

Table of contents

Preface	VII	3 The preoperative examination	40
Foreword by the authors	IX	3.1 Introduction	40
Acknowledgments	X	3.2 Inspection of the face and the skin of the eyelids	40
Abbreviations	XIV	3.3 Examination of the forehead and eyebrow area	44
1 Structural and functional anatomy of the orbital region	2	3.4 Examination of the upper eyelids	51
1.1 The bony orbit	2	3.5 Examination of the lower eyelids	57
1.2 Basic structural plan of the eyelid	4	3.6 Examination of the angle of the eye and palpebral ligaments	63
1.3 Eye muscles	9	3.7 Age-related eye changes	64
1.4 Muscles of the upper eyelid	10	3.8 Ophthalmologic examination	65
1.5 Lower eyelid retractors	11	3.9 General physical and neurological examination	69
1.6 Orbital septum	12	4 Pre- and postoperative management	72
1.7 Tarsus	12	4.1 Admitting the patient on the day of the operation	72
1.8 Orbital fat	13	4.2 Postoperative rounds	73
1.9 Medial and lateral canthus	13	4.3 Discharging the patient	73
1.10 Superficial musculo-aponeurotic system	15	4.4 Anesthesia	74
1.11 Conjunctiva	16	4.5 Postoperative recommendations	75
1.12 The tear gland mechanism	16	5 Requirements for surgery and basic operative techniques	78
1.13 Muscles of the forehead and head	17	5.1 The surgical suite	78
1.14 Vascular supply of the eyelids	19	5.2 Operating room	80
1.15 Innervation of the eyelids	20	5.3 Instrument sets	81
2 Patient management	28	5.4 Incisions	94
2.1 First contact and making an appointment by telephone	28	5.5 Suturing techniques	94
2.2 Consultation	28	5.6 Laser technique	100
2.3 Establishing indications and operation planning	30		
2.4 Photo documentation	33		

6	Upper lid blepharoplasty	106	8	Lower lid blepharoplasty	168
6.1	Introduction	106	8.1	Introduction	168
6.2	Treatment planning	106	8.2	Treatment planning	168
6.3	Preoperative markings	108	8.3	Transconjunctival lower lid blepharoplasty	170
6.4	Local anesthesia in the upper eyelid	112	8.4	Lower lid skin pinch and transcutaneous blepharoplasty, skin flap technique	193
6.5	Operating technique: skin-muscle flap	113	8.5	Transcutaneous lower lid blepharoplasty, skin-muscle flap technique	200
6.6	ROOF hypertrophy	120	9	Operating techniques of lateral canthopexy and canthoplasty	224
6.7	Transpalpebral brow lift	122	9.1	Introduction	224
6.8	Individually tailored fat pad reduction	123	9.2	Etiology, indications and patient selection	224
6.9	Repositioning a ptotic (drooping) lacrimal gland	128	9.3	Lateral canthopexy	226
6.10	Surgical correction of accompanying ptosis	132	9.4	Lateral canthoplasty	231
6.11	Lateral canthopexy or canthoplasty during upper lid blepharoplasty	133	9.5	Postoperative recommendations	234
6.12	Upper lid blepharoplasty (ULB) in men	134	9.6	Side effects and complications	234
6.13	Wound closure and skin suturing	136	9.7	Clinical examples	235
6.14	Postoperative care	138	10	Lateral tarsal strip procedure in combination with lower lid blepharoplasty	240
6.15	Clinical examples	141	10.1	Indications for the operation	240
6.16	Side effects, complications and their treatment	146	10.2	Operation steps	241
7	Ptosis operation in combination with upper lid blepharoplasty	158	10.3	Clinical example	249
7.1	Introduction	158	10.4	Postoperative recommendations	249
7.2	Causes of the ptosis	158	10.5	Complications	249
7.3	Diagnosis	158	11	Ablative CO₂ laser skin resurfacing	252
7.4	Examination	158	11.1	Introduction	252
7.5	Selecting the operating technique	160	11.2	Information talk and consent form	253
7.6	Operation methods	161	11.3	Indications and patient selection	253
7.7	Clinical examples, before and after the operation	165			
7.8	Complications and their treatment	165			

11.4	Treatment planning	254	13.5	Endoscopic brow lift	327
11.5	Ablative traditional UltraPulse® CO ₂ laser skin resurfacing	260	13.6	Modified pretrichial forehead lift	329
11.6	Ablative fractional CO ₂ laser skin resurfacing	272	13.7	Temporal (endoscopic) brow lift	333
11.7	Risks, side effects and complications	281	13.8	Temporofrontal (endoscopic) brow lift with/without thread suspension of the eyebrows	337
12	Basic principles of ablative fractional CO₂ laser skin resurfacing	292	13.9	Temporal brow lift according to Fogli	346
12.1	Introduction	292	13.10	Coronal forehead lift	347
12.2	Mode of action and technique of the ablative fractional lasers	294	14	Postoperative complications	350
12.3	Wound healing following ablative fractional laser therapy	295	14.1	General complications in eyelid surgery	350
12.4	Fractional laser skin resurfacing of the eyelid in practice	296	14.2	Specific complications in eyelid surgery	351
12.5	Laser safety	298	15	Aids for the physician	354
13	Brow lift	300	15.1	Patient information and consent	354
13.1	Introduction	300	15.2	Patient information sheet and perioperative recommendations	359
13.2	Transpalpebral brow lift	306	15.3	Documentation	368
13.3	Direct brow lift	312	16	Appendix	376
13.4	Mid-forehead brow lift with continuous or only bilateral incisions	314	16.1	References	376
			16.2	Product list and manufacturers	383
			16.3	Addresses	384
			16.4	Index	385