

Contents

Chapter I

Way of realization	1
Journey to Mexico	2
A decisive encounter	4
The palm leaf libraries	4
Agastya Rishi	6
A life changing decision	7
Journey to India	8
Agastya Rishi and Lubamitra come into my life	9
Return to Germany	10
Babaji enters the Siddhacenter	10
Any doubts will be deleted	12
A new World is going to come	13
Second journey to India	15
The blessing	15
The earth will purify itself	16

Chapter II

Current processes in nature	18
Consciousness	18
Soul-consciousness vs. Ego-consciousness	19
Process of awakening	21
Consciousness and the Individual	22
Consciousness and after life experiences	24
Consciousness and the collective	26

Consciousness can be transformed itself	28
Cosmic Cycles– The four ages	32
Kaliyuga	34
Inner and Outer encounter forces in Kaliyuga	40
Satyayuga	42
Transition from Kaliyuga to Satyayuga	44
Dimensions of consciousness	44
A misconception	47
Purification of consciousness	48
Increase light in consciousness	51
The purification process of the earth	53
The essential in overview	54

Chapter III

Prophecies for the coming time	56
We are the creators of our future	56
Perspective I: Prophecies from Babaji	59
Perspective II: European prophecy	68
The prophecy researcher Stefan Berndt	68
Alois Irlmaier	70
Perspective III: American prophecy	74
Edgar Cayce	74
Drunvalo Melchizedek	75
Perspective IV: Christian Prophecies	77
Bible verses	77
Further Christian sources	85
Perspective V: From the view of the Hopis	88

Perspective VI: From a view of a Jewish boy	91
Perspective VII: From the view of Nostradamus	92
Perspective IX: From a scientific view	94
Summary of the essential	96

Chapter IV

Healing for the Earth-

The work of the 19 Siddhas	97
The 19 Siddhas are part of unity	97
A great chance for humanity	98
A Blessing and Warning at the same time	103
What is «Maha Poorna Atma Yoga» ?	105
«NEW ENERGY WORLD»	107

Chapter V

The new cosmic human	112
The conscious creator	112
Healing of the female energy	124
The work with the inner child	125
Detachment	128
The inner observer	130
The neutral perspective	132
Inner peace	136
Unconditional love	143
Unity	147
In harmony with the laws of nature	150
Be happy!	151

Gratitude	152
Serenity	153
Forgiveness	154
Repentance	158
Spiritual Community	162
Living the own soul plan	164
Listen to the inner voice	165
An individual relationship with the divine	168
Ways to the divine	175
Karma Yoga	175
Prayer	178
The power of the name of God	179
Following the heart	180
Respect creation	184
Building up power places	185
Self sufficiency	187
Vegetarism/Veganism	190
New schools and new education concepts	194
Integrative medical system	197
Aftercare of the deceased	201
 Chapter VI	
Conclusion	203
 Bibliography	206