

Contents

The Authors	VI	E – Yīn Qiāo Mài Extra Channel	
Foreword to the Italian Edition	VII	Yīn Springing Vessel	152
Preface	IX	F – Yáng Qiāo Mài Extra Channel	
How to use the Atlas	X	Yáng Springing Vessel	154
 		G – Yīn Wéi Mài Extra Channel	
Section 1 General Part	1	Yīn Linking Vessel	156
Chapter 1 General Tables	3	H – Yáng Wéi Mài Extra Channel	
A – Anterior	4	Yáng Linking Vessel	158
B – Lateral	5	 	
C – Posterior	6	Chapter 5 The Extra Points	161
 		A – Head and Neck	162
Chapter 2 The Unit of Proportional		B – Trunk	163
Measurement: The “Cun”	7	C – Upper Limb	164
 		D – Lower Limb	165
Chapter 3 The 12 Regular Channels		 	
Jīng Mài	9	Section 2 Analytical Section	181
A – Hand Great Yīn Lung Channel	10	Anatomic–Topographic Study	
B – Hand Yang Brightness		of Meridians and Acupuncture Points	181
Large Intestine Channel	16	 	
C – Foot Yang		Chapter 6 Head and Neck	183
Brightness Stomach Channel	24	A – Anterior Aspect	184
D – Foot Greater Yīn Spleen Channel	40	B – Lateral Aspect	186
E – Hand Lesser Yīn Heart Channel	48	C – Posterior Aspect	190
F – Hand Greater Yang		D – Superior Aspect and Ocular Region	192
Small Intestine Channel	52	E – Sections	194
G – Foot Greater Yang Bladder Channel	60	 	
H – Foot Lesser Yīn Kidney Channel	80	Chapter 7 Trunk	203
I – Hand Reverting Yīn		A – Anterior Aspect	204
Pericardium Channel	90	B – Lateral Aspect	207
J – Hand Lesser Yáng Triple Burner Channel	96	C – Posterior Aspect	209
K – Foot Lesser Yáng Gallbladder Channel	104	D – Sections	212
L – Foot Reverting Yīn Liver Channel	118	 	
 		Chapter 8 Upper Limbs	217
Chapter 4 The Eight Extra Channels	127	A – Anterior Aspect	218
A – Rèn Mài Extra Channel		B – Lateral Aspect	222
Controlling Vessel	128	C – Posterior Aspect	225
B – Dū Mài Extra Channel Governing Vessel	138	D – Medial Aspect	229
C – Chōng Mài Extra Channel		E – Hand: Dorsal Aspect	232
Thoroughfare Vessel	148	F – Hand: Palmar Aspect	235
D – Dài Mài Extra Channel		G – Sections	238
Girdling Vessel	150		

Chapter 9 Lower Limbs	259	Chapter 13 The 15 Collateral Channels	
A – Anterior Aspect	260	Lùo Mài	343
B – Lateral Aspect	264	A – The Lùo Channel of the Large Intestine ...	344
C – Posterior Aspect	267	B – The Lùo Channel of the Triple Burner	
D – Medial Aspect	271	(Sān Jiāo)	344
E – Foot: Dorsal Aspect	274	C – The Lùo Channel of the Small Intestine ...	344
F – Foot: Plantar Aspect	277	D – The Lùo Channel of the Lung	346
G – Sections	280	E – The Lùo Channel of the Pericardium	
		(Xīn Bāo)	346
		F – The Lùo Channel of the Heart	346
Section 3 Other Channels		G – The Lùo Channel of the Stomach	348
and Collateral Channels	305	H – The Lùo Channel of the Gallbladder	348
Chapter 10 The Six Great Channels	307	I – The Lùo Channel of the Bladder	348
A – Juè Yīn	308	J – The Lùo Channel of the Spleen	350
B – Shào Yīn	308	K – The Lùo Channel of the Kidney	350
C – Tài Yīn	308	L – The Lùo Channel of the Liver	350
D – Yàng Míng	309	M – The Lùo Channel of Dù Mài	352
E – Shào Yáng	310	N – The Lùo Channel of Rèn Mài	352
F – Tài Yáng	311	O – Great Lùo Channel of the Spleen	354
Chapter 11 The 12 Channel Sinews		Chapter 14 The 12 Cutaneous Channels	
Jīng Jīn	313	Pí Bù	357
A – Large Intestine Channel Sinew	314		
B – Triple Burner Channel Sinew—Sān Jiāo ...	315	Section 4 Appendix	359
C – Small Intestine Channel Sinew	316	Chapter 15 Auricular Acupuncture	361
D – Lung Channel Sinew	317	A – Anatomy of the Auricle	362
E – Pericardium Channel Sinew—Xīn Bāo ...	318	B – Auricular Acupuncture Maps	366
F – Heart Channel Sinew	319	C – Main Points of Chinese Auricular	
G – Stomach Channel Sinew	320	Acupuncture: Location and Clinical	
H – Gallbladder Channel Sinew	322	Indications	368
I – Bladder Channel Sinew	324		
J – Spleen Channel Sinew	326	Chapter 16 Reflex Therapies:	
K – Liver Channel Sinew	328	Neurophysiologic Basics	375
L – Kidney Channel Sinew	330	A – Dermatomes, Myotomes,	
		and Sclerotomes	377
Chapter 12 The Six Pairs of Divergent		B – Mù and Shū Points of the Trunk	382
Channels Jīng Bié	333	C – Viscerocutaneous Reflex Dermalgias ...	384
A – First Confluence—Divergent Channels		D – Scalp Acupuncture	386
of the Bladder and Kidney	334		
B – Second Confluence—Divergent Channels		Bibliography/Further Reading	389
of the Stomach and Spleen	336	Control Points	
C – Third Confluence—Divergent Channels		of Acupuncture Channels	390
of the Gallbladder and Liver	338	Graphic Representation	
D – Fourth Confluence—Divergent Channels		of Acupuncture Points	391
of the Small Intestine and Heart	340	Alphabetical Index	
E – Fifth Confluence—Divergent Channels		of Acupuncture Points	392
of the Large Intestine and Lung	341	General Index	398
F – Sixth Confluence—Divergent Channels			
of the Triple Burner and Pericardium ...	342		