

Contents

1 A Lot of Sufferers	1
The Role of the Neurologist	2
Absenteeism from Work	3
References	4
 2 Disturbances of Structure and Function	 5
Classification of Headache	6
References	8
 3 Approaching the Patient	 9
History Taking	9
Clinical Examination	11
When to Investigate.	12
Reference	13
 4 Organic Causes of Headache.	 15
Intracranial Masses	16
Hydrocephalus	18
Arteriovenous Malformations	19
Pain from the Neck	20
Sinusitis	21
Temporal Arteritis	22
The Teeth and Temporomandibular Joints	24
Intracranial Vasodilation	26
Meningitis	27

Subarachnoid Haemorrhage	28
Neuralgias	29
Blood Pressure	32
Diseases of the Eyes	33
Diseases of the Skull	34
References	34
 5 Miscellaneous Functional Headaches	 39
Atypical Facial Pain	39
Cough Headache	40
Exertional Headache	40
Coital Headache	41
Lumbar Puncture Headache	42
Drug-Induced Headache	42
Food-Induced Headache	43
Ethyl Alcohol-Induced Headache	44
References	46
 6 Epidemiology of Headache	 49
Migraine and Personality	51
Headache and Depression	52
References	53
 7 Clinical Features of Migraine and Other Headaches	 55
Sex Ratio	56
Frequency of Attacks	57
Duration	57
Nausea and Vomiting	57
Location of the Headache	58
Aura Symptoms	59
Inheritance	64
Long-Term Prognosis	66
Complications	67
Variants of Migraine	69
References	78
 8 Precipitating Causes of Migraine	 81
Stress	81
Hypoglycaemia	82
The Female Reproductive Cycle	82
Food-Precipitated Migraine	84
References	90

9 The Pathophysiology of Headache	95
The Site of Origin of the Pain	95
Blood Flow Studies in Migraine	96
Catecholamines	100
Disturbances of Platelet Function	101
Opioid Peptides	105
Neural or Vascular?	107
References	108
10 Treatment of Acute Headaches	115
Nausea	115
General Principles of Analgesia	116
Non-steroidal Anti-inflammatory Drugs	117
Ergotamine	120
Other Drugs Used to Treat Established Headache	122
References	122
11 The Prevention of Headache	125
Sedative Agents	126
Non-steroidal Anti-inflammatory Drugs	127
β -Blocking Drugs	127
Drugs Acting by Modification of Serotonin Function	129
Drugs Acting on α -Adrenoceptors	132
Calcium Channel Blockers	133
Other Drugs in Migraine	134
Which Drug?	135
Miscellaneous Treatment	135
Biofeedback	136
References	139
12 Cluster Headache	143
Clinical Characteristics	144
Pathophysiology	148
Management	152
References	157
13 Post-traumatic Headache	161
Mechanism	161
Role of Psychological Factors	162
Post-traumatic Migraine	164

Management of Post-traumatic Headache 165

References 165

14 A Recapitulation. 167

Subject Index 171