

Dear Reader iii  
A Kind of Foreword vii  
Credits viii  
How to Use This Book x

## **Studio Photography Basics 1**

Light in a Studio Setting 2  
Light Shapers 8  
Light Shaper Effects 10  
Reflectors, Diffusers, and Flags 12  
In a Rental Studio 16  
Studio Light Metering 24  
Calculating Exposure Settings 26

## **Classic Studio Portraits 29**

Classic Studio Portraits 30  
Two Flashes for Most Situations 32  
Extreme Soft Light 34  
Lighter Shadows on the Fly 36  
Focus on the Face 38  
Use A Fill Light to Produce Accents 40  
Colored Hair Light 42  
Overhead Light 44  
Classic Hollywood Lighting 46  
Soft-Style Hollywood Lighting 48  
Lots of Contrast Against a Dark Background 50  
Intense but Still Gentle 52  
Minimalistic but Effective 54  
A Chair as a Styling Aid 56  
Accented Full-Length Portrait 58  
Classic Business Portrait 60  
Quick and Easy Full-Length Portrait 62  
High-Contrast Business Portrait 64  
Business Portrait in Black and White 66  
Modern Business Portrait 68  
Using On-Camera Flash 70  
On-Camera Flash II 72  
Window Light 74  
On-Camera Flash III 76  
Construction Site Lamp 78

## **Beauty Portraits 81**

Beauty Portraits 82  
Highlighting Accessories 84  
Marlene Dietrich Style 86  
Punchy Contrast from a Beauty Dish 88  
Strong Accents from Four Flashes 90  
Subtle Accents for Long Hair 92  
Selective Facial Accents 94  
How to Produce a Cool Look 96  
A Flokati Rug as a Separator 98  
Using Reflected Light 100  
“Hero” Lighting for Eye-Catching Portraits 102  
Soft Backlight 104  
Neon Beauty Light 106  
Bright Light, Mellow Tones 108  
High-Key Portrait with Color Accents 110  
Beauty Portrait with Rembrandt-Lighting 112  
Playing with Light and Shadow 114  
Two-Color Background 116  
Colored Soap Bubbles 118  
Complementary-Colored Flash 120

## **Glamour, Fashion, and Lifestyle 123**

Glamour, Fashion, and Lifestyle 124  
Quick and Easy Glamour Portrait 126  
Classic Glamour Setup 128  
High-Contrast Glamour Portrait 130  
Extra Gloss for Your Model's Hair 132  
Bokeh Background 134  
A Soft Bokeh Frame 136  
Spotlight Accent 138  
Creating Contours with Accent Lights 140  
Two-Flash Fashion 142  
Games with Colored Lights 144  
Fast Fashion 146  
Close-Up Fashion Portrait 148  
Elegant Lifestyle Portrait 150  
Fashion To Go 152  
Double Accents 154  
Colored Light and Shadow 156  
Fashion in Backlight 158  
Clamshell Fashion Lighting 160  
Jill Greenberg-Style Portrait 162  
Games with Colored Gels 164  
Adjusting White Balance for a Cooler Look 166  
A Radiant Dress 168 --  
Highlights from Fill Lights 170  
Colored Background 172

## **Character Portraits 175**

Character Portraits 176  
Classic Character Portrait 178  
Distinctive Character Portrait 180  
Adding Depth Using Accent Lights 182  
Cool Character Portrait 184  
Composing with Empty Space 186  
Happy Character Portrait 188  
Accenting One Side of Your Subject's Face 190  
A Sassy Expression Shot from Above 192  
Background Accent Light 194  
Off-Center Background Light 196  
Rembrandt Light Revisited 198  
Capturing the Mood of the Moment 200  
Gritty Character Portrait 202  
Character Portrait in Lateral Light 204  
A Setup for Sitting Poses 206  
A Futuristic Lighting Mood 208  
Flashlight Portrait 210  
Portrait Through a Gap 212  
Elegant Full-Length Portrait 214

## **Couples and Groups 217**

Couples and Groups 218  
A Simple Setup for Most Situations 220  
Natural-Looking Couple 222  
A Reflector for More Versatility 224  
Accenting Faces 226  
Bold and Simple 228  
Natural Look from a Construction Site Lamp 230  
Backlit Rock Band 232  
Group Portrait with Additional Highlights 234  
All That Is Good Comes from on High 236  
Lighting a Casual Scenario 238  
Accenting an Individual Within a Group 240  
Bird's-Eye Group Portrait 242

## **Kids and Families 245**

Kids and Families 246  
Standard Setup for Photos of Kids 248  
Happy Families 250  
L.O.V.E. 252  
Vignetted Baby Portrait 254  
Bird's-Eye Family Photo 256  
Piggyback 258

## **Movement and Action 261**

Movement and Action 262  
Capturing Moments of Stillness 264  
Balletic Leap with Motion Blur 266  
Dramatic Lighting 268  
Movement and High Contrast 270  
Freezing a Pirouette 272  
Flyaway Hair with HSS 274  
Everything Is Spinning 276  
Stage Jump Using HSS 278  
Dancer in Rim Light 280  
Sporty Portrait 282  
Gentle Movements 284  
Modeling Light Magic 286

Index 288