Contents

Acknowledgment	tsi
Preface	x
N	1arilyn Wann
Introduction	
E	rin Cameron and Constance Russell
Part One: Storyi	ng Fat Pedagogy
-	cking the Bones
-	t Invisibility, Fat Hate: Towards a Progressive Pedagogy of Size
	How Can You Be Teaching This?": Tears, Fears, and Fat
	eflections on Thin Privilege and Responsibility
Part Two: Praction	cing Fat Pedagogies
-	omise to Try: Combating Fat Oppression Through Pedagogy in Tertiary Education 53 Cat Pausé
Deep Listening, a	ching Fat Studies in a Liberal Arts College: The Centrality of Mindfulness, and Empathic Interpretation as Pedagogic Methods



Chapter Seven: Weapons of Mass Distraction in Teaching Fat Studies: "But Aren't They Unhealthy? And Why Can't They Just Lose Weight?"	'1
Chapter Eight: Creating Space for a Critical Examination of Weight-Centered Approaches in Health Pedagogy and Health Professions	31
Chapter Nine: The Enemy Within: Teaching "Hard Knowledges" About "Soft Bodies" in a Kinesiology Faculty)1
Chapter Ten: "Obesity" Warriors in the Tertiary Classroom)1
Part Three: Researching Fat Pedagogies	
Chapter Eleven: Fat Bullying of Girls in Elementary and Secondary Schools: Implications for Teacher Education	3
Chapter Twelve: Critical Pedagogical Strategies to Disrupt Weight Bias in Schools	23
Chapter Thirteen: Recognizing and Representing Bodies of Difference Through Art Education	33
Chapter Fourteen: Moving Beyond Body Image: A Socio-Critical Approach to Teaching About Health and Body Size	í 1
Chapter Fifteen: Promoting Physical Activity for All Shapes and Sizes	51
Chapter Sixteen: Inclusion of Fat Studies in a Difference, Power, and Discrimination Curriculum	51
Chapter Seventeen: Learning to Teach Every Body: Exploring the Emergence of a Critical "Obesity" Pedagogy	71
Chapter Eighteen: An "Intervention" Into Public Health Interventions: Questioning the Weight-Based Paradigm	79
Chapter Nineteen: Mitigating Weight Stigma Through Health Professional Education	39

Contents

Part Four: Expanding Fat Pedagogies
Chapter Twenty: Fat Studies in the Field of Higher Education: Developing a Theoretical Framework and Its Implications for Research and Practice
Chapter Twenty One: We Take "Cow" as a Compliment: Fattening Humane, Environmental, and Social Justice Education
Chapter Twenty Two: A Tale of Three Classrooms: Fat Studies and Its Intellectual Allies
Chapter Twenty Three: A Public Pedagogy Approach to Fat Pedagogy
Chapter Twenty Four: Navigating Morality, Politics, and Reason: Towards Scientifically Literate and Intellectually Ethical Fat Pedagogies
Conclusion: A Fat Pedagogy Manifesto
Biographical Statements for Contributors
Author Index
Subject Index