

CONTENTS

FOREWORD	4	<i>Projects</i>	18
<i>Basics</i>	6	MINI MANDALA	20
MATERIALS	8	CIRCLE OF LIFE	26
TECHNIQUES	12	AUTUMN FOREST	32
		NATURE'S TREASURES	38
		SILENT NIGHT	44
		BLOOMING MIDSUMMER	50
		LOYAL COMPANIONS	56
		SECRET GARDEN	62
		DREAMING WIND FISH	68
		WATER LILY LABYRINTH	76
		SPIRIT OF PARADISE	82
		MYSTIC JUNGLE	88
		ABOUT THE AUTHOR	94
		THANKS	95