

Contents

- Foreword, ix
Contributors, xi
Preface, xiii
Abbreviations, xv
- 1** General Overview, 1
Kapil Sugand, Anita Khurwal, and Chinmay M. Gupte
- 2** Epidemiology of Musculoskeletal Disease, 7
David Metcalfe
- 3** Orthopaedic Investigations, 11
Adil Ajuied, Christian Smith, and Cynthia Gupte
- 4** Orthopaedic Trauma, 23
Aamer Nisar, Chinmay M. Gupte, and Rajarshi Bhattacharya
- 5** Management of Adult Fractures, 29
Aamer Nisar, Chinmay M. Gupte, and Rajarshi Bhattacharya
- 6** Shoulder and Elbow, 37
Andrew Sankey and Peter Reilly
- 7** Hand and Wrist, 47
Issaq Ahmed and Philippa Rust
- 8** Pelvis and Acetabulum, 59
Hani B Abdul-Jabar and Jasvinder Daurka
- 9** The Hip, 67
Simond Jagernauth and Joshua KL Lee
- 10** The Knee, 75
Nawfal Al-Hadithy and Chinmay M. Gupte
- 11** Foot and Ankle, 85
Nadeem Mushtaq, Ali Abbasian, Kapil Sugand, and Chinmay M. Gupte
- 12** Spine, 95
Syed Aftab and Robert Lee
- 13** Paediatric Orthopaedics, 105
Bassel El-Osta, Alex Shearman, and Neel Mohan
- 14** Orthopaedic Emergencies, 117
14.1 Emergency: Dislocated Hip, 117
Simond Jagernauth and Joshua KL Lee

- 14.2** Emergency: Locked Knee and Dislocation, 119
Sohail Yousaf, Mubeen Nazar, and Chinmay M. Gupte
- 14.3** Emergency: Acute Shoulder Dislocation, 123
Andrew Sankey and Peter Reilly
- 14.4** Emergency: Supracondylar Fractures of Distal Humerus in Children, 125
Alex Shearman, Bassel El-Osta, and Neel Mohan
- 14.5** Emergency: Septic Arthritis, 128
James Donaldson and Jonathan Miles
- 14.6** Compartment Syndrome, 131
Ahsan Sheeraz
- 14.7** Emergency: Cauda Equina Syndrome, 133
Syed Aftab and Robert Lee
- 15** Orthopaedic Procedures, 135
Simon Mordecai and Jacqueline Waterman
- 16** Prevention and Postoperative Care, 141
Ahsan Sheeraz
- 17** Osteoarthritis, 149
Alexander L. Dodds and Dinesh Nathwani
- 18** Inflammatory Diseases, 155
Sanam Kia and Sonya Abraham
- 19** Bone and Joint Infections, 163
James Donaldson and Jonathan Miles
- 20** Metabolic Bone Diseases, 173
Michael Fertleman, Shuli Levy, and Georgina Meredith
- 21** Bone and Soft Tissue Tumours, 181
Rej Bhumbra
- 22** Peripheral Nerve Injury (PNI), 187
Rishi Dhir, Kapil Sugand, and Tom Quick
- 23** Orthopaedic Biomechanics, 195
Hussein Taki and Bernard van Duren
- 24** Tools of the Trade, 199
Mike Rafferty
- Index, 207