CONTENTS

Instructions for use Put to the test	1	N° 09 The Risk Test How do I handle money?	36
Prologue A brief history of the test	3	N° 10 The Social Value Orientation Test Am I generous?	40
PERSONALITY & CHARACTER	N° 11 The Myers-Briggs Indicator		
N° 01 The Temperament Test Am I a choleric?	10	Instrument (MBTI®) What type am I?	42
N° 02 The Rorschach Test Am I crazy?	14	BODY & HEALTH	
N° 03 The Big Five Test Who am I?	18	N° 12 The Alcoholic Test Do I drink too much?	50
N° 04 The Core Self-Evaluation Test Am I self-confident?		N° 13 The Two-Question Depression Test Am I depressed?	52
N° 05 The Narcissism Test How narcissistic am !?	22 26	N° 14 The Body Mass Index Te Am I too fat?	st 54
N° 06 The Polygraph Test and Reid® Method		N° 15 The Push-up Test How strong am I?	56
Who is lying to me?	30	N° 16 The Vertical Jump Test How high can I jump?	58
N° 07 The Graphology Test What does my handwriting reveal about me?	32	N° 17 The Cooper Test How much stamina do I have?	60
N° 08 The EQ Test How emotionally intelligent am I?	34	N° 18 The Stork Test How good is my balance?	62
aiii i:	34	N° 19 The Ruler Test How fast can I react?	64



N° 20 The Sit-and-Reach Test How flexible am I?	66	N° 33 The Copy Test Can I write well?	94
N° 21 The Ice Water Test How sensitive to pain am I?	68	N° 34 The Creativity Test Am I creative?	96
N° 22 The Sight Test Do I need (new) glasses?	70	N° 35 The WPM Test How fast can I type?	100
N° 23 The Handedness Test Am I left-handed?	72	N° 36 The Job Interview Test Who should I employ?	102
N° 24 The Lateralization Test Which side of my brain do I thin with?	k 74	N° 37 The GMAT Am I getting ahead in my career?	104
N° 25 The Ayurveda Test What is my dosha?	76	N° 38 The Leadership Test What kind of leader am I?	106
N° 26 The Mirror Test Am I human?	78	N° 39 The Self-Leadership Tes Can I motivate myself?	t 110
N° 27 The Clock Test Do my parents have dementia?	80	N° 40 The Feng Shui Test How feng shui is my	
N° 28 The Gene Test What does my DNA reveal about me?	t 82	workplace? N° 41 The Job Test Am I in the right job?	112 114
SKILLS & CAREER		N° 42 The Stress Test Is my work-life balance in harmony?	118
N° 29 The Maximization Test How do I decide?	86	N° 43 The IQ Test	
N° 30 The Learning Type Test How do I learn best?	88	How intelligent am I?	120
N° 31 The Attention Test Do I have good concentration?	90		
N° 32 The Reading Test How fast can I read?	92		
	:		

LIFESTYLE & CULTURE		KNOWLEDGE & BELIEFS	
N° 44 The Fear of Missing Ou Test Am I addicted to social media?		N° 56 The Familiarity Test Am I a smart-ass?	160
N° 45 The Politics Test Where do I stand politically? N° 46 The Bechdel Test	134	N° 57 The Who-Wants-to- Be-a-Millionaire Test Will I crack the million jackpot?	162
How sexist am !?	138	N° 58 The School Test Do I have a clever child?	164
N° 47 The Discrimination Test Am I a perpetrator or a victim?		N° 59 The Oxbridge Test	104
N° 48 The Wealth Test Am I rich?	142	Am I clever? N° 60 The Turing Test	166
N° 49 The Age Test		Am I talking to a robot?	168
When will I die?	144	N° 61 The Koan Test Am I ready?	170
N° 50 The Subjective Happine Scale Am I happy?	ss 146	N° 62 The Afterlife Test Will I go to heaven?	172
N° 51 The Four-Question Partnership Test Is it love?	148	N° 63 The Barnum Effect Are we all equal?	174
N° 52 The Sex Test How good is my sex life?	150	N° 64 The Bayesian Estimation Are my assumptions right?	1 176
N° 53 The Relationship Test How well do I know my partner?	152	Appendix Test Theory Sources	182 184
N° 54 The Parent Test Am I a good mother or father?	154	Acknowledgments The Authors	194 195
N° 55 The Teutonic Test How German am I?	156		