

Table of Contents

1	<i>Potential Medical Applications of the NMR Technique . . .</i>	1
2	<i>Basic Principles of NMR Spectroscopy</i>	4
2.1	The NMR Experiment	4
2.2	The Chemical Shift	9
2.3	Line Width and Relaxation	13
2.4	Acquisition of the NMR Signal	18
2.5	Design of a Whole-Body NMR System	21
3	<i>NMR Spectroscopy in Intact Biologic Systems</i>	29
3.1	In Vivo ^1H -NMR Spectroscopy	29
3.2	In Vivo ^{13}C -NMR Spectroscopy	29
3.3	In Vivo ^{31}P -NMR Spectroscopy	34
4	<i>NMR Tomography</i>	51
4.1	Basic Principles of NMR Imaging	51
4.2	Image Reconstruction	54
4.2.1	Selecting an Image Plane	56
4.2.2	Image Reconstruction by Back Projection	57
4.2.3	Image Reconstruction by Two-dimensional Fourier Transformation	58
4.3	Measurement of Relaxation Times	60
4.3.1	Spin-Lattice Relaxation Time T_1	63
4.3.2	Spin-Spin Relaxation Time T_2	65
4.4	Data Acquisition Strategies in NMR Tomography	70
4.5	The NMR Tomogram	73
4.5.1	Tissue Properties Which Affect the Image	73
4.5.2	Pertinent Imaging Parameters	77
4.5.3	Effects of Flow	82
4.5.4	NMR Contrast Media	84
4.5.5	Imaging Time	86
4.5.6	NMR Tomography of Elements Other than Hydrogen	87
4.6	Examples of the First Applications of NMR Tomography	89

4.6.1	Head	89
4.6.2	Torso	92
4.7	Health Risks of NMR Tomography	99
4.7.1	Physiologic Effects of Magnetic and Radiofrequency Fields	99
4.7.2	Risks from Metallic Implants	100
4.7.3	Safety Recommendations	101
5	<i>Outlook</i>	105
<i>Appendix A</i> The NMR Experiment in the Rotating Coordinate System		106
<i>Appendix B</i> Glossary		110
6	<i>Addendum</i>	114
7	<i>Subject Index</i>	121