

Contents

- 3 Foreword**
- 4 Track listing**
- 8 The usefulness of tablature and notation**
- Chapter 1 Introduction**
- 10 Three preliminary exercises**
- 12 Exercises in E minor**
- 14 Exercises in 6/8 time**
- 19 Exercises in A minor**
- 24 Repertoire piece 1 in A minor**
- Chapter 2 Fingerpicking**
- 25 Fingerpicking**
- 28 Repertoire piece 2 in A minor**
- 29 Hammer On / Pull Off**
- 32 Repertoire piece 3 in A minor**
- Chapter 3 Alternating picking and alternating bass technique**
- 34 Alternating picking and alternating bass technique**
- 37 The principles of harmony**
- 39 Melody-playing and alternating bass**
- 42 Repertoire piece "Always"**
- Chapter 4 Syncopation**
- 43 Syncopation**
- 46 More stylistic elements**
- 48 Repertoire piece "Remember the Time"**
- Chapter 5 Sixteenth notes, triplets and arrangement**
- 50 Sixteenth notes**
- 52 The arrangement**
- 57 The method of arranging**
- 61 Repertoire piece "Auf der Hut"**
- 64 The triplet**
- 66 Swing triplets**
- 68 Repertoire piece in swing triplets**
- 70 The tonality of G major**
- 71 Repertoire piece "For You"**
- 73 Repertoire piece "Why"**
- Chapter 6 The finer points of technique**
- 76 Arpeggio and tremolo**
- 78 Tremolo**
- 79 Bar chords**
- 80 Bar chord exercises**
- 83 Playing in different positions**
- Chapter 7 concert pieces**
- 87 Concert piece "Little Bear" (D major)**
- 91 Concert piece "It Could Have Been" (E minor)**
- 96 Concert piece "Jasmine Flower" (G major)**
- Chapter 8 practicing effectively and correct posture**
- 102 Posture while seated**
- 104 Posture standing upright**
- 104 Three rules for practicing effectively**
- 107 Hammer-On exercise**
- 107 Fingering exercise: The Spider**
- 108 Appendix**
- 108 Hand positions**
- 110 The tablature system**