

Table of contents

Foreword	VII
Preface	VIII
Acknowledgment	IX
Contributors	X

1	History and evolution of minimally invasive plate osteosynthesis	14
2.1	Basic mechanobiology of bone healing and biomechanics of fracture fixation	24
2.2	Cerclage wiring as a reduction technique	44
3	Instruments	70
4	Implants	84
5	Intraoperative imaging	94
6	Reduction techniques	106
7	Decision making and preoperative planning	122
8	Preoperative and postoperative management	140
9	Complications and solutions	146
10	Minimally invasive plate osteosynthesis and evidence-based medicine	168
11.1	Clavicle: introduction	174
11.2	Clavicle: bilateral comminuted diaphyseal fractures—15.2C	186
11.3	Clavicle, shaft: fragmentary spiral fracture—15.2C	194
11.4	Clavicular fracture—15.2C	202
11.5	Clavicle, shaft: long oblique fracture—15.2A	208
12.1	Scapula: introduction	216
12.2	Scapula: MIPO case	224
12.3	Scapula: minimal invasive scapula fixation	232
13.1	Humerus, proximal: introduction	240
13.2	Humerus, proximal: extraarticular fracture—11A3	258
13.3	Proximal humeral shaft fracture with extension into the humeral head—12B2.1	266
13.4	Humerus, proximal fracture 4-part, valgus malalignment—11C	272
14.1	Humerus, shaft: introduction	282
14.2	Humerus, shaft: wedge fracture, bending wedge—12B2	300
14.3	Distal one-third fracture of humerus: multifragmentary fracture—12B3	308
14.4	Humerus, shaft: complex fracture, irregular—12B3	316
14.5	Humerus, shaft: lower third—12B	322

15.1	Forearm: introduction	328
15.2	Forearm—multifragmentary proximal one-third ulnar fracture (Monteggia fracture)—2U2B3.a	346
15.3	Forearm: diaphyseal fractures	352
15.4	Forearm: comminuted distal one-third radial fracture (Galeazzi fracture)—2R2B3 (g)	362
15.5	Forearm: distal radial fracture with dislocation—2R3B2.3	366
16	Pelvis and acetabulum: introduction	372
16.1A	Pelvic ring fractures	372
16.1B	Acetabular fractures	388
16.2	Unstable 61C pelvic ring injury in an elderly patient with complete and bilateral posterior and anterior fractures	402
16.3	Pelvis, acetabulum: a displaced high anterior column fracture of the left acetabulum—62A3	412
16.4	Pelvis, acetabulum: minimally displaced left anterior column posterior hemitransverse acetabular fracture—62B2, and associated right pelvic ring injury with right sacral fracture and bilateral superior and inferior rami fractures—61B2	416
16.5	Pelvis, acetabulum: both-column acetabular fracture—62C1	426
17.1	Femur, proximal: introduction	430
17.2	Femur, proximal: extraarticular fracture, intertrochanteric—31A3	442
17.3	Femur, proximal: extraarticular fracture, trochanteric area pertrochanteric simple—31A1	450
17.4	Femur, subtrochanteric, multifragmentary—32B3.1	458
17.5	Femur, proximal: extraarticular fracture, intertrochanteric—31A3 and wedge subtrochanteric fracture—32B2.1	464
18.1	Femur, shaft: introduction	478
18.2	Femur, shaft: wedge fracture, fragmented wedge—32B3	496
18.3	Femur, shaft: wedge fracture, comminuted wedge—32B3	504
18.4	Femur, shaft: segmental fracture—32C2	512
19.1	Femur, distal: introduction	518
19.2	Femur, distal: periprosthetic fracture—V.3-B1	536
19.3	Femur, distal: intraarticular fracture—33C2	546
19.4	Femur, distal: intraarticular simple fracture—33C1	556
19.5	Femur, distal: intraarticular fracture—33C3	564
19.6	Femur, distal—33C3	572
20.1	Tibia and fibula, proximal: introduction	588
20.2	Tibia and fibula, proximal: metaphyseal simple fracture—42A2	614
20.3	Tibia and fibula, proximal: intraarticular bicondylar fracture with a nonimpacted, metaphyseal component—41C3 with diaphyseal involvement	624
20.4	Tibia and fibula, proximal: intraarticular bicondylar fracture, no metadiaphyseal involvement—41C3	640
20.5	Tibia and fibula, proximal—42A	654

21.1	Tibia and fibula, shaft: introduction	660
21.2	Tibia, shaft: complex fracture—42C3	676
21.3	Tibia and fibula, shaft: simple fracture, transverse—42A2	682
21.4	Tibia and fibula, shaft: wedge fracture, spiral wedge—42B3	688
21.5	Tibia, shaft: complex fracture—42C2	696
22.1	Tibia and fibula, distal: introduction	704
22.2	Tibia and fibula, distal: torsional wedge fracture of the distal tibia with posterolateral articular extension—42B2 in combination with a multifragmentary fracture of the distal fibula—44C2	728
22.3	Tibia and fibula, distal: intraarticular simple fracture of the distal tibia—43C1 with simple fracture of the distal fibula	734
22.4	Tibia and fibula, distal: intraarticular complex fracture of the distal tibia—43C3 with simple fracture of the distal fibula	744
22.5	Tibia and fibula, distal: extraarticular multifragmentary distal tibial fracture—43A3 in combination with a multifragmentary distal fibular fracture	754
23.1	Calcaneus: introduction	764
23.2	Bilateral calcaneal fracture—82B1 (tongue type), Sanders type II	788
23.3	Displaced, intraarticular calcaneal fracture—82C2: surgical treatment with minimally invasive plate osteosynthesis via sinus tarsi approach in Sanders type III fracture	796
24.1	Pediatric fractures: introduction	802
24.2	Tibia and fibula, shaft: simple fracture, oblique—42A3	812
24.3	Tibia and fibula, shaft: simple fracture, transverse—42A3	818
24.4	Femur, shaft: simple fracture, transverse—32A3	824
24.5	Femur, shaft: unstable fracture—32D5.1	832
25.1	Minimally invasive plate osteosynthesis in periprosthetic fracture management	838
25.2	Periprosthetic fracture: total knee replacement case, femur—3[V]B1	850
25.3	Periprosthetic fracture: total hip replacement case—32A1(c)	858
25.4	Periprosthetic fracture: interprosthetic case—32B1(c)	864
26	Special indications	870
26.1	Introduction	870
26.2	MIPO in open fractures	872
26.3	MIPO for deformity or malunion correction	884
26.4	MIPO in limb lengthening	896
26.5	Bone transport over a plate	908
26.6	Use of MIPO in the treatment of nonunion	924
27	Implant removal	934