--------------------------	---

2 The Biology of Bone

<i>D. C. Anderson</i>	11
Discussion	19

3 Symptoms and Metabolic Sequelae of the Menopause

<i>J. W. W. Studd, N. R. Watson and A. Henderson</i>	23
--	----

4 Psychological Effects of the Menopause

<i>D. Gath and S. Iles</i>	35
Discussion	42

5 Oestrogen Deficiency and Connective Tissues

<i>M. Brincat, C. Moniz, M. Savvas and J. W. W. Studd</i>	47
---	----

6 Oestrogen Deficiency and the Bladder

<i>L. D. Cardozo</i>	57
Discussion	68

SECTION II: PATHOPHYSIOLOGY OF OSTEOPOROSIS

7 Epidemiology of Osteoporosis

<i>R. Lindsay and F. Cosman</i>	75
---------------------------------------	----

8 Implications of Osteoporotic Fractures in the Elderly	
<i>R. M. Francis and A. Sutcliffe</i>	87
Discussion	93
9 Structure of Osteoporotic Bone	
<i>A. Boyde</i>	101
Discussion	102
10 Endocrinology and Osteoporosis	
<i>P. L. Selby</i>	105
Discussion	114
11 The Measurement of Bone Density	
<i>I. Fogelman and A. Rodin</i>	119
12 Screening Techniques in the Evaluation of Osteoporosis	
<i>J. A. Kanis, E. V. McCloskey, K. S. Eyres, D. V. O'Doherty and J. Aaron</i>	135
13 The Patient's View of Osteoporosis	
<i>L. Edwards</i>	149
Discussion	154

SECTION III: RISKS AND BENEFITS OF HRT

14 Hormone Replacement Therapy and the Risk of Cancer in the Breast and Reproductive Organs: A Review of Epidemiological Data	
<i>I. Persson, H. O. Adami and L Bergkvist</i>	165
15 Oestrogens and Cancer	
<i>M. P. Cust, K. F. Gangar and M. I. Whitehead</i>	177
Discussion	187
16 Progestogens: Symptomatic and Metabolic Side Effects	
<i>J. C. Montgomery and D. Crook</i>	197
17 Oestrogen Replacement Therapy and Cardiovascular Disease	
<i>R. K. Ross, M. C. Pike, T. M. Mack and B. E. Henderson</i>	209
18 Oestrogens and Thrombosis	
<i>T. W. Meade</i>	223
Discussion	233

SECTION IV: THERAPEUTIC POTENTIAL

19 Population Screening and the Prevention of Osteoporosis	
<i>D. W. Purdie and A. Horsman</i>	251
20 Long-term Follow-up of Women on HRT	
<i>D. M. Hart</i>	265
Discussion	273
21 Effects of Oral, Percutaneous and Transdermal Oestrogens on Postmenopausal Bone	
<i>M. I. Whitehead</i>	279
22 Reversal of Bone Loss with Percutaneous Oestrogens	
<i>T. Garnett, M. Savvas and J. W. W. Studd</i>	295
Discussion	307
23 Prevention and Treatment of Osteoporosis	
<i>J. C. Stevenson, T. C. Hillard and M. Ellerington</i>	315
24 Lifestyle, Exercise and Osteoporosis	
<i>M. Notelovitz</i>	323
Discussion	342

SECTION V: HRT AND THE COMMUNITY

25 Premenopausal Hormone Therapy	
<i>J. O. Drife</i>	351
Discussion	358
26 Hormone Replacement Therapy in the Menopause: Risks, Benefits and Costs	
<i>M. Roche and M. Vessey</i>	363
27 Should HRT be Recommended in the Community?	
<i>D. H. Barlow</i>	373
Discussion	381
Conclusions and Recommendations	387
Subject Index	389