Contents

INTRODUCTION TO JIN SHIN HEALIN
What Is Jin Shin Jyutsu?
The Application of Jin Shin Jyutsu
Helpful Hints
The 26 Safety Energy Locks
General Harmonizers Initial Centering 20 Getting the Energy Flowing 21 The Paw Flow The Main Central Flow 22 The Supervisor Flows 31 Three Further Important Flows
IIN SHIN HEALING TOUCH FOR CATS
JIN SHIN HEALING TOUCH FOR CATS
Head Eyes 58 Ears 60 Mouth and Teeth 64 Brain 66
Head Eyes 58 Ears 60 Mouth and Teeth 64 Brain 66 Respiratory System Upper Respiratory Tract 70 Throat 72 Lower Respiratory Tract 73 Cardiovascular System
Head Eyes 58 Ears 60 Mouth and Teeth 64 Brain 66 Respiratory System Upper Respiratory Tract 70 Throat 72 Lower Respiratory Tract 73 Cardiovascular System Heart Disease and Heart Failure 76 Circulation Issues 77
Head Eyes 58 Ears 60 Mouth and Teeth 64 Brain 66 Respiratory System Upper Respiratory Tract 70 Throat 72 Lower Respiratory Tract 73 Cardiovascular System



Bladder 88 | Kidneys 89

Reproductive Organs	. 93
Male Reproductive Organs 94 Female Reproductive Organs and Birth Support 95	
•	
Coat and Skin	. 101
Coat 102 Skin 103	
Nervous System	. 107
Muscle Twitching 108 Paralysis 109	
Musculoskeletal System	111
Back and Spine 112 Muscles 113 Ligaments, Tendons, and Joints 114	
Bones 117	
Immune System	. 119
Infectious Diseases	. 121
Edema, Growths and Tumors	. 123
Edema 124 Growths and Tumors 124	
Behavior and Psyche	. 127
Fear and Panic 128 Insecurities and Nervousness 128	
Startle Responses 128 Food Envy 129 Fighting and Aggression 129 Neglect and Abuse 130 Sensitivity to Noise 130	
Injuries and Emergencies	. 131
Wounds and Bites 132 Stings, Splinters, and Thorns 132 Burns 132	
Concussion 133 Broken Bones 133 Bruises 134 Shock 134	
Poisoning 134 Heatstroke and Sunstroke 135 Choking and Shortness of Breath 135 Operations 135 Pain 136 End-of-Life Care 136	
Other Issues	. 137
House-Training $138 $ Lack of Cleanliness $138 $ Harmonizing Side Effects of Medication $138 $ Alleviating Reactions to Vaccines 139	

JIN SHIN HEALING TOUCH FOR DOGS

Head	143
Eyes 144 Ears 147 Mouth and Teeth 151 Brain 154	
Respiratory System	157
Upper Respiratory Tract 158 Throat 160 Lower Respiratory Tract 161	
Digestive Organs	163
Stomach 164 Pancreas and Spleen 167 Intestine 168 Liver 171	
Musculoskeletal System	173
Back and Spine 174 \mid Muscles 174 \mid Ligaments, Tendons, and Joints 175 \mid Bones 178	
Urinary System	181
Bladder 182 Kidneys 183	
Reproductive Organs	185
Male Reproductive Organs 186 Female Reproductive Organs and Birth Support 187	
Coat and Skin	193
Coat 194 Skin 195	
Nervous System	199
Neuralgia 200 Muscle Twitching 200 Paralysis 201 Epilepsy 202	
Immune System	203
Infectious Diseases	205
Distemper 206 Leptospirosis 206 Parvovirus 207 Kennel Cough 207	
Edema, Growths and Tumors	209
Edema 210 Growths and Tumors 210	
Injuries and Emergencies	213
Wounds 214 Hematoma 214 Bites 215 Stings, Splinters, and	
Thorns 215 Burns 215 Concussion 216 Broken Bones 216	
Bruises 217 Shock 217 Poisoning 217 Heatstroke and Sunstroke 218	
Choking and Shortness of Breath 218 Cramps 218 Operations 219	
Travel Sickness 219 Pain 219 Overexertion 219 End-of-Life Care 220	

Psychological Issues	221
Fear and Panic 222 Insecurities 223 Nervousness and Startle	
Responses 224 Homesickness 225 Jealousy 226 Food Envy 226	
Fighting and Aggression 227 Stubbornness 228 Neglect 228	
Abuse 228 Sensitivity to Noise 229	
Other Issues	231
House-Training 232 Eating Rubbish or Feces 232	
Lack of Cleanliness 232 Harmonizing Side Effects of Medication 233	
Alleviating Reactions to Vaccines 233	
Epilogue	235
Acknowledgements	236
Photo Credits	237
Recommended Reading	238
About the Author	239