

Contents

<i>Nature Begins at Your Doorstep</i>	2
1 Getting Ready to Explore	4
Your Equipment	6
Keep Your Distance	8
Don't Touch Me!	10
How to Preserve What You Find	12
2 Adventures in the City	16
Cliffs With Roofs and Windows	18
Up High and Down Low	20
The City Excavation Crew	22
Squeezing Into the Smallest Crack	24
Scent Mapping	26
What Stinks?	28
Soundscapes	30
Slimy and Smart	32
3 Exploring Close to Home	36
Hide-and-Seek With Insects	38
On and in Your Home	42
Annoying but Tasty	44
Plants You Can Grow Yourself	46
4 What You Can Do to Help	50
The Secret Life of Hedges	52
Safe Places to Hang Out	54
Providing Snacks	56
5 Nature All Around You	58
Sun, Moon, and Stars	60
Thunder and Lightning	64
Electric Lemons	66
Without a Map or Navigation App	68
How Color Gets Into the World	70
Covered in Dust	74
<i>Photo Credits</i>	76
<i>Index</i>	77