

Contents

Part I Introduction

1	The History of Fillers	3
2	Rheology: The Study of the Physical Properties of Filler Materials.....	9
3	Differences in Men and Women	15

Part II Rule of Thirds

4	Upper Third	21
	Forehead	22
	Procedure.....	24
	Eyebrows	31
	Temples	32
5	Middle Third	39
	Cheeks.....	44
	Tear Troughs.....	55
	Nose.....	61
6	Lower Third	67
	Lips.....	68
	Chin	79
	Jawline.....	85
	Index.....	89