

Contents

PART 1: OVERVIEW OF THE PROBLEM

Chapter 1 – Introduction to Bruxism 3

Daniel A. Paesani

- Introduction 3
- The Importance of Bruxism in Daily Care 3
- Oral Habits 4
- Classification of Bruxism according to the Type and Timing of Activity 4
- Etiology 5
- Genetics 5
- Epidemiology 10
- Bruxism Variability 15
- References 15

Chapter 2 – Diagnosis of Bruxism 21

Daniel A. Paesani

- Introduction 21
- Clinical Diagnosis 22
- Complementary Methods for Diagnosis 31
- References 38

Chapter 3 – Sleep Physiology and Bruxism 41

José T. T. de Siqueira, Teresa Cristina Barros Schütz, Monica Andersen, and Sergio Tufik

- Introduction 41
- Basic Facts of Sleep Physiology and Pathophysiology 42
- Sleep Architecture 44
- The Sleep Laboratory 47
- Understanding Bruxism in a PSG 47
- Conclusion 50
- References 51

Chapter 4 – Etiology of Bruxism 53

Frank Lobbezoo, Hans L. Hamburger, and Machiel Naeije

Introduction	53
Categories	55
Morphologic Factors	55
Psychosocial Factors	57
Pathophysiologic Factors	58
Conclusion	61
References	62

Chapter 5 – Role of Peripheral Sensory Factors in Bruxism:

A Physiologic Interpretation for Clinical Dentistry 67

Takafumi Kato

Introduction	67
Basic Knowledge of Orofacial Sensorimotor Systems	68
Which Event Comes First: Tooth Contact or Jaw Muscle Activity?	72
Sensory Stimuli and Sleep Bruxism	76
Can the Peripheral Sensory System Explain the Role of an Oral Splint in SB Management?	79
Conclusion	81
References	81

Chapter 6 – Emotional Factors in the Etiology of Bruxism 87

Daniele Manfredini

Introduction	87
Literature Search	88
Bruxism and Stress	89
Psychosocial Aspects of Bruxism	91
The Relationship between Bruxism and Pain	91
Sleep versus Awake Bruxism, and Grinding versus Clenching	93
Conclusion	95
References	95

Chapter 7 – Movement Disorders in the Dental Office 99

Frank Lobbezoo, Hans L. Hamburger, and Machiel Naeije

Introduction	99
Literature Search	100
Dyskinesias	100
Conclusion	105
References	106

Chapter 8 – Bruxism in Children 111

Claudia Restrepo

- Introduction 111
- Etiology of Bruxism in Children 111
- Epidemiology of Bruxism in Children 113
- Factors Associated with Bruxism 113
- Diagnosis of Bruxism in Children 115
- Effect of Bruxism on the Dentition of Children 115
- Effect of Bruxism on Craniofacial Morphology 117
- Bruxism in Children with Special Characteristics 117
- Management of Bruxism in Children 118
- References 118

PART 2: EFFECTS ON THE MASTICATORY SYSTEM

Chapter 9 – Tooth Wear 123

Daniel A. Paesani

- Introduction 123
- Etiology of Tooth Wear 124
- Types of Attrition 125
- Physiologic Attrition 125
- Tooth Wear Quantification 126
- Factors Involved in Tooth Wear 129
- Tooth Wear Patterns 132
- Interpretation of Tooth Wear 138
- Conclusion 145
- References 147

Chapter 10 – Dental Erosion 149

Daniel A. Paesani

- Introduction 149
- Prevalence 149
- Clinical Features and Diagnosis of Erosion 150
- Classification of Erosion according to Its Magnitude 155
- Classification of Erosion according to Etiology 155
- Etiopathogenic Mechanism and Conditioning Factors 169
- Salivary Secretion and Buffering Capacity Quantification 176
- References 183

Chapter 11 – Gastroesophageal Reflux as a Cause of Dental Erosion 187

Sergio Fuster and Carlos Gianoni

Introduction	187
Anatomophysiology of the Upper Digestive Tract	187
Definition of Reflux	190
Pathophysiology of Reflux	191
Clinical Manifestations of Reflux	192
Diagnosis of Reflux	196
Role of Dental Practitioners in Diagnosing Reflux	200
Treatment of Reflux	200
Conclusion	202
References	202

Chapter 12 – Controversies on the Effects of Bruxism 207

Daniel A. Paesani

Introduction	207
Effects on Dentition	207
Effects on Soft Tissues	220
Effects on Bone	222
References	229

Chapter 13 – Effects of Bruxism on Teeth and Its Relationship with Endodontics 233

Fernando Goldberg

Introduction	233
Pulp and Peri-radicular Alterations	233
Alterations in Crown and Root Structural Integrity	243
References	254

Chapter 14 – Influence of Trauma from Occlusion on the Periodontium 257

Guillermo Schinini and Andres R. Sanchez

Introduction	257
Periodontal Lesions	258
Occlusal Trauma Lesions	258
Effect of Occlusal Trauma on the Healthy Periodontium	259
Effect of Occlusal Trauma on the Diseased Periodontium	262
Human Clinical Evidence	264
Conclusion	267
References	268

Chapter 15 – Effects of Bruxism on Muscles 271

Arturo E. Manns Freese

- Introduction 271
- Principles of Skeletal Muscle Physiology 272
- Ultrastructure of Skeletal Muscle 275
- Comparing Normal Function and Parafunction 280
- Pathophysiology of Muscular Disorders and Related Pain 282
- Types of Muscular Pain 283
- Conclusion 293
- References 294

Chapter 16 – Temporomandibular Joint Dysfunction and Bruxism 297

Xiomara Restrepo-Jaramillo, Ross H. Tallents, and Stephanos Kyrkanides

- Introduction 297
- Definitions 297
- Prevalence Studies 298
- Etiology 299
- Pathways to Joint Degeneration 300
- The Role of Bruxism 301
- Conclusion 304
- References 304

Chapter 17 – Pain and Bruxism 309

Peter Svensson, Faramarz Jadidi, Taro Arima, and Lene Baad-Hansen

- Introduction 309
- Overview of Pain Mechanisms 309
- Sex-related Differences in Pain Experience 313
- Pain Genetics 314
- Experimental Bruxism and Craniofacial Pain 314
- Clinical Studies of Bruxism and Craniofacial Pain 317
- Intervention Studies of Bruxism 320
- Conclusion 321
- References 322

PART 3: CLINICAL APPROACHES

Chapter 18 – Pharmacologic Considerations in Bruxism 327

Marcelo Kreiner

- Introduction 327

Anxiolytic Drugs	328
Antidepressant Drugs	329
Neuroleptics	331
Addictive Social Drugs	332
Adrenergic Antagonists and Agonists	334
Agonists of Dopaminergic Receptors	334
Antiepileptics	335
References	336

Chapter 19 – Dental Materials for the Bruxing Patient

Marta M. Barreiro and Ricardo L. Macchi

Introduction	339
Criteria for Material Selection	340
General Wear Processes	343
Evaluation of Wear Behavior	348
Degradation of Restorative Materials	350
Conclusion	355
References	355

Chapter 20 – Evidence Related to the Treatment of Bruxism

Daniel A. Paesani

Introduction	359
Treatments for Sleep Bruxism	359
Awake Bruxism	374
References	378

Chapter 21 – Introduction to Complex Oral Restoration

Daniel A. Paesani and Fernando Cifuentes

Introduction	383
Centric Relation	383
Axis of Rotation of the Mandible	394
The Anterior bite Plane Method	398
References	412

Chapter 22 – Restoration of the Worn Dentition

Anders Johansson, Ann-Katrin Johansson, Ridwaan Omar, and Gunnar E. Carlsson

Introduction	415
Historical Aspects	415
Epidemiology	416

Etiology of Tooth Wear	418
Principles and Management Strategies for Tooth Wear	419
Rehabilitative Strategies	423
Maintenance Phase	436
Conclusion	436
References	437

Chapter 23 – Effects of Bruxism on Restorative Implant-assisted Prosthesis Treatments 439

Jorge Mario Galante

Introduction	439
Peri-implant Pathology Classification	441
Classification of Complications of IAP Restorative Treatments	449
Prosthetic Rehabilitation with Implants in Bruxers	454
Conclusion	464
References	464

Chapter 24 – Botulinum Toxin in the Treatment of Bruxism 467

Daniele Manfredini and Luca Guarda Nardini

Introduction	467
History of Botulinum Toxin as a Therapeutic Drug	467
Mechanism of Action	468
Fields of Application	469
Safety of Botulinum Toxin Treatments	469
Orofacial Pain Relief	470
Temporomandibular Disorders	470
Botox and Bruxism	471
Conclusion	473
References	473

Chapter 25 – Clinical Treatment of Bruxism 477

Daniel A. Paesani and Fernando Cifuentes

Canine Guidance in the Control of Bruxism Effects	477
Bruxism Splints	484
Fabrication of the Bruxism Splint	490
Bruxism Splint Maintenance	515
Treatments with Botulinum Toxin	516
References	522