

Contents

1. Principles of Orthopaedic Rheumatology	3
<i>S. Sell, S. Rehart</i>	
2. The Hand	7
<i>S. Rehart, S. Sell, B. Kuroschi, J. Richard</i>	
2.1 General	7
2.2 The Wrist	8
2.2.1 Arthroscopic Synovectomy of the Wrist	8
2.2.2 Radiolunate Arthrodesis	10
2.2.3 Ulnar Head Resection	13
2.2.4 Wrist Prosthesis	15
2.2.5 Mannerfelt Wrist Arthrodesis	20
2.3 Tendons	23
2.3.1 Flexor Tendon Synovitis in the Carpal Tunnel	23
2.3.2 Finger and Metacarpal Flexor Tendon Synovectomy	24
2.3.3 Wrist Extensor Tendon Synovectomy	26
2.3.4 Tendon Ruptures	28
2.4 The Finger	32
2.4.1 Metacarpophalangeal Joint Synovectomy	32
2.4.2 Swanson Prosthesis of Metacarpophalangeal Joint	33
2.4.3 Proximal Interphalangeal Joint Arthrodesis	37
2.4.4 Proximal Interphalangeal Joint Prosthesis	38
2.4.5 Arthrodesis of the Thumb Metacarpophalangeal Joint	40
2.4.6 Littler's Intrinsic Release of Swan Neck Deformity	41
2.4.7 Boutonnière Deformity	44
2.4.8 Trapezium Resection with Suspension Arthroplasty (Destruction of Thumb Carpometacarpal Joint)	45
3. The Elbow	51
<i>S. Sell, S. Rehart, C. Chan, M. Henniger</i>	
3.1 Elbow Synovectomy	51
3.1.1 Arthroscopic Synovectomy of the Elbow Joint	52
3.1.2 Open Synovectomy of the Elbow Joint	53
3.1.3 Resection of Rheumatic Nodules and Bursae in the Elbow	54
3.2 Elbow Prosthesis	55
4. The Shoulder	63
<i>S. Rehart, S. Sell, C. Chan, A. Sachs</i>	
4.1 Arthroscopic Synovectomy of the Shoulder Joint	63
4.2 Rotator Cuff Tear	65
4.3 Shoulder Endoprosthesis	67
4.3.1 Head Resurfacing/Head Replacement	67
4.3.2 Reverse Shoulder Prosthesis	70
5. The Foot	75
<i>S. Sell, S. Rehart, M. Henniger, B. Kuroschi</i>	
5.1 Indications and Therapeutic Plan	75
5.2 Proximal Corrective Osteotomy	75
5.3 Scarf Osteotomy	77
5.4 Great Toe Metatarsophalangeal Joint Arthrodesis	80
5.5 Great Toe Metatarsophalangeal Joint Prosthesis	82
5.6 Helal Osteotomy	86
5.7 Weil Osteotomy	87
5.8 Resection of Metatarsal Heads II–V	90
5.8.1 Dorsal Approach (Hoffman)	90
5.8.2 Plantar Approach (Tillman)	92
5.9 Great Toe Interphalangeal Joint Arthrodesis	95
5.10 Proximal Interphalangeal Joint Arthrodesis	97
6. The Ankle	101
<i>S. Sell, S. Rehart, A. Leher, V. Crnic</i>	
6.1 Arthroscopic and Open Synovectomy/Tenosynovectomy of the Tibiotalar Joint	101
6.2 Tibiotalar Joint Prosthesis	104

6.3	Arthrodesis of the Tibiotalar Joint	107	6.4.1	Arthrodesis of the Talocalcaneal Joint	113
6.4	Arthrodesis of the Subtalar Joint	113	6.4.2	Arthrodesis of the Talonavicular Joint	116
7.	The Knee	121			
	<i>S. Sell, S. Rehart, V. Crnic, A. Schoeniger</i>				
7.1	Arthroscopic Synovectomy / Baker’s Cyst	121	7.2	Knee Endoprosthesis	138
8.	The Hip	135			
	<i>S. Rehart, S. Sell, V. Crnic, A. Lust</i>				
8.1	Hip Prosthesis	135			
9.	The Spine	143			
	<i>H. Boehm</i>				
9.1	Cervical Spine: Atlantoaxial Reduction and Fusion	143	9.3	Vertebral Body Augmentation through Vertebroplasty or Kyphoplasty	154
9.2	Thoracolumbar Corrective Osteotomy for Ankylosing Spondylitis	149			
	Index	159			