

CONTENTS

Preface	3
Overview map	8
The best walks on Gran Canaria	10
Important notes for the walks	12
Walking grades	12
Symbols	14
GPS tracks and coordinates of the starting points	16
Walking on Gran Canaria	20
Leisure activities and tips	25
Information and Adresses	26
Climate table	28
Accommodation	30
Timetable of the most useful bus routes	32
The Central Island	34
TOP 1 2.00 hrs Circling Roque Nublo	35
2 3.30 hrs From Aserrador to Roque Nublo	37
3 2.00 hrs From Ayacata to La Goleta	40
TOP 4 4.00 hrs Picturesque circular walk from La Goleta	42
TOP 5 4.15 hrs From Ayacata to the Cruz Grande pass	45
6 6.00 hrs From Cruz Grande to Pico de las Nieves	48
7 2.40 hrs From Llanos de la Pez to Pico de las Nieves	51
8 4.00 hrs From Pico via Roque Saucillo to San Mateo	54
TOP 9 2.50 hrs From Cruz de Tejeda to the Cuevas del Caballero	58
10 2.45 hrs From Cruz de Tejeda to Artenara	61
11 1.40 hrs Montaña de Artenara	64
12 3.00 hrs From Artenara to Cruz de Acusa	67
13 2.30 hrs Circular walk around Acusa	69
14 4.30 hrs From Artenara to Tamadaba forest	71
15 2.00 hrs Above Coruña and Las Hoyas	74
TOP 16 3.30 hrs On the Altavista	76
17 1.45 hrs Tamadaba circular walk	78
18 2.00 hrs Risco Faneque	80
19 1.30 hrs Mirador El Reventón	82
20 5.00 hrs Grand circular walk on the northern flank of the Cumbre	84
21 3.45 hrs Pinos de Gáldar volcanic crater	88
22 4.15 hrs From Cruz de Tejeda to Valleseco	91
TOP 23 4.30 hrs From Cruz de Tejeda to Teror	95
24 2.50 hrs Barranco de la Mina	98
25 4.00 hrs From Cruz de Tejeda via Pataburro to San Mateo	101
26 2.30 hrs Becerra circular walk for bon vivants	104

TOP	27	5.30 hrs	Grand circular route from the Cruz de Tejada	107
	28	1.30 hrs	Via La Isa to Tejada	111
TOP	29	3.30 hrs	From Tejada to La Culata	113
	30	1.45 hrs	The sacred summit Roque Bentayga	115
	31	3.45 hrs	Circling around the Bentayga	117
	32	2.10 hrs	From Cruz del Carpio to Tejada	119
TOP	33	4.15 hrs	From Aserrador to Cruz de la Huesita	121
	34	2.20 hrs	From the reservoir Las Niñas to Cruz de la Huesita	123
	35	2.15 hrs	The Cueva de las Niñas reservoir	125

The Southern Island 128

	36	4.00 hrs	Circular walk around San Bartolomé	129
	37	2.15 hrs	From San Bartolomé to Fataga	132
	38	2.00 hrs	Fataga North Circuit	134
	39	1.40 hrs	Fataga South Circuit	137
	40	5.00 hrs	From Fataga to Santa Lucía	140
	41	1.30 hrs	Santa Lucía's mill route	144
TOP	42	4.15 hrs	La Fortaleza: Grand route from Santa Lucía	146
	43	2.00 hrs	From Santa Lucía to Cruz del Siglo	150
	44	2.30 hrs	From Santa Lucía to Temisas	152
	45	3.00 hrs	From Temisas to Agüimes	154
	46	4.00 hrs	Around Agüimes	157
TOP	47	6.45 hrs	Through the Barranco de Guayadeque	161
	48	1.30 hrs	From the Bahía de Arinaga to the faro	165
	49	2.20 hrs	Barranco de los Cernícalos	167
	50	0.50 hrs	Cuatro Puertas	170
	51	1.20 hrs	From La Garita to Salinetas	172
	52	3.20 hrs	Volcanes de Rosiana	175
	53	3.45 hrs	To the Arco del Coronadero	179
	54	3.00 hrs	Gran Canaria's "Sahara"	182
	55	6.00 hrs	Above Ayagaures	185
	56	2.00 hrs	Ascent to Tauro	189
TOP	57	4.45 hrs	From the Degollada de Tasarte to Los Azulejos	191
	58	3.10 hrs	From Tasarte to Mogán	196
	59	6.00 hrs	To the beach at Güi Güi	200
	60	2.00 hrs	Playa Chica in the Barranco del Perchel	203

The Northern Island 206

	61	2.45 hrs	A short circular walk in the Agaete valley	207
TOP	62	7.15 hrs	Grand circuit route Agaete valley and Tamadaba	209
	63	3.30 hrs	From San Pedro via Roque Bermejo to Puerto	213
	64	2.15 hrs	To the beach at Guayedra	217
	65	3.00 hrs	Circular walk from Guía via Hoya de Pineda	219
	66	4.00 hrs	From Moya to Guía	222
	67	2.40 hrs	From Fontanales to Moya	225

	68	1.00 hr	Laurel forest Los Tilos.	228
TOP	69	4.40 hrs	Barranco de la Virgen.	230
	70	3.00 hrs	From Valsendero to the Cascada de Los Naranjos.	233
	71	4.00 hrs	From Corvo to Teror.	236
	72	5.00 hrs	From Firgas into the Barranco de Azuaje.	239
	73	2.00 hrs	Circular walk around the Bahía del Confital.	243
	74	4.45 hrs	From Santa Brígida via Jardín Canario to Las Palmas.	246
TOP	75	1.50 hrs	Bandama volcanic crater.	251
	76	1.20 hrs	At the upper rim of the Bandama crater.	253
	77	2.40 hrs	Atalaya circular walk.	255
	78	2.00 hrs	Ruta del Vino.	258
	79	3.30 hrs	From San Mateo to Santa Brígida.	261
TOP	80	2.40 hrs	From San Mateo via El Helechal to Valsequillo.	264
TOP	81	5.10 hrs	From Tenteniguada via the Caldera de los Marteles.	267
			Camino de Santiago.	270
	82	4.50 hrs	From Maspalomas to Arteara.	271
	83	4.00 hrs	From Arteara to San Bartolomé.	273
	84	6.00 hrs	From San Bartolomé to Cruz de Tejeda.	276
	85	7.30 hrs	From Cruz de Tejeda to Gáldar.	280
			Index.	284
			Spanish for walkers.	287