

Table of Contents

Foreword Alberto Álvarez Fernández	viii
Foreword Jaime A. Gil	ix
Preface	x
Dedicated to	xi
Thank you	xi
Authors	xii

SECTION I. UNDERSTANDING TOOTH WEAR 3

CHAPTER 1. TOOTH WEAR: A MAJOR HEALTH ISSUE 5

1. The Global Burden of Tooth Wear	5
2. Physiologic Versus Pathologic Wear	12
3. Anthropologic and Contemporary Tooth Wear	12
4. Prevalence of Tooth Wear	14
5. Tooth Wear and General Health	16
6. The Quintessential Challenge of Tooth Wear	18
7. The Economy of Tooth Wear: The TW Curve Shape	19
8. The Geography of Tooth Wear	22
9. Key Points	26
References	26

CHAPTER 2. TOOTH WEAR AND SALIVA: THE FIRST LINE OF DEFENSE 31

1. The Oral-General Health Connection	31
2. Saliva and the Oral Microbiome: Defenders of Oral and General Health	33
3. Saliva, the Oral Microbiome, and Tooth Wear	35
4. The Importance of Unstimulated Salivary Flow for the TW Patient	40
5. Saliva and Erosion	42
6. The Critical pH	45
7. Bruxism and Saliva	46
8. Improving Salivation: The Invisible Guard	47
9. Key Points	48
References	48

CHAPTER 3. ETIOLOGY AND TYPES OF TOOTH WEAR 53

1. Tooth Wear: Classical Nomenclature	53
2. The Etiology of Tooth Wear	54
3. Tooth Wear and the Pediatric Patient	60
4. Tooth Wear in Adolescents and Adult Patients	66
5. Tooth Wear Indices	78
6. Following Tooth Wear Clues: Lifestyle and Health TW Questionnaire	81
7. Key Points	81
References	82

SECTION II. ASSESSING AND TREATING TOOTH WEAR 85

CHAPTER 4. DIAGNOSIS AND TREATMENT PLANNING IN TOOTH WEAR 87

1. Initial Visit of the Patient with TW 87
2. Anamnesis of the Patient with Tooth Wear 94
3. Informed Consent for the Patient with Tooth Wear 95
4. Patient-Centered Path in Tooth Wear Treatment 96
5. The Ideal Occlusal Scheme 98
6. Material Selection: When to Subtract and When to Add 105
7. Accuracy and the Preservation Principle 110
8. Traditional Acquisition of Data 110
9. Digital Acquisition of Data: Cross-Mounting in the Digital Era 116
10. Traditional and Digital: Hop-On, Hop-Off Workflow 120
11. Sequence of Reconstruction by Sector 122
12. Key Points: TW Treatment Flowchart 123
- References 125

CHAPTER 5. INCIPIENT TOOTH WEAR 129

1. The Onset of Tooth Wear 130
2. Erosion and Caries: Is There a Link? 134
3. A Close-Up Look at the Incisal Edges 136
4. Anterior and Canine Guidance in Incipient Tooth Wear 139
5. Intercepting Tooth Wear with Orthodontics 142
6. Restoration of Canine and Anterior Guidance 147
7. Intercepting Incipient Erosive Damage 150
8. Key Points: Incipient TW Flowchart 162
- References 162

CHAPTER 6. MODERATE TOOTH WEAR: TREATMENT STRATEGIES 167

1. Moderate TW: The Space Issue 167
2. Adhesion to Worn Surfaces 170
3. Composite for Moderate Tooth Wear: Direct versus Indirect 175
4. Palatal Restorations for Tooth Wear 183
5. Porcelain Laminate Veneers for Tooth Wear 188
6. Increasing VDO: A Tool More than a Target 198
7. Non-Carious Cervical Lesions 206
8. Key Points: Decision Making in Moderate/Severe TW 209
- References 209

CHAPTER 7. SEVERE TOOTH WEAR: TREATMENT STRATEGIES 215

1. From Moderate to Severe Tooth Wear 215
2. Wax-Up: The Blueprint 220
3. Additive Approach with Porcelain Laminate Veneers for Anterior Guidance 222
4. Occlusal Scheme: Vertical Dimension of Occlusion and Centric Relation 230
5. Indirect Bonded Inlays/Onlays 247

6. Partial and Full Crowns for Single-Tooth Restorations: Occlusal Adjustment and Polishing 247
7. Key Points: Decision Making in Severe TW 248
- References 248

CHAPTER 8. ORTHODONTICS IN TOOTH WEAR TREATMENT 253

1. Malocclusion and Tooth Wear 253
2. Orthodontics to Intercept Tooth Wear and Preserve Tooth Structure 272
3. Orthodontics to Provide Missing Space and Preserve Tooth Structure 283
4. Communication: A Key Player in the Tooth Wear Outcome 291
5. Timing of Orthodontic and Restorative Interventions 293
6. Key Points: TW Treatment Planning: Considerations for the Orthodontic-Restorative Team 293
- References 294

CHAPTER 9. IMPLANTS IN PATIENTS WITH TOOTH WEAR 299

1. Biologic and Mechanical Considerations 299
2. Clinical Recommendations 302
3. Overload and Implant Failure in Patients with Tooth Wear 309
4. Implants and Occlusal Space in Patients with Severe TW: Management of Vertical Collapse 316
5. Digital Cross-Mounting and Advantages of Digital Protocols in TW Treatment 332
6. Maintenance Protocols in Patients with TW and Implants 345
7. Key Points: Implants in TW 345
- References 346

SECTION III. PREVENTION AND LONG-TERM MAINTENANCE IN TOOTH WEAR TREATMENT 349

CHAPTER 10. ARE WE IN TIME TO FLATTEN THE TOOTH WEAR CURVE? 351

1. 30 Years of Treating Tooth Wear: What have we learned? 351
2. Modern Lifestyle: Change what is possible 354
3. Targeting Nutritional Risk Factors: The Benefits of Erosion-Protective Foods 358
4. Parafunctional Habit Control and Ideal Occlusal Scheme: Keys to Long-Term Maintenance 361
5. Oral Hygiene and Tooth Wear 365
6. New Strategies in TW Prevention: Enhancing Healthy Saliva, The Day and Night Bodyguard 371
7. Long-Term Maintenance of the Patient with TW 374
8. Patient-Centered Long-Term Management of TW: Quality of Life, Prems, and Proms 384
9. Key Points: General Maintenance Guidelines for the Patient with TW 385
- References 385

APPENDIX 389

APPENDIX 1 – Lifestyle and Health TW Questionnaire 389

APPENDIX 2 – Informed Consent for the Patient with Tooth Wear (To Be Adapted to Local-Regional Legal Status) 393

Abbreviations 395