

Content

5	Preface	
6	map legend	
8	The author	
10	German History after 1945	
19	German-German Border Trail	
24	About this book	
25	From Lübeck	
	to Schnackenburg/Wittenberge	227 km
63	From Schnackenburg/Wittenberge	
	to Bad Harzburg/Ilseburg	257 km
100	From Bad Harzburg/Ilseburg	
	to Fladungen/Fulda	331 km
145	From Fladungen/Fulda	
	to the Czech Republik border	308 km
186	Overnight accommodation and bike service list	
200	Thanks	
200	Geographical Index	