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When insecure, and curious; For joy; When insecure or to appease;) **10. Lifting a paw** (Reasons for lifting a paw; paw lift in puppies; To calm on approach; To request a break; As a request for space; To show respect; When too close). **11. Sniffing** (Reasons for sniffing; To gather scent; To stay neutral; As communication; To request a break; A polite request; To demonstrate neutrality; To appease and calm; When approaching an unfamiliar object; To copy) **12. Urinating** (Reasons for urinating; In advanced age; to release tension; To relax; To mark territory; Awkwardness/embarrassment; Combined with ground scratching; To appease).

13. Splitting (Reasons for splitting; To protect; To create a break; Acting on impulse; Subtle interference).

14. Bowing (Reasons for bowing; Inviting play; Showing interest; To ensure peaceful intentions; Size discrepancy; Indecision in wild dogs; To calm; To encourage). **15. Jumping away** (Reasons for jumping away; To release tension; Neutralising an over-bold approach; Surviving a tense situation; Following a pressurised game of chase; When startled; Relieving tension). **16. Shaking off** (Reasons for shaking off; Following high arousal; To relieve tension; After making contact; An excited meeting; After a collision; A controlled meeting; An indecisive approach; **17. Scratching** (Reasons for scratching; When indecisive; An unfamiliar encounter; While playing). **18. Yawning** (Reasons for yawning; Feeling indecisive; Due to restriction; While restrained; To relieve tension; To self-calm; A response to pain).

PART THREE: THE EMOTIONS

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1. Range of expressions (in one individual). **2. The Five F's** (Flight; Fight; Freeze; Fooling around/Flirt).

3. Additional signs of stress (Increased use of calming signals; Biting the leash/pulling on the leash; Mounting; jumping up; Destructive behaviour; Showing the penis; Excessive barking/howling; Sweating; Hair coat and dandruff; Changes in the tongue; Dilated pupils; refusing food; Puffing out the cheeks; Drooling; Restlessness; Tail chasing; **4. Fear** (Differing fear; Pictures of fear; Fear in young dogs; Fear of an unknown object; Meeting other dogs; Fear of something unfamiliar; Fear of strangers; Unknown causes).

5. Sadness (Defining sadness; a state of grief; Depression; Mood swings). **6. Annoyance, anger, rage** (What is annoyance; Annoyance: Annoyance between dogs who live together; Annoyance between a Youngster and an adult; **Anger**: Anger due to injustice; Anger due to persistent approaches; Anger between a youngster and an older dog; Anger due to pain; **Rage**: Rage against rivals; Rage between a youngster and an adult; Rage against the refuse collector; Avoiding the trigger). **7. Revulsion/disgust** (Revulsion towards ticks; Revulsion relating to surfaces). **8. Joy** (The joy of playing with an object; the joy of playing with other dogs; The joy of playing tug-of war; The joy of playing with a friend; The joy of playing alone; The joy of digging; The joy of water; The joy of running; Heartfelt joy; The joy of greeting; Gestures of belonging; The joy of playing with children; Joy of life). **9. Curiosity** (Curiosity in puppies; Curiosity about water; Curiosity paired with caution; Head carriage while curious).

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