

# Table of Contents

<b>A</b>	<b>BIOLOGIC BASICS</b>	<b>1</b>	
<b>1</b>	<b>General Principles of Augmentation Surgery</b>	<b>3</b>	
1.1	Bone as a Success Factor in Implantology	3	
1.2	Aims of Bone Augmentation: Function – Esthetics – Prognosis	4	
1.3	Atrophy of the Alveolar Process	7	
1.4	Classifications of Alveolar Ridge Atrophy	8	
1.5	Alternatives to Alveolar Ridge Augmentation	11	
1.6	Prosthetic Versus Regenerative Approaches to Defects	11	
1.7	Soft Tissue Augmentation and Management	12	
1.8	Risk Management: SAC Classification	13	
1.9	Teamwork	13	
1.10	References	14	
<b>2</b>	<b>Biologic Basis of Bone Regeneration and Wound Healing</b>	<b>15</b>	
2.1	Bone Tissue Structure	15	
2.2	Wound Healing	18	
2.3	Wound Balance: Proinflammatory and Anti-inflammatory Wound Environment	20	
2.4	Bone Remodeling	22	
2.5	Resorption Protection of Bone Grafts	25	
2.6	Osteoconduction and Osteoinduction	28	
2.7	Factors Influencing the Healing Potential of Bone Defects	30	
2.8	Defect Classes and Augmentation Techniques	30	
2.9	Mechanism of Impaired Wound Healing and Wound Dehiscence	32	
2.10	Biofilm as a Triggering Factor of Impaired Wound Healing	33	
2.11	The Race of Bacteria Against Angiogenesis	34	
2.12	Clinical Consequences: Prevention of Wound Dehiscence	34	
2.13	Open Wound Healing	36	
2.14	Increasing Antibiotic Resistance	36	
2.15	References	37	
<b>3</b>	<b>Bone Grafts</b>	<b>39</b>	
3.1	Biologic Effect of Bone Grafts	39	
3.2	Graft Bed	44	
3.3	The Gold Standard: The Autogenous Iliac Bone Graft	44	
3.4	Donor Sites: Quality and Harvest Morbidity of Autogenous Bone Grafts	44	
3.5	References	54	

<b>4</b>	<b>Augmentation Surgery Materials</b>	<b>55</b>	<b>B</b>	<b>OPERATING TECHNIQUES</b>	<b>85</b>
4.1	Properties of Foreign Materials	55	<b>5</b>	<b>Patient Management and Surgery Preparation</b>	<b>87</b>
4.2	Bone Graft Substitutes	57	5.1	Elective Surgery	87
4.3	Dentin as a Bone Graft Substitute	58	5.2	Patient Selection According to Risk Factors	87
4.4	Bone Products: Allogeneic and Xenogeneic Bone Grafts	59	5.3	Informing the Patient	92
4.5	Soft Tissue Replacement Materials	63	5.4	Realistic Patient Expectations	92
4.6	Clinical Differential Indication of Autogenous Materials Versus Foreign Materials	65	5.5	Shared Decision Making	92
4.7	Membranes	65	5.6	Anti-infective Patient Preparation	93
4.8	Bioactive Materials and Tissue Engineering	67	5.7	Surgical Preparation, Anesthesia, and Sedation	94
4.9	Conclusions on Bioactive Materials and Tissue Engineering	79	5.8	Perioperative Medication Including Antibiotics	96
4.10	References	81	5.9	Provisional Prosthetic Restoration	98
			5.10	References	105
			<b>6</b>	<b>Bone Grafting: Standards and Surgical Technique</b>	<b>107</b>
			6.1	Conditions for Bone Grafting	107
			6.2	Mixed Bone Grafts	112
			6.3	Resorption Protection of Bone Block Grafts	115
			6.4	Instruments	115
			6.5	Surgical Procedure	118
			6.6	One- or Two-Stage Implant Placement with Bone Grafting	125
			6.7	References	126

## **7 Soft Tissue Management and Augmentation 127**

- 7.1 Dimensions of the Soft Tissue around the Dental Implant 127
- 7.2 Access Incision Guidelines 128
- 7.3 Flap Types 130
- 7.4 Vestibuloplasty and Other Soft Tissue Plastic Surgery 131
- 7.5 Flap Tension and Mobilization 132
- 7.6 Suture Technique and Material 133
- 7.7 Implant Uncovering After Bone Augmentation 134
- 7.8 Soft Tissue Augmentation for Widening Keratinized Attached Gingiva on Dental Implants 136
- 7.9 Soft Tissue Augmentation to Increase The Mucosal Thickness at Dental Implants 146
- 7.10 Soft Tissue Augmentation in Conjunction with Immediate Implant Placement 146
- 7.11 Soft Tissue Augmentation Instead of Guided Bone Regeneration 146
- 7.12 Soft Tissue Augmentation for Recession Coverage on Dental Implants 146
- 7.13 Vascularized Connective Tissue Flap Coverage 147
- 7.14 Tunneling Techniques 150
- 7.15 Contraindications 150
- 7.16 References 157

## **8 Standard Surgical Techniques for Augmentation 159**

- 8.1 Inlay Grafts 159
- 8.2 Interpositional Grafts 167
- 8.3 Appositional Bone Grafts (Horizontal Augmentation) 187
- 8.4 Onlay Bone Grafts (Vertical Augmentation) 198
- 8.5 References 204

## **9 Alternatives and Adjuncts to Standard Augmentation Techniques 207**

- 9.1 Titanium Mesh Technology 207
- 9.2 Partial Tooth Extractions 213
- 9.3 Implant Site Preparation by Condensation, Bone Expansion Screws, Conical Implants, and Bone Spreaders 213
- 9.4 Vertical Distraction Osteogenesis of the Alveolar Process 215
- 9.5 Bone Ring Technique with Simultaneous Implant Placement 222
- 9.6 Extraoral Tent-Pole Technique in the Anterior Mandible and Lower Border Augmentation 223
- 9.7 Shell and Tent Techniques 223
- 9.8 Ridge Switch Graft for a Narrow Ridge 225
- 9.9 Apical U-Shape Splitting Technique 225
- 9.10 References 226

## **10 Extraction Socket Treatment 227**

- 10.1 Gentle Tooth Extraction and Surgical Treatment of the Extraction Wound 227
- 10.2 Goals of Ridge Preservation 228
- 10.3 Socket Grafting in Intact Alveoli 230
- 10.4 Socket Grafting with an Alveolar Defect 230
- 10.5 Primary Reconstruction of Extraction Socket Walls Using Bone Blocks 238
- 10.6 Socket Seal Surgery 238
- 10.7 Augmented Immediate Implant Placement 239
- 10.8 Socket-Shield Technique 243
- 10.9 References 244