

Editor's note

JÖRG MADINGER, born in Heidelberg (Germany) in 1970

July 2014 (further training): 3-day coaching workshop: "Basic components of goalkeeper training", held by the German Handball Association (Deutscher Handballbund, DHB)

Lecturers: Michael Neuhaus, Renate Schubert, Marco Stange, Norbert Potthoff, Olaf Gritz, Andreas Thiel, Henning Fritz

May 2014 (further training): 3-day coaching further training during the VELUX EHF Final4, held by the **German Handball Coaching Association (Deutsche Handball Trainer Vereinigung, DHTV)/DHB**

Lecturers: Jochen Beppler (DHB coach), Christian vom Dorff (DHB referee), Mark Dragunski (coach of TuSeM Essen, Germany),

Klaus-Dieter Petersen (DHB coach), Manolo Cadenas (coach of the Spanish national team)



May 2013 (further training): 3-day coaching further training during the VELUX EHF Final4, held by the **German Handball Coaching Association (Deutsche Handball Trainer Vereinigung, DHTV)/DHB**

Lecturers: Prof. Dr. Carmen Borggrete (University of Stuttgart, Germany), Klaus-Dieter Petersen (DHB coach), Dr. Georg Froese (sports psychologist), Jochen Beppler (DHB base camp coach), Carsten Alisch (young talents' hockey coach)

Since July 2012: A-License, DHB

Since February 2011: Handball club trainings, coaching (training and competitive areas)

November 2011: Foundation of the Handball Specialist Publishing Company (Handball Fachverlag) (handball-uebungen.de, Handball Practice and Special Handball Practice)

May 2009: Foundation of the handball online platform handball-uebungen.de

2008-2010: Youth coordinator and youth coach, SG Leutershausen (Germany)

Since 2006: B-License

Editor's note

In 1995, a friend convinced me to join him in coaching a handball youth team (male, under 13 years of age).

This was the beginning of my career as a team handball coach. Ever since I enjoyed working as a coach and had high requirements concerning my exercises. Soon, the standard pool of exercises wasn't enough for me anymore and I started to modify and develop drills myself.

Today, I coach a broad range of youth and adult teams with different performance levels and adjust my training units to the individual needs of the teams.

A few years ago, I started selling my exercises and drills online at handball-uebungen.de. Since, in handball training, there is a tendency towards a general athletic training that focuses on coordination work – especially in the training of youth teams –, a large number of my games and exercises can be applied to other sports as well.

Get inspired by the various game concepts, be creative, and rely on your own experiences!

Yours sincerely,
Jörg Madinger