

CONTENTS

11	Foreword	HH SAKYA TRICHEN
14	Introduction	AMY HELLER
16	Reflections on the Conservation of the Two Principal Sanctuaries of Lo, the Capital of Mustang District, Nepal (2000–2020)	AMY HELLER
22	Prologue	LUIGI FIENI
	Introductory essays for each section	LUIGI FIENI
	PLATES	
24	I. THE LANDSCAPE AND THE LIFE OF THE LOBAS	
26	MUSTANG LANDSCAPE	
50	VILLAGES & TEMPLES	
74	VILLAGE LIFE	
102	II. THE RESTORATION	
106	THE RESTORATION: PHASE I	
148	THE RESTORATION: PHASE II	
182	III. REVIVAL OF CEREMONIES AND CELEBRATIONS	
184	MONKS & SAND MANDALAS	
206	TEJI FESTIVAL IN LO MONTHANG	
228	MONLAN CHENMO PUJA	
234	The Need for Different Conservation Ethics	LUIGI FIENI
238	Epilogue	
240	Biographies	
242	Acknowledgments	LUIGI FIENI
243	Artist Statement and Gratitude	KENNETH PARKER
246	Photographer Credits	
247	Special Gratitude and Thanks	
248	Colophon	