

BACKGROUND

12 Facts

13 Nature and Environment

18  3D: Plate Tectonics

22  Infographic: New Zealand at a Glance

26  The Heraldic Animal

30 Politics · Population · Economy

44  Infographic: Energy

50  Welcome to Everyday Life

52 History

53 First the Maories came, then the Europeans

72 Art and Culture

73 Maori Culture

76 Visual Art

78 Architecture

81 Literature

84 Theatre

85 Film

86  Special: Lord of the Rings

89 Music

90 Famous People

ENJOY NEW ZEALAND

100 Accommodation

101 Beyond Hustle and Bustle

102  Special: Gold for the Environment – Ecologically Friendly Accommodation

104 Children in New Zealand

105 Through Adventure Land in a Caravan

108 Festivals · Holidays · Events

109 Everything is a Reason to Celebrate

112  Infographic: Rugby

116  Special: Hangi – Maori Grill Party

118 Food and Drink

119 Multicultural Kiwi Cooking

122  Typical Dishes

124  Infographic: Kiwi

126  Special: Much-Praised »Late« Vintage

128 Shopping

129 Possum Fur and Hardwood

130 **■ Special:** *The Green Philosopher's Stone*

134 Sport and Outdoors

135 From Trekking to Rafting

138 **■ Special:** *To Your Own Limits and Beyond*

142 **■ Special:** *The Path is the Goal – on Foot through the Wilderness*

146 **■ Special:** *After the Cup is Before the Cup – Sailing Nation New Zealand*

TOURS

150 Tour Overview

152 Out and About in New Zealand

155 Tour 1: Highlights of the North Island

157 Tour 1: Highlights of the South Island

160 Tour 3: Taranaki Route

162 Tour 4: East Cape Route

164 Tour 5: Mackenzie

214 East Cape

217 Gisborne Poverty Bay

219 Hamilton

224 **■ Infographic:** *A Unique Culture*

227 Hastings

230 Hawke's Bay

232 Hokianga Harbour

235 Kaitaia Far North

239 Masterton

241 Napier

245 New Plymouth

249 Palmerston North

252 Rotorua

261 Taranaki Mount Egmont

265 Taupo Wairakei

272 Tauranga

275 Te Kuiti Waitomo Caves

277 Te Urewera National Park

277 Tongariro National Park

284 Urewera National Park

287 Wanganui

290 Wellington

308 Whanganui National Park

311 Whangarei

SIGHTS FROM A TO Z

169 North Island

169 Auckland

176 **■ 3D:** *Sky Tower*

190 Bay of Islands

194 **■ 3D:** *Maori Meeting House*

200 Bay of Plenty

203 Coromandel Peninsula

211 Dargaville Kauri Coast

212 **■ Infographic:** *Kauri – an Evergreen Tree*

315 South Island

- 315 Abel Tasman National Park
- 319 Alexandra
- 321 Balclutha Catlins Forest
- 323 Blenheim
- 325 Chathams Island
- 327 Christchurch
- 334 ■ **Infographic: Earthquakes**
- 345 Dunedin
- 355 Fiordland National Park
- 258 Fox Glacier
- Franz Josef Glacier
- 361 Greymouth
- 365 Hanmer Springs
- 366 Hokitika
- 367 Invercargill
- 371 Lake Te Anau
- Lake Manapouri
- 374 ■ **Special: Unusual Animal World**
- 377 Lake Wanaka
- 379 Mackenzie Country
- 381 Marlborough Sounds
- Maritime Park
- 383 Milford Sound
- 386 Mount Aspiring National Park
- 387 Mount Cook / Aoraki National Park
- 392 Nelson
- 397 Nelson Lakes National Park
- 398 Otago
- 402 Paparoa National Park
- Pancake Rocks
- 404 Picton
- 406 Queenstown
- 413 Stewart Island
- 416 Timaru
- 419 Waitaki River
- 422 West Coast Westland
- 426 Westport

PRACTICAL INFORMATION

- 432 Arrival · Before the Journey
- 438 Beach Holidays
- 439 Electricity
- 439 Emergencies
- 440 Etiquette and Customs
- 440 Health
- 442 Information
- 443 Language
- 448 Literature and Film
- 449 Measurements and Weights
- 449 Media
- 450 Money
- 451 National Parks
- 453 Post · Telecommunications
- 455 Prices and Discounts
- 455 Time
- 455 Toilets
- 456 Transport
- 463 Travelling with Disabilities
- 465 When to Go
- 466 Index
- 474 List of Maps and Illustrations
- 475 Photo Credits
- 476 Publisher's Information
- 478 ■ **New Zealand Curious Facts**