

Contents

Preface	xvi
Contributors	xvii
Part I: Basic Science	
1. Epidemiology.....	2
<i>Jennifer C. E. Lane, Justin C. R. Wormald, Michael Ng, and Dominic Furniss</i>	
1.1 Introduction.....	2
1.1.1 Routinely Collected, Real-World Data	2
1.1.2 Registry Data	2
1.1.3 The Value of Epidemiological Studies in Hand Surgery	2
1.1.4 International Collaboration and Federated Network Analyses	3
1.2 Flexor Tendon Injury in the National Health Service in England	3
1.2.1 Methods	3
1.2.2 Results	3
1.2.3 Discussion	4
References	5
2. Anatomy and Biomechanics of the Extensor Tendon System.....	6
<i>Donald Sammut</i>	
2.1 Introduction.....	6
2.2 In the Forearm	6
2.2.1 Group A1: The Mobile Wad	6
2.2.2 Group A2: EDC, EIP, EDM, ECU	7
2.2.3 The Oblique Group: APL, EPB, EPL	7
2.3 At the Wrist.....	7
2.3.1 The Extensor Compartments.....	8
2.4 Other Biomechanical Issues at the Wrist	10
2.5 Over the Metacarpals	12
2.6 The Extensor Apparatus in the Digits...	13
2.6.1 The Dynamic Element	15
2.6.2 The Static Elements.....	15
2.7 Conclusion	17
References	18
3. The Flexor System Anatomy and Biomechanics.....	19
<i>Duncan Angus McGrouther</i>	
3.1 Introduction.....	19
3.2 Forearm	19
3.3 The Flexor Digitorum Sublimis (Superficialis) (FDS).....	19
3.4 Flexor Digitorum Profundus (FDP)	20
3.5 The Wrist Flexor Tendons	21
3.6 The Carpal Canal and the Synovial Sheaths	21
3.7 Lumbrical and Interossei Muscles	22
3.8 Palmar and Digital Areas—Do Zones Exist?	23

3.9	The Flexor Sheath	23	3.12	Automatic Mechanisms of the Hand ...	31
3.9.1	Flexor Tendon Dynamics: Internal Fascicular Spiraling of FDS	25	3.13	Tenodesis at the Wrist	32
3.9.2	Flexor Tendon Dynamics: Internal Fascicular Spiraling of FDP	25	3.14	Tenodesis of MP and PIP	32
3.10	Proximal to the A1 pulley	28	3.15	Summary	32
3.11	Synovium	28		References	33
4.	Basic Science of Tendon Healing				34
	<i>Kavit Amin, Georgia Marion Savvides, and Jason Wong</i>				
4.1	Why Does Tendon Healing Create Such a Problem for Hand Surgeons?	34	4.2.3	Concepts in Tendon Healing	35
4.2	Why Are Tendons Hard to Heal?	34	4.2.4	Injury Response	35
4.2.1	Anatomical Considerations	34	4.2.5	The "Future" of Tendon Healing	39
4.2.2	Microanatomy	34		References	40
Part II: Traumatic Injuries to the Extensor Tendons					
5.	Injuries at the Distal Interphalangeal Joint				44
	<i>Ryan W. Trickett</i>				
5.1	Introduction and Historical Perspective	44	5.5.2	Open Tendinous Injuries	48
5.2	Diagnosis, Pitfalls, and Investigations ...	45	5.5.3	Open Bony Mallet Injury	48
5.3	Options for Management	46	5.5.4	Chronic Neglected Injuries	48
5.4	Indications for Surgery	47	5.6	Author's Preferred Technique	49
5.5	Surgical Techniques	47	5.7	Essential Rehab Points	50
5.5.1	Closed Bony, Incongruent Joint	47	5.8	Conclusion	50
				References	50
6.	Injuries at the Proximal Interphalangeal Joint				52
	<i>Olga Schuth and Wyndell H. Merritt</i>				
6.1	Traumatic Extensor Tendon Injuries at the Proximal Interphalangeal Joint	52	6.2	Traumatic Extensor Tendon Injuries Associated with PIP Dislocations	58
6.1.1	Anatomic and Biologic Considerations ...	52	6.2.1	Introduction	58
6.1.2	The Relative Motion Concept: The "Quadriga Effect" for Early Active Motion	53	6.2.2	Relevant Anatomy	59
6.1.3	Acute Boutonniere Deformity	53	6.2.3	General Considerations	59
6.1.4	Chronic Boutonniere Deformity	55	6.2.4	Dorsal Dislocations of the PIP joint.	60
6.1.5	Chronic Pseudoboutonniere Deformity ...	57	6.2.5	Volar Dislocations of the PIP joint.	60
			6.3	Conclusion	61
				References	61

7.	Injuries to the Sagittal Bands	62		
	<i>Nina Suh</i>			
7.1	Introduction	62	7.3.3	Author's Preferred Technique: Tips and Tricks
7.2	Diagnosis/Pitfalls/Investigations	62		64
7.3	Management Options	63	7.4	Essential Rehabilitation Points
7.3.1	Nonoperative	63	7.5	Conclusions
7.3.2	Surgical	63		References
				65
8.	Injuries at the Metacarpophalangeal Joint and "Fight-Bites"	66		
	<i>David J. Shewring</i>			
8.1	Introduction	66	8.5	Microbiology
8.2	Assessment	67	8.6	Further Surgical Procedures
8.3	Surgical Approach: Author's Preferred Techniques	67	8.7	Follow-up
8.3.1	Clean Injuries	67	8.8	Conclusion
8.3.2	"Fight-Bites"	67		References
				68
8.4	Fight-Bite Injuries to the Proximal Interphalangeal Joint	68		
9.	Helpful Details of Extensor Tendon Injury and Repair	70		
	<i>Donald H. Lalonde</i>			
9.1	Ultrasound Diagnosis by the Surgeon and Therapist in the Hand Surgery Clinic	70	9.6	Wide-Awake Local Anesthesia No Tourniquet (WALANT) Surgery for Extensor Tendon Repair
9.2	Extensor Tendons Can Heal and Function Well with a Small Gap	70	9.7	How to Inject Minimally Painful Local Anesthesia for Wide-Awake Extensor Tendon Repair
9.3	Dermatotenodesis Is Helpful, Especially with Jagged Injuries such as with Table Saws or Grinders	70	9.8	Identifying the Correct Anatomy of Proximal Tendon Ends in Saw-Induced Spaghetti Wrists or Forearms in Awake Patients
9.4	Relative Motion Flexion Splinting of the MP Joint Is Very Important in Boutonniere Injuries	70	9.9	Suture Technique for Extensor Tendon Repair
9.5	Relative Motion Extension Splinting of the MP Joint and Early Protected True Active Movement Is Good in Zones 5 and 6 Extensor Tendon Injuries	71	9.10	You Do Not Need to Use Permanent Sutures in Extensor Tendons
				References
				72

10. Dorsal Hand Injury: Composite Loss				74
<i>Che-Hsiung Lee and Yu-Te Lin</i>				
10.1 Introduction and Historical Perspective			74	
10.2 Planning of Reconstruction			74	
10.3 Specific Surgical Techniques			75	
10.3.1 Cutaneotendinous Flaps			75	
10.3.2 Fasciocutaneous Flap Combined with Nonvascularized Tendon Grafts			75	
10.4 Authors' Preferred Technique/Tips and Tricks				77
10.5 Rehabilitation				78
10.6 Conclusion				78
References				78
11. Rehabilitation Following Extensor Tendon Injury				80
<i>Nick Gape and Sarah Turner</i>				
11.1 Zone 3		80		
11.1.1 Closed Injuries		80		
11.1.2 Surgically Repaired Injuries		82		
11.2 Zones 5–6		83		
11.3 Zone 7		84		
11.4 Zones 8/9				84
11.5 The Thumb				85
11.6 Conclusion				86
References				86
Part III: Traumatic Injuries to the Flexor Tendons				
12. Zone 1 Flexor Tendon Injury				90
<i>Dean E. Boyce and Jurga Pikturnaite</i>				
12.1 Epidemiology and Etiology		90		
12.2 Clinical Presentation and Diagnosis		90		
12.3 Types and Classifications		90		
12.4 Overview of Treatment Options for Zone 1 FDP Tendon Injuries		92		
12.4.1 Management of Open Zone 1 Flexor Tendon Injuries		92		
12.4.2 Management of Closed Zone 1 Flexor Avulsion Injuries		93		
12.5 Complex Injuries				95
12.6 Predictors of Outcome				96
12.7 Rehabilitation				98
12.8 Author's Preferred Method of Repairing Zone 1 Flexor Tendon Avulsion Injury				98
References				99
13. Injuries in Zone II				102
13.1 The History of Flexor Tendon Injuries in Zone 2: 100 Years of Knowledge, Understanding, and Practice		102		
<i>Rob Savage</i>				
13.1.1 Repair Principles in 1922		102		
13.1.2 Early Knowledge of Tendon Health, Healing, and Repair				102
13.1.3 No-Man's Land and the Tendon Graft 1930–1970				102
13.1.4 Changes in Surgical Suture Materials				103
13.1.5 Resurgence of Primary Tendon Repair				103

13.1.6	Revelations of the Effects of Surgical Treatment on Tendon Healing and Adhesion	103	13.3.6	Summary and Optimum Combination of Factors	112
13.1.7	Strategies for Managing Adhesion	103		References	112
13.1.8	Building Effective Tendon Repairs to Allow Active Movement	104	13.4	"How I Do It"	113
13.1.9	Challenging the Dogma of Absolute Sheath Closure	104	13.4.1	How I Do It: By Rob Savage	113
13.1.10	Mobilization	104	13.4.2	How I Do It: By Jin Bo Tang	114
13.1.11	Current Clinical Trends and Conclusion	105	13.4.3	How I Do It—Adelaide Flexor Tenorrhaphy: By Michael Sandow	116
	References	105	13.5	Postoperative Management Regimes	120
13.2	Approaches, Treatment of the Sheath and Tendon Retrieval	106		<i>Karen Redvers-Chubb and Denise O'Brien</i>	
	<i>Jin Bo Tang</i>		13.5.1	Introduction	120
13.2.1	Approaches	106	13.5.2	Work of Flexion and Rehabilitation	120
13.2.2	Treatment of the Sheath	106	13.5.3	Wrist Position and Flexor Tendon Glide	120
13.2.3	Tendon Retrieval	106	13.5.4	Progression of Flexor Tendon Regimes	120
	References	107	13.5.5	Flexor Pollicis Longus Repair and Rehabilitation	121
13.3	Suture Techniques	108	13.5.6	Flexor Tendon Repairs in Children	122
	<i>Michael Sandow</i>		13.5.7	Conclusion	123
13.3.1	Introduction	108		References	123
13.3.2	Flexor Tenorrhaphy Principles	108	13.6	Outcome Measurement	124
13.3.3	Repair Components	108		<i>Joy C. MacDermid</i>	
13.3.4	Outcomes Testing	111	13.6.1	Selection of Outcome Measure	124
13.3.5	Causes of Failure—What It Tells Us	111	13.6.2	Implementation of Outcome Measures	127
				References	127
14.	Traumatic Injuries to the Flexor Tendons in Zones 3, 4, and 5	130			
	<i>Michael Wayne Solomons</i>		14.5.1	Zone 3	132
14.1	Introduction and Historical Perspective	130	14.5.2	Zone 4	133
14.2	Diagnosis and Investigations	130	14.5.3	Zone 5	134
14.3	Options for Management	131	14.6	Author's Preferred Technique: Tips and Tricks	136
14.3.1	Nonoperative	131	14.6.1	Rehabilitation	136
14.3.2	Surgical	132	14.7	Conclusion	137
14.4	Indications for Surgery	132		References	137
14.5	Surgical Techniques	132			
15.	Injuries to the Flexor Pollicis Longus	138			
	<i>Maurizio Calcagni, Esther Vögelin, Bernadette Tobler, Vera Beckmann-Fries, and Marco Guidi</i>		15.4	Zone 1 Injuries	139
15.1	Introduction	138	15.5	Zone 2 Injuries	139
15.2	Pitfalls	138	15.6	Rehabilitation	140
15.3	Author's Preferred Technique	139			

15.7	The Retracted FPL	140	15.9	Conclusion	141
15.8	Functional Outcomes	141		References	141
16.	Traumatic Pulley Problems				143
	<i>Andreas Schweizer</i>				
16.1	Anatomy and Biomechanics of the Pulleys	143	16.4	Conservative Treatment of Closed Pulley Disruption	145
16.2	Pathophysiology of Closed Flexor Pulley Lesions	143	16.5	Pulley Reconstruction	145
16.3	Diagnosis of Closed Pulley Injuries	144	16.6	Iatrogenic Pulley Lesions and Pulley Venting for Flexor Tendon Suture	148
				References	149
17.	Closed Ruptures of Flexor and Extensor Tendons of the Wrist and Hand	150			
	<i>Daniel J. Brown</i>				
17.1	Introduction	150	17.3.1	Presentation and Diagnosis	153
17.2	Etiology	150	17.3.2	Investigation	153
17.2.1	Acute Spontaneous Rupture	150	17.4	Options for Management	153
17.2.2	Infiltrative—Secondary to Inflammatory Processes, as in Rheumatoid Arthritis	151	17.4.1	Nonoperative Management	153
17.2.3	Attritional—Secondary to Mechanical Processes, in Arthritis and Similar Conditions	151	17.4.2	Indications for Surgery	154
17.2.4	Posttraumatic—Secondary to Previous Trauma, Specifically Distal Radius Fracture	152	17.4.3	Surgical Techniques	154
17.2.5	Iatrogenic—Secondary to Orthopaedic Implants	152	17.4.4	Rehabilitation Following Closed Tendon Rupture	154
17.3	Diagnosis and Investigations	153	17.5	Conclusion	154
				References	154
18.	Flexor Tendon: Late Reconstruction and Salvage Options	156			
	<i>Gavin Schaller and Mark Pickford</i>				
18.1	Introduction	156	18.5	Vascularized Flexor Tendon Transfer ...	158
18.2	Delayed Primary Repair	156	18.6	Outcomes, Complications, and Treatment Options	159
18.3	Primary Tendon Grafting (Single-Stage Reconstruction)	157	18.7	Wide-Awake Local Anesthetic No Tourniquet (WALANT): A Technique for Improving Outcomes	160
18.4	Two-Stage Flexor Tendon Grafting	157		References	160
18.4.1	Stage 1	158			
18.4.2	Stage 2	158			

Part IV: Enthesopathies, Infection, and Inflammatory Problems

19. Trigger Digits	162		
<i>Jayaletchumi Gunasagaran, Khoo Saw Sian, and Tunku Sara Ahmad</i>			
19.1 Historical Perspective	162	19.5 Surgical Techniques	166
19.2 Diagnosis/Pitfalls/Investigations	162	19.5.1 Thumb.....	167
19.2.1 Diagnosis.....	162	19.5.2 Special Considerations.....	167
19.2.2 Classification.....	162	19.6 Technique of Percutaneous Needle Release	167
19.2.3 Pitfalls.....	163	19.7 Discussion/Conclusion	169
19.2.4 Investigations.....	163	References.....	169
19.3 Management	163		
19.3.1 Nonoperative.....	163		
19.3.2 Surgical.....	163		
19.4 Indications for Surgery	165		
20. The “Swan-Neck” Deformity	170		
<i>Anna Luan and Paige M. Fox</i>			
20.1 Introduction	170	20.5 Surgical Techniques	173
20.2 Diagnosis/Pitfalls/Investigations	171	20.6 Authors’ Preferred Technique: Tips and Tricks	176
20.3 Options for Management	172	20.7 Essential Rehabilitation Points	177
20.3.1 Nonoperative Management.....	172	20.8 Conclusion	177
20.3.2 Surgical Management.....	172	References.....	178
20.4 Indications for Surgery	173		
21. De Quervain’s and Intersection Syndrome	179		
<i>Margaret Fok and Gregory I. Bain</i>			
21.1 De Quervain’s Syndrome	179	21.2.2 Diagnosis and Pitfalls.....	181
21.1.1 Introduction and Historical Perspective....	179	21.2.3 Nonoperative Treatment.....	182
21.1.2 Diagnosis and Pitfalls.....	179	21.2.4 Surgical Intervention.....	182
21.1.3 Nonoperative Treatment.....	180	21.3 Discussion and Conclusion	182
21.1.4 Surgical Intervention.....	180	References.....	182
21.2 Intersection Syndrome	181		
21.2.1 Introduction and Historical Prospective....	181		
22. Rheumatoid Problems at the Metacarpophalangeal Joints	184		
<i>James K-K Chan and Jagdeep Nanchahal</i>			
22.1 Introduction	184	22.2 Pathophysiology	184

22.3 Principles of Management	185	22.5.5 Cross Intrinsic Release	187
22.3.1 Assessment	185	22.5.6 Crossed Intrinsic Transfer	187
22.3.2 Investigations	185	22.5.7 Rehabilitation	188
22.3.3 Consultation	185	22.6 Outcomes	188
22.4 Nonoperative Treatment	185	22.6.1 Posture, Function, and Quality of Life	188
22.5 Surgery	186	22.6.2 Complications	188
22.5.1 Preoperative Management	186	22.7 Conclusions	189
22.5.2 MCP Synovectomy and Realignment	186	References	189
22.5.3 Arthroplasty	186		
22.5.4 Technique	186		
23. Rheumatoid Digits	191		
<i>Grey Giddins</i>			
23.1 Introduction	191	23.3.1 Swan-Neck Deformity	193
23.2 Flexor Tendons	191	23.3.2 Boutonniere Deformity	193
23.2.1 Flexor Synovitis/Triggering	191	23.3.3 Mallet Deformity	194
23.2.2 Flexor Tendon Rupture	192	23.4 Conclusion	195
23.3 Extensor Tendons	193	References	195
24. The Elderly “Clasped Hand”	196		
<i>Peter Charles Rhee</i>			
24.1 Introduction	196	24.5.1 Clasped Hand with Volitional Motor Control	198
24.2 Pathoanatomy	196	24.5.2 Clasped Hand without Volitional Motor Control	200
24.3 Evaluation	196	24.5.3 Joint Contractures in Clasped Hands with or without Volitional Motor Control	200
24.3.1 Physical Examination	196	24.6 Rehabilitation	203
24.3.2 Diagnostic Studies	196	24.7 Discussion	203
24.4 Management Options	197	24.8 Conclusion	203
24.4.1 Nonoperative	197	References	204
24.4.2 Operative	197		
24.5 Author’s Preferred Technique	198		
25. Infection of the Flexor Tendon Sheaths: Pyogenic Flexor Tenosynovitis	205		
<i>Matthew M. Florczynski and Kevin C. Chung</i>			
25.1 Introduction	205	25.5 Treatment	207
25.2 Surgical Anatomy	205	25.5.1 Historical Perspective	207
25.3 Pathophysiology and Microbiology	206	25.5.2 Antibiotic Selection	208
25.4 Presentation and Diagnosis	207	25.5.3 Definitive Nonoperative Treatment	208
		25.5.4 Open versus Closed Tendon Sheath Irrigation	209

25.5.5	Continuous Postoperative Irrigation.....	210	25.7	Complications	210
25.5.6	Irrigant Solutions.....	210	25.8	Summary	211
25.6	Authors' Recommended Treatment	210		References.....	211

Part V: Pediatric Problems

26.	Trigger Thumb and Finger	216			
	<i>Pauline McGee and Wee Lam</i>				
26.1	Introduction and Historical Perspective	216	26.5	Surgical Techniques including Author's Preferred Technique/Tips and Tricks ...	217
26.2	Diagnosis/Pitfalls/Investigations	216	26.5.1	Trigger Thumb Release.....	218
26.3	Options for Management	217	26.5.2	Trigger Finger Release.....	219
26.3.1	Nonoperative.....	217	26.6	Essential Rehabilitation Points	222
26.4	Indications for Surgery	217	26.7	Conclusion	222
				References.....	222
27.	Tendon Injuries in Children	223			
	<i>Daniel Weber</i>				
27.1	Introduction	223	27.6.2	Rehabilitation in Flexor Tendon Injuries....	229
27.2	Physiology	223	27.6.3	Tendon Defects.....	230
27.3	Initial Assessment of Injuries	223	27.6.4	Secondary Reconstructions after Flexor Tendon Injuries.....	231
27.4	General Principles for Tendon Repair	224	27.7	Extensor Tendon Injuries	232
27.4.1	Incisions.....	224	27.7.1	Open Injuries with Tendon Lacerations....	232
27.4.2	Skin Sutures.....	224	27.7.2	Closed Tendon Injuries.....	233
27.5	Rehabilitation in Children	224	27.8	Complex Hand Injuries Including Tendons	234
27.6	Flexor Tendon Injuries	227		References.....	234
27.6.1	Primary Surgical Repair.....	227			

Part VI: Tendon and Nerve Transfer

28.	Principles of Tendon Transfers	238			
	<i>Neil Jones</i>				
28.1	Introduction	238	28.3	Selection of the Donor Muscle-Tendon	239
28.2	General Principles of Tendon Transfers	238	28.3.1	Expendability.....	239
28.2.1	Bone and Soft Tissue Healing.....	238	28.3.2	Amplitude.....	239
			28.3.3	Strength.....	240
			28.3.4	Direction of Transfer.....	240

28.3.5	One Function	240	28.10	Tendon Transfers for “Low” Ulnar Nerve Palsy	244
28.3.6	Synergy.....	240	28.10.1	Anatomical Considerations	244
28.4	Surgical Planning	240	28.10.2	Timing.....	247
28.5	Timing of Tendon Transfers	240	28.11	Tendon Transfers for “High” Ulnar Nerve Palsy	247
28.6	Surgical Techniques	240	28.12	Tendon Transfers for Combined Nerve Injuries	248
28.7	Tendon Transfers for Radial Nerve Palsy	241	28.13	Tendon Transfers for “Low” Median–“Low” Ulnar Nerve Palsy	248
28.7.1	Indications	241	28.14	Tendon Transfers for “High” Median–“High” Ulnar Nerve Palsy	248
28.7.2	Timing.....	241	28.15	Tendon Transfers for Reconstruction after Trauma	249
28.8	Tendon Transfers for “Low” Median Nerve Palsy	242	28.15.1	Indications	249
28.8.1	Anatomical Considerations	242		References	249
28.8.2	Timing.....	243			
28.9	Tendon Transfers for “High” Median Nerve Palsy	244			
28.9.1	Anatomical Considerations	244			
28.9.2	Timing.....	244			
29.	Radial Nerve Palsy	252			
	<i>Erik T. Walbeehm</i>				
29.1	Introduction and Historical Perspective	252	29.7	Indications for Surgery	255
29.2	Anatomy	252	29.8	Surgical Techniques	255
29.3	Etiology of Radial Nerve and PIN Palsy	253	29.9	Author’s Preferred Technique/Tips and Tricks	255
29.4	Diagnosis/Pitfalls/Investigations	253	29.10	Essential Rehabilitation Points	256
29.5	Options for Management	254	29.11	Discussion and Conclusions	256
29.6	Nonoperative Management	254		References	256
30.	Ulnar Nerve Palsy	258			
	<i>S. Raja Sabapathy and Praveen Bhardwaj</i>				
30.1	Introduction	258	30.3.2	Restoration of the Thumb Pinch	268
30.2	Role of Nerve Transfers	258	30.4	Conclusion	269
30.3	Role of Tendon Transfers	258		References	269
30.3.1	Claw Hand	258			
31.	Median Nerve Palsy	271			
	<i>Ellen Yutan Lee and Sandeep Jacob Sebastin</i>				
31.1	Introduction	271	31.2	Anatomy	271

31.2.1	Course	271	31.6 Treatment.	277	
31.2.2	Branches	271	31.6.1	Restoration of Thumb Opposition.	278
31.2.3	Variations	272	31.6.2	Restoration of Thumb and Index Finger Flexion	282
31.2.4	Points of Compression	273	31.6.3	Restoration of Sensation.	284
31.3	Classification	273	31.7 Summary	284	
31.4	Clinical Examination	274	References	285	
31.5	Investigations	276			
32.	Nerve versus Tendon Transfers	287			
	<i>Elspeth J.R. Hill, Fernando Levaro, Francisco Soldado, and Jayme A. Bertelli</i>				
32.1	Benefits of Nerve versus Tendon Transfers	287	32.4.3	Triple Nerve Transfer for Reconstruction of Motor Radial Nerve Function.	292
32.2	Our Approach: Early Nerve Reconstruction and Distal Nerve Transfers	287	32.4.4	Our Preferred Tendon Transfers for Reconstruction of Radial Nerve Function ...	293
32.3	Median Nerve Reconstruction	287	32.5 Ulnar Nerve Reconstruction	293	
32.3.1	Introduction.	287	32.5.1	Introduction.	293
32.3.2	Nerve Transfers for Reconstruction of Median Nerve Function	288	32.5.2	Our Preferred Strategy for Reconstruction of Ulnar Nerve Function.	294
32.3.3	Tendon Transfers for Reconstruction of Median Nerve Function	289	32.5.3	Our Preferred Nerve Transfers for Reconstruction of Motor and Sensory Ulnar Nerve Function	294
32.3.4	Discussion.	290	32.5.4	Our Preferred Tendon Transfers for Reconstruction of Ulnar Nerve Function ...	295
32.4	Radial Nerve Reconstruction.	290	32.6 Summary	295	
32.4.1	Introduction.	290	References	295	
32.4.2	Our Preferred Strategy for Reconstruction of Radial Nerve Function	291			
33.	Targeted Reconstructive Tendon Surgeries to Augment Key Hand Functions in Tetraplegia	296			
	<i>Jan Fridén</i>				
33.1	Introduction.	296	33.3.5	Restoration of Active Intrinsic Muscle Function (Fingers)—FDS of the Ring Finger to Lumbrical Muscles 1–4 or FDS of the Middle Finger to the Lumbrical Muscles 1–2 and FDS4 of the Ring Finger to Lumbrical Muscles 3–4.	301
33.2	Nonoperative Treatment	297	33.3.6	Thumb Positioning by EPL-EPB Tenorrhaphy and APL Tendon Shortening	301
33.3	Surgical Treatments	297	33.4 Conclusions	302	
33.3.1	Tendon Transfer of BR to ECRB	298	References	302	
33.3.2	BR-FPL via IOM.	299			
33.3.3	Intrinsic Muscle Reconstructions	299			
33.3.4	Thumb Palmar Abduction by Transfer of EDM to APB	300			
Index.				304	