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On the Altavista



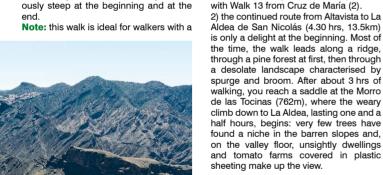
A splendid walk along a mountain ridge

This is a walk that no one should miss! Pleasant and lofty, it leads to the summit of the Altavista which, as its name implies, counts as one of the island's most beautiful viewpoints. It is not rare that one will spot a brownish-grey mottled bird of prey, shooting down like an arrow from the steep faults in the rock face: the Barbary falcon, a bird whose praises are sung far and wide.

Starting point: Mirador del Sargento, 1153m, a viewing platform, 5km west of Artenara on the road to Tamadaba, GC-216. km1.4: no bus service.

Height difference: 450m in ascent and descent.

Grade: an easy walk along a *Camino Real*, a Royal Trail, which is only strenuously steep at the beginning and at the end



From the viewing platform (parking possible on the verge) at the Mirador del Sargento (1), follow the broad-laid trail that ascends to the right of the slope. After 220m of an ascent that is sometimes steep, reach the trail junction Cruz de María (2). Here, bear left to continue

hire car; at the starting point, there are

only a few possible parking spots. Unfor-

tunately, a bus service exists only as far

as to Artenara (line 220), from there with

Walk 13 to the Mirador del Sargento, the

starting point for the walk (1.30 hrs. one

Alternatives: 1) combination possible

The view from Altavista towards the east and the Barranco de la Aldea.



the climb (to the right leads to Tamadaba, see Alternative). The trail soon runs in a south-westerly direction along the ridgeline and leads pleasantly through a pine wood. After a total of about 30 mins, the first beautiful view opens up of the mountains. Afterwards, the trail runs sometimes along the eastern side and sometimes the western side of the ridge. Pass the Risco Alto on our right-hand side and then descend via numerous bends to the saddle Lajas del Jabón (3) below. Cairns point out that the trail continues below the smooth boulders. 5 mins later, reach a major junction (4) at the foot of the Altavista: to the right, the Camino Real leads to Aldea de San Nicolás (see Alternative), but we continue to the left of it, ascending along the zigzag trail to the summit. The Altavista (5) is at a height of 1377m and you must reckon on 30 mins to negotiate the 600m long stretch, there and back. The additional effort is rewarded with a fantastic view into the rocky gorge of La Aldea: below, to the left, the high plateau of Vega de Acusa, to the right of it, the Parralillo reservoir, and enthroned above it, on a precipitous steep rock face, the houses of El Carrizal are clustered in the midst of a bizarre, forbidding mountain terrain.

Return along the approach route via the Lajas del Jabón (3) and the junction at Cruz de María (2) to arrive back at the starting point on the Mirador del Sargento (1).



