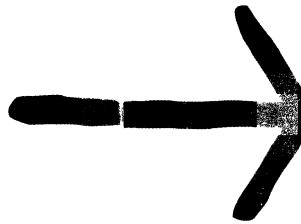


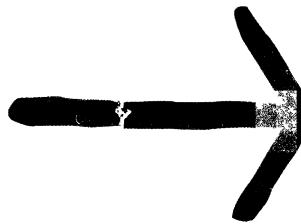
DAMPF ABLASSEN



Alternativen zu Boxsack & Yogamatte

8

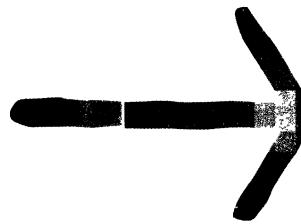
PLAUDERN UND GENIEßen



Den Tag Revue passieren lassen

70

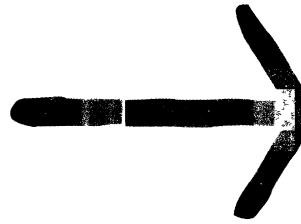
HORIZONT ERWEITERN



Kunst- und Kulturhäppchen

132

ABENTEUER IN SICHT



Mikroabenteuer für alle Tage

194