

# Contents

<i>List of Illustrations</i>	xi
<i>Acknowledgments</i>	xiii
Historical Introduction	3
Folk Culture, Food, and the Renaissance	7
The Seventeenth-Century English Housewife: Her Work, Knowledge, and Authority	17
Seventeenth-Century Englishwomen's Literacy and Writing	28
Receipt Books	34
Looking Back, Looking Forward: Scholarship on Receipt Books and a New Consideration of Cookbooks	44
Reading Receipt Books in the Kitchen	51
Note on the Text	56

## THREE SEVENTEENTH-CENTURY RECEIPT BOOKS

I. MS V.a.430: <i>Receipt Book</i> attributed to Mary Granville and Anne Granville D'Ewes	61
---	----

II. MS V.a.20: <i>Receipt Book</i> attributed to Constance Hall	155
III. MS V.a.450: <i>Cookery and Medical Receipt Book</i> attributed to Lettice Pudsey	245
 <i>Glossary of Culinary, Medical, and Household Terms</i>	315
<i>Works Cited</i>	359
<i>Index</i>	371