

1	Societal Self-Empowerment: Concept and Classification	1
2	What is Societal Self-Empowerment?	5
2.1	Self-Empowerment as an Idealistic, Political or also Ethically Motivated Violation of Law	5
2.2	Legal Justification of <i>Prima Facie</i> Self-Empowerments	6
2.3	Two Examples of Rights-Infringing Self-Empowerment	11
2.4	Self-Empowerment within the Law	12
	References	13
3	How Much Societal Self-Empowerment is There?	15
3.1	The Abstract Level	15
3.2	Societal Self-Empowerment and the Fridays for Future Movement	19
3.3	Societal Self-Empowerment with Respect to Corona Restrictions	22
3.4	Societal Self-Empowerment in the Empirical Cases in Comparison	29
3.5	Summary	31
	References	31
4	Corona Self-Empowerment	33
4.1	Data and Method	33
4.2	Socio-Economic Factors	36
4.3	Affectedness by the Pandemic and the Measures to Combat it	39
4.4	Trust in Institutions and Actors	43

4.5	Self-Efficacy	50
4.6	Problem-Solving Ability of the Political System	52
4.7	Party Preferences	55
4.8	Interpersonal Trust and Conspiracy Mentality	58
4.9	Attitude Towards Self-Empowerment	60
4.10	Summary	61
	References	64
5	Fridays for Future Self-empowerment	67
5.1	Data and Method	67
5.2	Socio-economic Factors	69
5.3	Trust in Institutions and Actors	71
5.4	Self-efficacy	73
5.5	Problem-solving Ability of the Political System	74
5.6	Party Preferences	77
5.7	Interpersonal Trust and Conspiracy Mentality	78
5.8	Attitude towards Self-empowerment	79
5.9	Summary	80
	References	81
6	Discussion: Between Representational Gap	
	and Conspiracy Belief	83
6.1	Instrumental vs. Expressive Self-empowerment	83
6.2	Party Convergence and the Representational Gap	86
6.3	The Representational Gap and Satisfaction with Democracy ...	92
6.4	The Representational Gap from a Psychological Perspective ...	98
6.5	Summary	101
	References	101
7	Conclusion: What to do Against	
	(Expressive) Self-empowerment?	105
7.1	Summary of Findings	105
7.2	What to do?	108
	References	112
	Appendix 1: Questionnaire Design, Representativeness	
	of Respondents and Variable Coding	115
	Appendix 2: Questionnaire of the online survey	123