

POLYGLOTT on tour

Munich

**Including large pull-out map & 80 stickers
for individual planning**



English Edition



POLYGLOTT on tour

Munich

Author
Karin Baedeker

**Including large pull-out
map & 80 stickers
for individual planning**

www.polyglott.de



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TOUR SYMBOLS



The POLYGLOTT Tours



Places of interest



Food & drink stop-off



Pointer to 50 Things

[A1]

The coordinates refer to the
the pull-out map

[a1]

Position shown on the back of
the pull-out map

PRICE SYMBOLS

Hotel (Double) Restaurant

up to 100 euros up to 12 euros

100–200 euros 12–20 euros

over 200 euros over 20 euros



Unofficial meeting place of the
Munich tango scene: the graceful
Diana Temple in the Hofgarten



LOCAL FLAIR

50 Things that You...

This is where you can discover, try out, marvel, gather holiday memories, and skilfully avoid any faux-pas. These tips will help you experience what is really typical and make you want to find out more. Have fun!

...Should Do

1 Climb a landmark Secured with ropes and carabiners, you can explore the roof (landscape) of the Olympic Stadium › p. 136 and experience the architectural icon hands-on, whilst at the same time enjoying the view of the Alps in the distance (registration, tel: 089 30 67 24 14, €41).

2 Picnic in a rowing boat You can row over the Kleinhesseloher Lake in a wooden boat › p. 114 and around the island in the middle. Provisions are available from the nearby beer garden (boat rental at the Seehaus, €10 for 30 min., tel: 089 33 83 53).

3 Let off steam in a historic building Participate in the Roman-Irish spa ritual under stucco arches, take a cold shower under the 'iron maiden', then relax on a lounge in a single cabin: the Müller'sches Volksbad offers a health programme in an Art Nouveau setting › p. 106.

4 View fragrant roses and green poison In the municipal arboretum, Städtische Baumschule Bischweiler, you can inhale the delicate fragrances of the rose garden or learn about the creepy plants in the poison garden (Sachsenstr. 2, April–Sep

Mon–Fri 7am–9pm, Sat, Sun 9–9, free admission). [E6]

5 Beer cycling Beer tastes even better as a reward for a long bike ride. A popular cycle excursion is to the idyllically located beer garden 'Zum Flaucher' on an island in the Isar › p. 140, bike rental › p. 27.

6 Admire the flying machines Who can hold out for the longest? The Teufelsrad (devil's wheel) is one of the main attractions of the Oktoberfest › p. 66, and visitors have tested their staying, or rather standing, power here since 1910.

7 Sing on high with Valentin Once a month, those who enjoy singing and like Munich folk songs can meet with kindred spirits at the Valentin museum in the Turmstüberl café › p. 86. You can lubricate your vocal chords with a warm or cold drink (forthcoming meetings listed at: www.valentin-museum.de).

8 Taste Munich Go on a guided culinary tour around all kinds of different stalls at the Viktualienmarkt with the Weis(s)er Stadtvogel › p. 153. The food you sample on the way will mean you can skip lunch (daily 11 and 1pm, €27, booking necessary).



Architectural tour at dizzy heights: the tent-like roof of the Olympic Stadium

9 Climb to the top of the Bavaria statue Why not view Munich through the eyes of this symbolic female figure? From the viewing platform inside the head of the colossal statue › p. 74, you can enjoy a whole new perspective of the Theresienwiese below.

10 Swing in the city On mild summer evenings, dancers occupy the small Diana temple in the Hofgarten › p. 91. Depending on the day of the week, you can swing, tango or salsa; it is open to everyone of romantic vein. (Details available at www.swingandthecity.com.)

...Should Try

11 Freshly baked and dusted with sugar – that's how the *Ausgezogene* tastes best. This 'Bavarian donut' made of deep-fried yeast dough pastry has a paper-thin centre and a thick edge and is the speciality of Café Frischhut › p. 42, which Munich res-

idents also refer to affectionately as *Schmalznudel*.

12 A real Münchner is the *Weißwurst*. The pale beauty is traditionally eaten before midday. Ludwig Wallner, manager of the Großmarkthalle restaurant, makes them fresh every morning (Kochelseestr. 13, www.gaststättengrossmarkthalle.de). [D6]

13 The crackling is the best bit Bazi's Schlemmerkucherl certainly knows the secret of the perfect pork roast or *Schweinsbraten*. They sell Bavaria's favourite dish in a box as a take-away: with red cabbage, mini dumplings and a lot of crackling (Müllerstr. 43). [b4]

14 Skirt steak specialties The Weißes Bräuhaus › p. 40 is one of those rare places you can still sample offal dishes that were once so typical of Munich, including *Kalbszünge* (veal) tongue and baked *Kuheuter* (udders). A good tip for beginners:

Overview of the Districts

Bavaria's capital, often called the metropolis with heart, compares well with the other large cities of the world. Its castles, collections and museums of international standing offer a diverse mixture of old and new.

Parks and gardens, as well as the nearby lakes and the Alps just beyond them, invite you to take part in a multitude of leisure activities; Munich's lively music and theatre scene offers top cultural experiences; all kinds of restaurants, bars and clubs ensure eclectic gastronomic delights and a roaring nightlife extending well into the early hours. A glance at the event calendar proves that Munich knows how to have fun. Regardless of whether it is the *Starkbierzeit* (strong beer season), opera festival, biennale for the new music theatre or the Oktoberfest, this is a city where upholding established customs and experimenting with new ones go hand in hand. Munich's charming mixture of traditional and modern is reflected in the cityscape – a prominent example being St.-Jakobs-Platz in the city centre. Here the historic buildings of the Zeughaus (armoury) and Stadtmuseum (city museum) are harmoniously coupled with the modern building complex of the synagogue and Jewish Cultural Centre. The new architecture follows the proportions of the old city centre; it is only outside the Mittlerer Ring that tower blocks soar.

Anyone exploring the **Old Town** will find optimal shopping opportunities within a very small radius – the choice ranging from the department stores in the pedestrian zone between Marienplatz and Stachus to the exclusive boutiques on Maximilianstraße. Tours through this district with its historical buildings and museums provide plenty of information about Munich's past and remind the visitor of the city's former royal status. Church towers are the highest buildings here: You can enjoy magnificent views from the Sankt Peter and the Frauenkirche and – when the Foehn wind blows – you will be able to see the Alps. New buildings such as the Hochschule für Fernsehen und Film (University of Television and Film) or the NS Documentation Centre in the Kunstareal give you a glimpse of the cosmopolitan side of the city.

Currently the most popular areas in the city are in the Gärtnerplatz and Glockenbach districts which belong to the **Isarvorstadt** borough. This is where you will find Munich's gay scene, trendy shops and a wide range of bars, cafés and clubs. On an island in the middle of the Isar is the Deutsches Museum with its Centre of New Technologies and its own kids' area.

When you walk along the Isar, you pass by **Lehel**, an upper-class area near the centre. Pedestrian bridges span the Isar to the Praterinsel (Prater Island), home to the Alpine Museum; on the river banks are children's playgrounds and pebble beaches. The other two main attractions in this district are the

English Garden (south part), the city's green lung, and the museum mile along the Prinzregentenstraße with prestigious establishments such as the Haus der Kunst.

Schwabing with its different facets is perfect for discovery tours: Leopoldstraße, where life bustles noisily, but also with quiet, idyllic niches in the side streets leading to the English Garden, and old buildings with magnificent Art Deco façades e. g. in Ainmillerstraße and Kaiserstraße, and chic fashion and shoe shops in the Hohenzollernstraße.

Maxvorstadt borders on the Old Town at Odeonsplatz and Ludwigstraße and to its north lies Schwabing. A 'must-do' for art fans: the Kunstareal (art district) with the three world-famous Pinakothek galleries, the Brandhorst Museum, the State Gallery in Lenbachhaus, the Staatliches Museum Ägyptischer Kunst (State Museum of Egyptian Art) and the museums of antiquities on Königsplatz. A popular area to wander round and shop is the bustling university district with its numerous cafés, bars, boutiques and pubs.

On the western side of the city there is a concentration of castles, palaces, parks and gardens in the **Nymphenburg** and **Obermenzing** districts: Schloss Nymphenburg with its spacious park complex and small summer residences, the neighbouring Botanical Garden and Blumenburg Castle with its late Gothic chapel. All of these sights are easy to reach with public transport.

On the northern section of the **Mittlerer Ring**, Munich shows itself to be an exciting design and architectural city with its well-known car company and sensational modern buildings. It is here that you will find BMW Welt, the BMW Museum, Olympiazentrum and the high-rises that are not allowed in the inner city.

There are other attractive **excursions** not far from the city: a bike ride along the Isar, a visit to Schleißheim with its aviation museum and the three castles, a visit to the Dachau art gallery, and a drive through the countryside to Starnberg and its lake.

Thought about it?

Simply tick and set off prepared



- ☐ Passport
- ☐ Flight/train tickets
- ☐ Sitter for your pets and plants
- ☐ Windows are closed
- ☐ Turn off water supply
- ☐ Redirect/cancel the newspaper
- ☐ Someone to empty the letterbox.
- ☐ Message on answering machine (but not 'We are away for a fortnight.')
- ☐ Credit card (where necessary with PIN/but not together)
- ☐ Chargers for mobile phone, tablet, camera, etc.
- ☐ If travelling by car, compulsory emissions sticker



Munich's colourful
Viktualienmarkt flanked
by Bavarian Baroque

A vibrant outdoor cafe scene. In the foreground, several large pink umbrellas are open over tables. A long green and white striped awning covers a counter area. In front of the cafe, there are several wooden planters filled with pink flowers. A black lamppost stands on the left. In the background, there is a colorful building with a mural and a red-tiled roof. The sky is blue with some clouds.

COUNTRY & PEOPLE



Between 'Athens on the Isar' and futuristic design: Königsplatz with the gleaming gold cube of the Lenbachhaus extension and Klenze's Propylaea

TOP TOURS & SIGHTS

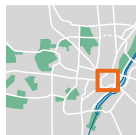


OLD TOWN

A Little Inspiration

- **Soak up traditional brewery flair** in the Muschelsaal (Mussel Hall) of the Augustiner Großgaststätten › p. 76
- **Play boules in the Hofgarten** – or watch the experts › p. 91
- **Visit the treasury in the Residenz** to admire all the precious objects amassed by the Wittelsbach dynasty over the centuries › p. 92
- **Try some of the 18 daily changing creations** at Schuhbeck's ice-cream parlour on Platzl › p. 97





Churches and department stores in Munich's oldest pedestrian zone, Bavarian market flair at the Viktualienmarkt, regal glory and brewery bliss between Theatinerstraße and the Hofbräuhaus.

The Old Town around Marienplatz is the heart of this million-strong metropolis. **Karlstor** in the west, **Sendlinger Tor** in the south-west and **Isartor** in the east were part of the second 4.5km (2.8mi)-long defensive wall built around the city at the end of the 13th century. Today's Old Town lies within this area. The earliest traces of settlements in this area come from the monks that lived on a hill by the Isar, now known as Petersberg, site of Sankt Peter. The **Alter Hof**, the former imperial residence, was – at a safe distance from the citizens – on the far north-east side of the city. The most important medieval trade routes crossed at **Marienplatz**, the former market-place, in a south-north direction (Sendlingerstraße, Weinstraße and Theatinerstraße) and in an east-west direction (Tal and Kaufingerstraße, Neuhauser Straße).

You can explore the Old Town comfortably on foot. Stretching between Marienplatz and Karlstor is Munich's oldest pedestrian zone, which will be presented in the first walk. The second tour covers the area between Sendlinger Tor in the south-west and Isartor in the east, the route passing Viktualienmarkt about midway between the two. The

Paradise, not just for cooks:
the Viktualienmarkt



There is a legend connected with the Alter Hof's 'Monkey Tower'

third walk explores the area surrounding the Alter Hof and the Residenz in the north-east of the Old Town.

A tour of the Old Town offers an ideal way to combine some shopping with cultural enjoyment: churches and department stores, museums and cafés are all right next to each other. Snack bars as well as the many restaurants and bars on the **Viktualienmarkt** ensure you won't go hungry, and offer something to meet every taste and budget. Relaxation can be found in the Hofgarten, in quiet courtyards and in the many open-air cafés.

Tours in the Old Town



Through the Pedestrian Zone

Route: Marienplatz › Kaufingerstraße › Frauenkirche › Michaelskirche › Stachus › Maximiliansplatz › Promenadeplatz

Map: page 84

Duration: 2–3 hours

Useful Tips:

- **Start:** U/S Marienplatz
- **Goal:** U/S Marienplatz, Tram 19 Lenbachplatz and Theatinerstraße
- The ideal time for this walk is during the afternoon while the shops are still open; in the mornings there is often a lot of traffic as goods are delivered.
- The shops are open from 9:30 or 10 till 8, and on Saturdays until at least 4pm; the museums in the pedestrian zone are open every day.

Munich's oldest **pedestrian zone** – opened for the 1972 Summer Olympics – is a cultural hotspot and shopping paradise rolled into one. In this unusual architectural blend you can combine shopping for bargains and visiting museums. Take the lift up the south tower of Munich's landmark, the Frauenkirche (closed for renovation at time of print), or descend deep below the Michaelskirche into the crypt of the Wittelsbach

family, in which the Bavarian King Ludwig II is entombed. There is a lot to be explored behind the spectacular old façades between churches and consumer temples. When the town planners rebuilt the bombed walls of the city centre after the War, they purposely reproduced the old public space with its cultural monuments, thus enabling the city to regain more or less its original appearance.

Tour Start:

Marienplatz 1 [c/d3]

The square in front of the town hall provides the stage for open-air artists and spectators, a forum for political events, a party zone during carnival, the location of a Christmas market in Advent and the setting for town hall clubbing on Christopher Street Day. It was just as colourful during the Middle Ages when royal weddings and fairs took place here, emperors moved in and out, and heads also rolled at executions. The initial spark destined to make Munich into a business centre occurred soon after the foundation of the city. It was provided by two important trade routes, the salt and wine routes, which crossed at the former salt and cereal market. Even today, the coordinate system is still clearly visible in the way the streets are laid out around Marienplatz.

Guarding everything is the gleaming gold Queen of Heaven on the **Mariensäule (St. Mary's Column)** in the middle of the square. Set up in

the 17th century, the column is in memory of the retreat of the hostile Swedish troops during the Thirty Years' War. Armed putti battle against dragons, lions, snakes and cockatrice – symbols of hunger, war, disbelief and plague. When the weather is good, sun worshippers congregate around it.

Many people assume that the whimsical Gothic style of the **Neues Rathaus** 2 ★ (New Town Hall) dates back to the Middle Ages, but in fact it is only 125 years old. It is well worth taking the lift up the 85m (278ft) **Rathaus Tower** to the outdoor viewing platform where you will see that the highest buildings in the city centre are church towers; high-rises only soar into the skies beyond the Mittlerer Ring. The reason for this is a building regulation that decrees that the Frauenkirche with its 99m and 100m (324 and 328ft) towers should remain the tallest structure in the city centre.

Several times a day the **Glockenspiel** (dating back to 1908) in the oriel of the town hall chimes in memory of two events in the city's history; the cooper dance makes reference to the plague epidemic from 1515–1517, and the knights' joust recalls the wedding of William V, Duke of Bavaria, to Renata of Lorraine (1568). The bride and groom sit watching the joust between the two knights representing the respective countries of the happy couple (Glockenspiel daily 11 and noon, March–Oct also 5pm; good night chime 9pm; tower lift May until Sep daily 10–7, otherwise 10–5).



Glockenspiel at the New Town Hall

Stop-off: Restaurant

Café-Restaurant

Glockenspiel 1 € [c3]

The view of Marienplatz and over the roofs of the Old Town provides a nice accompaniment to your coffee or snack; roof terrace for sunbathing.

- Marienplatz 28, 5th floor (entrance: Rosenstraße in the passage)
Tel: 089 26 42 56
www.cafe-glockenspiel.de
U/S Marienplatz
Mon–Thu 9am–midnight, Fri, Sat 9am–1am, Sun 10–7

Shopping

Ludwig Beck [d3]

This old-established Munich department store on five floors offers classic and young international designer fashion, leatherware, accessories and lingerie. The beauty department *Hautnah* entices you with exclusive scents and care products, and in Europe's largest classical musical

The Best Viewpoints

- **Sankt Peter [d3]:** From the church on Petersberg! you have a wonderful view of the city; when there is Foehn you can even see the Alps (April–Oct Mon–Fri 9–6:30, Sat, Sun 10–6:30, Nov–March Mon–Fri 9–5:30, Sat, Sun 10–5:30).
- **Frauenkirche [c2]:** With its 99 and 100m (324 and 328ft) towers, the Frauenkirche is the highest building within the Mittlerer Ring road. The viewing platform in the south tower is accessible via stairs or a lift (closed at time of print).
- **Bavaria [D5]:** Cast in bronze and standing a proud 16m (52ft) tall, Bavaria is the federal state's figurehead. From the viewing platform in her head, you can see the entire Theresienwiese (50 Things ⑨ > p. 13, April–mid Oct daily 9–6, during the Oktoberfest until 8).
- **Olympiaturm [D1]:** At around 290m (951ft), the tower is Munich's highest building. There is a wonderful view from the two 189 and 192m (620 and 629ft) platforms (Mon–Sun 9–midnight, last lift 11:30pm).
- **Silo Tower of the Brewery on Marsstraße [D4]:** As part of a brewery visit that includes a light meal, beer tasting and a panorama view (Marsstr. 46–48, tel: 089 52 00-0, www.spatenbraeu.de, booking online).

department you can go on an audio voyage through jazz, classical and world music.

- **Marienplatz 11**
www.ludwigbeck.de
Mon–Sat 10–8

Spielzeugmuseum 3 [d3]

A spiral staircase leads the young and young at heart right up to the roof of the toy museum in the tower of the Old Town Hall taking the visitors through toy worlds of wood, paper, lead and bakelite. From dolls' houses, knights' castles and animal menageries to clattering steam engines, kaleidoscopes and *laterna magica*, the exhibition includes European and American toys spanning two centuries (Marienplatz 15, 10–5:30, www.spielzeugmuseum-muenchen.de).

Frauenkirche 4 ★ [c2]

The onion domes of the Gothic Cathedral and Episcopal Church of Our Dear Lady are one of Munich's instantly recognisable landmarks. Herzog Sigismund laid the foundation stone in 1488; 20 years later the master builder Jörg von Halsbach (known as Ganghofer) from Polling died shortly after completion of the towers. It was actually not until 1525 that cupolas were added, probably based on the model of the Dome of the Rock in Jerusalem.

Since the renovation for the 500-year anniversary of its consecration in 1994, the interior can again be seen in all its original splendour. The warm hue on the walls corresponds to the original colour and,

more importantly, 400 artworks – altar works, sculptures, reliquary caskets and chandeliers – have been returned after a long exile in museums and lofts. Towards the back at the southern end of the cathedral, the monumental tomb of the Emperor Ludwig of Bavaria, completed by Hans Krümmel in 1622, deserves special attention.

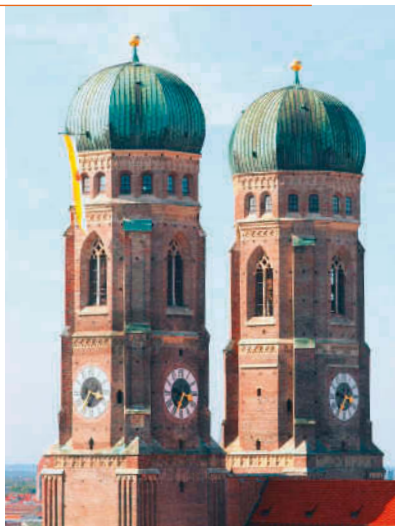
Behind the chancel, a staircase leads down to the **Princes' Crypt** in which numerous rulers from the House of Wittelsbach are interred. The southern tower is closed for renovation › p. 74.

Opened daily 7–7, Thu till 8:30, Fri till 6; no sightseeing during Holy Mass (9 and 5:30, Sun 8, noon and 6); tours May–Oct Sun, Tue, Thu 2pm, meeting place under the organ loft; www.muenchner-dom.de.

Deutsches Jagd- und Fischereimuseum 5 [c2]

Hunting sleds instead of altars, antlers instead of figures of saints? Since 1966, the former Augustinian church has been home to the German Hunting and Fishing Museum and exhibits include stuffed indigenous animals as well as weapons, fishing tackle, paintings and pictures. Guaranteed to cause some astonishment are the wonderful examples of *Wolpertinger* – mythical creatures that, according to the museum catalogue, can only be caught on dark nights at full moon with a sack, coal shovel and candles!

Interactive games in the children's corner familiarise young visitors with the local fauna (Neuhauser



Unmistakable city landmark: the towers of the Frauenkirche

Str. 2, daily 9:30–5, Thu till 9, www.jagd-fischerei-museum.de).

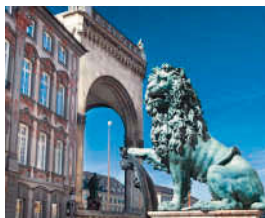
Michaelskirche 6 ★ [b2]

Modesty was not exactly one of his strong points, otherwise Wilhelm V (William V), who began the building of St Michael's Church in 1583, would not have interpreted a collapsing tower as a sign from Heaven that he build his church in an even more ornate style than already originally planned. Larger than the Jesuit church Il Gesù in Rome, the building costs almost resulted in state bankruptcy for the duke.

The church and the monastery are architectural masterpieces which, at the time, were unrivalled on the northern side of the Alps and are pioneering works of the Baroque movement. It is primarily the monumental barrel-vaulted **interior**

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or not do



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