

# Contents

**12**

**The Black Forest –  
idyll and inspiration**

**26**

**The Southern  
Black Forest –  
spectacular scenery  
and steep summits**

Page 34

A culinary quartet –  
Black Forest gâteau,  
kirsch, ham and trout

Page 70

Living history –  
the Black Forest farm

Page 78

“The fool doth think  
he is wise, but the wise  
man knows himself  
to be a fool.”

(William Shakespeare)

**108**

**The Northern Black  
Forest – pine forest,  
thermal springs and  
theme routes**

Page 120

From the Black Forest  
to China – cuckoo clocks  
and glassblowing

134 index

135 map

136 credits