

# Contents

<i>List of Figures</i>	vii
<i>Preface</i>	ix
<i>Acknowledgments</i>	xi
<i>A Note on Translations</i>	xii
<b>Introduction</b>	<b>1</b>
<b>PART I</b>	
<b>Foundations</b>	<b>23</b>
1 Spas from the Late Middle Ages to the Eighteenth Century	25
2 Spas as Centers of Communication: Face-to-Face Interactions and Print Culture	58
<b>PART II</b>	
<b>Space and Time</b>	<b>97</b>
<i>Introduction to Part II</i>	99
3 Reinventing the Eighteenth-Century Spa as a Leisure Space	104
4 Spas and Seaside Resorts on the Cusp of Modern Tourism: New Perceptions of Nature and a Daily Routine	142

**PART III**

**Meeting Place** 189

*Introduction to Part III* 191

**5 The Spa in the Eighteenth Century: From Social  
Hierarchy to New Demands for Equality** 199

**6 Nobility and Bourgeoisie at the Spa: Creating Unity  
and Maintaining Differences** 227

**Conclusion** 283

*Map: Teutsche Spas in the Published  
Spa Discourse, c. 1700–c. 1820* 294

*Bibliography* 296

*Index* 341