

Contents

12	Upper Palatinate – tradition and culture in a unique setting
26	On the banks of the Danube and Regen – the south Page 40 Regensburg – the metropolis of Upper Palatinate
72	Between the Fränkische Alb and Oberpfälzer Wald – middle Upper Palatinate Page 82 From <i>Auszog'ne</i> to <i>Zwirl</i> – the cuisine of Upper Palatinate
106	From Weiden to the Stiftland – the north Page 100 White gold – the fine art of porcelain manufacture
134	index
135	map
136	credits