

FOREWORD	6
INTRODUCTION	8
<hr/>	
UNDERSTANDING CHOCOLATE	12
A brief history of chocolate	14
The cocoa tree and its fruits	18
From cocoa to chocolate	20
Composition and types of chocolate	22
<hr/>	
GETTING STARTED	24
Equipment	26
For the best results	32
How to read the recipes	34
<hr/>	
STEP-BY-STEP TECHNIQUES	36
<hr/>	
RECIPES	94
Simple cakes and tarts	96
Elaborate desserts	132
Cookies and bakes	172
Chocolate candies	206
Custards, mousses, and puddings	236
Semifreddi and frozen desserts	270
Beverages	294
<hr/>	
BASIC RECIPES	312
<hr/>	
GLOSSARY	324
INDEX	328
RECIPE NOTES	342