

# Table of Contents

Acknowledgments . . . . . v

**1 Description . . . . . 1**

1.1 Terminology . . . . . 1

1.2 Definition . . . . . 1

1.3 Epidemiology . . . . . 4

1.3.1 Prevalence and Incidence . . . . . 4

1.3.2 Sex . . . . . 5

1.3.3 Age . . . . . 5

1.3.4 Ethnicity . . . . . 6

1.4 Course and Prognosis . . . . . 6

1.5 Differential Diagnosis . . . . . 7

1.5.1 Behavioral Conditions . . . . . 7

1.5.2 Emotional Conditions . . . . . 10

1.5.3 Neurological or Developmental Conditions . . . . . 10

1.5.4 Environmental and Psychosocial Factors . . . . . 11

1.5.5 Physical and Medical Conditions . . . . . 12

1.6 Comorbidity . . . . . 12

1.6.1 Oppositional Defiant Disorder or Conduct Disorder . . . . . 13

1.6.2 Anxiety . . . . . 13

1.6.3 Mood . . . . . 14

1.6.4 Bipolar Disorder . . . . . 15

1.6.5 Learning Disorder . . . . . 15

1.6.6 Tics and Autism Spectrum Disorders . . . . . 16

1.6.7 Substance Use or Abuse Disorders . . . . . 16

1.6.8 Sleep Issues . . . . . 17

1.7 Diagnosis . . . . . 17

1.7.1 Diagnostic Interviews . . . . . 18

1.7.2 Rating Scales . . . . . 19

1.7.3 Psychoeducational Testing . . . . . 20

1.7.4 Neuropsychological Testing . . . . . 20

1.7.5 Laboratory Testing . . . . . 21

**2 Theories and Models of ADHD in Children and Adolescents . . . . . 22**

2.1 Neurobiological Factors in ADHD . . . . . 22

2.1.1 Genetic Contributions . . . . . 22

2.1.2 Neurological Factors . . . . . 22

2.1.3 Cognitive Determinants . . . . . 24

2.2 Environmental Risk Factors . . . . . 25

2.2.1 Prenatal, Perinatal, and Postnatal Factors . . . . . 25

2.2.2 Environmental Toxins . . . . . 26

2.2.3 Dietary Factors . . . . . 26

2.3 Psychosocial Factors . . . . . 26

2.4 Interactions Among Neurobiological, Environmental, and Psychosocial Factors . . . . . 27

<b>3</b>	<b>Diagnosis and Treatment Indications</b> . . . . .	<b>29</b>
3.1	Assessment Procedures . . . . .	30
3.1.1	General Considerations . . . . .	30
3.1.2	Developmental History . . . . .	31
3.1.3	Clinical Interview . . . . .	31
3.1.4	Behavioral Rating Scales . . . . .	33
3.1.5	Differential Diagnosis and Comorbidities . . . . .	34
3.1.6	Testing . . . . .	34
3.2	The Decision-Making Process . . . . .	35
3.3	Treatment Considerations . . . . .	37
<b>4</b>	<b>Treatment</b> . . . . .	<b>39</b>
4.1	Methods of Treatment . . . . .	39
4.2	Psychopharmacology . . . . .	39
4.2.1	Stimulant Medications . . . . .	43
4.2.2	Nonstimulant Medications . . . . .	45
4.3	Psychosocial/Behavioral Therapies . . . . .	47
4.3.1	Behavioral Parent Training . . . . .	48
4.3.2	Behavioral Peer Interventions . . . . .	50
4.3.3	Behavioral Classroom Management . . . . .	50
4.3.4	Academic Interventions and Organizational Skills Training . . . . .	51
4.3.5	School Accommodations . . . . .	52
4.3.6	Neurofeedback Training . . . . .	53
4.3.7	Cognitive Training . . . . .	53
4.3.8	Psychoeducation . . . . .	53
4.4	Variations and Combinations of Methods . . . . .	54
4.5	Mechanisms of Action . . . . .	56
4.6	Treating Children With ADHD and Comorbid Conditions . . . . .	58
4.7	Problems in Carrying Out the Treatments . . . . .	60
4.8	Efficacy and Prognosis . . . . .	61
4.9	Multicultural Issues . . . . .	64
<b>5</b>	<b>Case Vignettes</b> . . . . .	<b>66</b>
5.1	Lakisha (preschool) . . . . .	66
5.2	Sean (school age) . . . . .	67
5.3	Andre (adolescent) . . . . .	68
<b>6</b>	<b>Further Reading</b> . . . . .	<b>70</b>
<b>7</b>	<b>References</b> . . . . .	<b>71</b>
<b>8</b>	<b>Appendix: Tools and Resources</b> . . . . .	<b>85</b>