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Funchal, Camacha and the south coast

1 2.00 hrs	Descent from Monte to the Levada do Bom Sucesso	58
2 1.40 hrs	From Monte to the Jardim Botânico	61
3 2.30 hrs	From Monte to Palheiro Gardens	64
4 3.45 hrs	From Camacha to Monte	67
5 4.00 hrs	Circular walk near Camacha	70
6 4.30 hrs	From Camacha to Sítio das Quatro Estradas	74
7 2.30 hrs	From Estreito de Câmara de Lobos to Cabo Girão, 580m	78
8 3.20 hrs	From Boa Morte to Cabo Girão, 580m	82
9 3.30 hrs	From Boa Morte along the Levada do Norte	86
10 3.10 hrs	Tabua valley	89
11 6.00 hrs	From Ponta do Sol into the Tabua valley	92
12 2.30 hrs	Lombada da Ponta do Sol	97
13 2.30 hrs	Ponta do Sol circular walk	100

The east and the north coast

TOP 14 3.00 hrs	São Lourenço peninsula	104
15 2.10 hrs	Over Pico do Facho to Caniçal	108
TOP 16 4.40 hrs	From Porto da Cruz to Machico	112
17 3.00 hrs	From Marroços to the Caniçal tunnel	118
18 3.00 hrs	Via Lamaceiros to Portela	120
19 4.10 hrs	Vereda das Funduras	122
20 3.00 hrs	To the source of the Levada do Castelejo	126
21 2.15 hrs	Onto Eagle Rock, 590m	128
22 2.30 hrs	Ponta do Clérigo	130
23 1.20 hrs	Fajã da Rocha do Navio	132
24 1.50 hrs	The Caminho Real of São Jorge	135
TOP 25 2.30 hrs	Levada do Rei	138
26 1.50 hrs	From Arco de São Jorge to São Cristovão	142
27 2.30 hrs	From Ponta Delgada to São Cristovão	144
28 1.10 hrs	From Pico das Pedras to Queimadas	148
TOP 29 3.30 hrs	Caldeirão Verde	150
30 2.00 hrs	Into the Devil's Cauldron Caldeirão do Inferno, 990m	153
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32 1.50 hrs	Levada da Fajã do Rodrigues	159

Central Madeira with Curral das Freiras and Ribeiro Frio

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35	2.40 hrs	From Boca da Corrida to Curral das Freiras.	166
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40	5.30 hrs	Over Pico Ruivo to the Encumeada pass.	182
41	0.40 hrs	The 'belvedere' of Ribeiro Frio.	186
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TOP 43	3.30 hrs	From Ribeiro Frio to Portela.	190

Boca da Encumeada, Paul da Serra and Rabaçal

44	1.30 hrs	Botanising in the Folhadal.	194
45	2.20 hrs	Levada das Rabaças.	196
46	1.30 hrs	Chão dos Louros circular walk.	198
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West Madeira

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