

# *Rezepte*

|                                                     |    |
|-----------------------------------------------------|----|
| Schupfnudeln (Bubespitzle, Wargele) ...             | 16 |
| Saure Kartoffelblättchen<br>(Kartoffelrädle) ...    | 16 |
| Linsen mit Spätzle und Saiten ...                   | 20 |
| Spätzle ...                                         | 20 |
| Maultaschen ...                                     | 24 |
| Schwäbischer Rostbraten ...                         | 28 |
| Gefüllte Kalbsbrust ...                             | 28 |
| Metzelsupp ...                                      | 32 |
| Sauerkraut mit Kesselfleisch ...                    | 36 |
| Leberwürste ...                                     | 36 |
| Griebenwurst ...                                    | 40 |
| Flädlesupp ...                                      | 40 |
| Saure Kutteln ...                                   | 44 |
| Ochsenmaulsalat ...                                 | 44 |
| Fleischküchle und Kartoffelsalat ...                | 48 |
| Gaisburger Marsch<br>oder „Schnitz und Spatzen“ ... | 52 |
| Zwiebelkuchen ...                                   | 56 |
| Hefezopf ...                                        | 60 |
| Ofenschlupfer ...                                   | 64 |
| Dampfnudeln ...                                     | 64 |
| Pfitzauf ...                                        | 68 |
| Holunderküchle ...                                  | 68 |
| Gedeckter Apfelkuchen ...                           | 72 |

## *Recipes*

|                                          |    |
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| Potato noodles ...                       | 17 |
| Sour potato slices ...                   | 17 |
| Lentils, <i>Spätzle</i> and sausages ... | 21 |
| <i>Spätzle</i> ...                       | 21 |
| Stuffed noodles ...                      | 25 |
| Swabian roast steak ...                  | 29 |
| Stuffed breast of veal ...               | 29 |
| Butcher's broth ...                      | 33 |
| Sauerkraut with boiled pork ...          | 37 |
| Liver sausages ...                       | 37 |
| Blood sausages ...                       | 41 |
| Beef broth with pancake strips ...       | 41 |
| Tripe in sour sauce ...                  | 45 |
| Ox-cheek salad ...                       | 45 |
| Meat-balls with Potato Salad ...         | 49 |
| Beef, potato and <i>Spätzle</i> stew ... | 53 |
| Onion tart ...                           | 57 |
| Plaited Yeast-cake ...                   | 61 |
| Bread-and-apple pudding ...              | 65 |
| Steamed dumplings ...                    | 65 |
| Pancake puffs ...                        | 69 |
| Elder Blossom Fritters ...               | 69 |
| Covered apple cake ...                   | 73 |