

# **CONTENTS**

## **ITALIAN BREAKFAST**

CHAPTER

**01**

**SAPIENS & BULLIPEDIA**

**PAGE 17**

CHAPTER

**03**

**WHAT DOES 'ITALIAN  
BREAKFAST' MEAN?**

**PAGE 57**

CHAPTER

**02**

**CAFFÈ & CORNETTO?**

**PAGE 33**

CHAPTER

**04**

**BREAKFAST IN  
ITALY VS THE REST  
OF THE WORLD**

**PAGE 69**

CHAPTER

05

**BREAKFAST:  
A CLASSIFICATION  
PAGE 111**

CHAPTER

07

**BREAKFAST  
& BUSINESS  
PAGE 179**

CHAPTER

09

**BREAKFAST  
DELIVERY  
PAGE 325**

CHAPTER

06

**BREAKFAST  
& SOCIETY  
PAGE 143**

CHAPTER

08

**HAVING BREAKFAST  
OUT: BAR, HOTEL  
& RESTAURANT  
PAGE 241**

CHAPTER

10

**HISTORY OF  
BREAKFAST  
PAGE 373**