

Contents

Acknowledgments — VII

Foreword — IX

Preface — XIX

Introduction — 1

Part 1: Professional Lessons Every Trader Needs to Know

Chapter 1

Trading in Options — 7

The One-Man Insurance Company (TOMIC) — 8

Build an Infrastructure — 9

Build a Trading Plan — 9

Select Trades Based on Articulated Criteria — 10

Manage Risks — 11

Learn All the Essential Elements of Trading — 12

Chapter 2

Risk Management — 14

The Option Pricing Model — 14

The Options Greeks — 15

Delta — 16

Change in Underlying Price — 17

Change in Strike Price — 18

Time to Expiration — 18

Volatility — 19

Gamma — 20

Price of the Underlying — 22

Strike Price — 22

Time to Expiration — 23

Volatility — 24

Vega — 27

Price of the Underlying — 28

Strike Price — 28

Time to Expiration — 29

Volatility — 30

Theta —	31
Price of the Underlying —	31
Strike Price —	32
Time to Expiration —	34

Chapter 3

Market Makers, Risk, and the Individual Trader — 36

How Market Makers Make Money —	36
Skew —	39
Term Structure —	40
Market Maker Size —	41
Market Maker Global Risk —	42

Chapter 4

Volatility — 44

Realized Volatility —	44
Zone 1 Ultra-low Volatility —	44
Zone 2 —	46
Zone 3 —	48
Zone 4 —	50
Implied Volatility —	52
Zone 1 —	52
Zone 2 —	53
Zone 3 —	54
Zone 4 —	55
Volatility in 2020 —	55

Chapter 5

What Is Edge? — 59

Edge —	59
10-Day HV —	60
20-Day HV —	61
60-Day HV —	61
Review the IV of the Product —	62
IV30 —	63
Term Structure —	64
Skew —	65
Know the <i>Zone</i> of the Market —	67
Select the Trade —	67

Chapter 6

Locking in Edge — 70

The Retail Trader — 71

Establish the Option You *Want* to Trade — 71

Establish the Offsetting Contract — 72

The Hard and Soft Side of a Trade — 72

Execute, Manage, Exit — 74

Part 2: Using Spreads

Chapter 7

A Review of Basic Spreads — 77

The Vertical Call Spread — 77

The Put Spread — 78

The Straddle — 82

Long Straddle — 82

Short Straddle — 83

The Strangle — 85

Long Strangle — 85

Short Strangle — 86

Chapter 8

A Closer Look at Advanced Spreads — 88

The Iron Butterfly — 88

The Short Iron Butterfly — 88

The Long Iron Butterfly — 92

Standard Butterfly — 93

The Iron Condor — 95

The Short Iron Condor — 96

The Calendar Spread — 98

The Long Calendar — 99

The Short Calendar — 100

Front and Back Spreads — 101

Back Spreads — 101

Front Spreads — 102

Chapter 9

Adding Edge to Spreads — 104

Credit/Debit Spreads — 104

Volatility — 106

Skew — 108

Management — 110

A Few Words on Adjusting — 112

Chapter 10

Butterflies and Condors — 113

The Butterfly — 113

Trading a Butterfly — 114

Targeting Profit in a Butterfly — 119

Condors — 119

Strangle — 119

IV and HV — 120

Skew — 122

Set Up and Management — 124

Chapter 11

The Front Spread — 125

What Is a Front Spread? — 125

Creating a Front Spread — 126

The Broken Wing Butterfly — 130

Trade Management — 131

Beginning of Front Spread in TSLA — 132

Target Profit — 133

Broken Wing Butterfly Variation — 134

Chapter 12

Calendar Spreads — 136

Creating a Calendar — 137

Evaluate Overall Implied Volatility — 138

Evaluate Term Structure — 139

Evaluate Event Risk — 141

Evaluate Realized Volatility — 141

Choose the Right Strikes — 142

Execute the Trade — 143

Manage the Trade — 145

Exit — 145

Part 3: Global Risk and Volatility

Chapter 13

How a Market Maker Trades — 149

Market Making — 149

The Trader — 152

Chapter 14

Portfolio Greeks — 155

Delta — 155

Gamma — 156

Theta and Vega — 156

Theta — 156

Vega — 157

Managing a Book — 162

Chapter 15

Trading Volatility — 163

The VIX — 163

The Weekend Effect — 165

VIX Futures — 166

VIX Options — 169

Chapter 16

Trading VIX ETPs — 175

VIX ETPs and the Issue of Contango — 175

Inverse Volatility ETPs — 177

Trading Volatility ETPs — 179

Part 4: Appendix

Appendix A

Important Terms — 185

List of Figures — 201

List of Tables — 205

About the Authors — 207

Index — 209