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Beautiful Valley — Buffalo — My young Men kill two Elephants — The Hunt — Mode of measuring Height of live Elephants — Wild Animals smaller here than in the South, though their Food is more abundant — The Elephant a dainty Feeder — Semalembue — His Presents — Joy in prospect of living in Peace — Trade — His People's way of wearing their Hair — Their Mode of Salutation — Old Encampment — Sebituane's former Residence — Ford of Kafue — Hippopotami — Hills and Villages — Geological Formation — Prodigious Quantities of large Game — Their Tameness — Rains — Less Sickness than in the Journey to Loanda — Reason — Charge from an Elephant — Vast Amount of animal Life on the Zambezi — Water of River discolored — An Island with Buffaloes and Men on it — Native Devices for killing Game — Tsetse now in Country — Agricultural Industry — An Albino murdered by his Mother — "Guilty of Tlolo" — Women who make their Mouths "like those of Ducks" — First Symptom of the Slave-trade on this side — Selole's Hostility — An armed Party hoaxed — An Italian Marauder slain — Elephant's Tenacity of Life — A Word to young Sportsmen — Mr. Oswall's Adventure with an Elephant; narrow Escape — Mburuma's Village — Suspicious Conduct of his People — Guides attempt to detain us — The Village and People of Ma Mburuma — Character our Guides give of us.

Confluence of Loangwa and Zambezi — Hostile Appearances — Ruins of a Church — Turmoil of Spirit — Cross the River — Friendly Parting — Ruins of stone Houses — The Situation of Zumbo for Commerce — Pleasant Gardens — Dr. Lacerda's Visit to Cazembe — Pereira's Statement — Unsuccessful Attempt to establish Trade with the People of Cazembe — One of my Men tossed by a Buffalo — Meet a Man with Jacket and Hat on — Hear of the Portuguese and native War — Holms and Terraces on the Banks of a River — Dancing for Corn — Beautiful Country — Mpende's Hostility — Incantations — A Fight anticipated — Courage and Remarks of my Men — Visit from two old Councilors of Mpende — Their Opinion of the English — Mpende concludes not to fight us — His subsequent Friendship — Aids us to cross the River — The Country — Sweet Potatoes — Bakwain Theory of Rain confirmed — Thunder without Clouds — Desertion of one of my Men — Other Natives' Ideas of the English — Dalama (gold) — Inhabitants dislike Slave-buyers — Meet native Traders with American Calico — Game-laws — Elephant Medicine — Salt from the Sand — Fertility of Soil — Spotted Hyaena — Liberality and Politeness of the People — Presents — A stingy white Trader — Natives' Remarks about him — Effect on their Minds — Rain and Wind now from an opposite Direction — Scarcity of Fuel — Trees for Boat-building — Boroma — Freshets — Leave the River — Chicova, its Geological Features — Small Rapid near Tete — Loquacious Guide — Nyampungo, the Rain-charmer — An old Man — No Silver — Gold-washing — No Cattle.

An Elephant-hunt — Offering and Prayers to the Barimo for Success — Native Mode of Expression — Working of Game-laws — A Feast — Laughing Hyaenas — Numerous Insects — Curious Notes of Birds of Song — Caterpillars — Butterflies — Silica — The Fruit Makoronga and Elephants — Rhinoceros Adventure — Korwe Bird — Its Nest — A real Confinement — Honey and Beeswax — Superstitious Reverence for the Lion — Slow Traveling — Grapes — The Ue — Monina's Village — Native Names — Government of the Banyai — Electing a Chief — Youths instructed in "Bonyai" — Suspected of Falsehood — War-dance — Insanity and Disappearance of Monahin — Fruitless Search — Monina's Sympathy — The Sand-river Tangwe — The Ordeal Muavi: its Victims — An unreasonable Man — "Woman's Rights" — Presents — Temperance — A winding Course to shun Villages — Banyai Complexion and Hair — Mushrooms — The Tubers, Mokuri — The Tree Shekabakadzi — Face of the Country —

*Pot-holes – Pursued by a Party of Natives – Unpleasant Threat – Aroused by a Company of Soldiers – A civilized Breakfast – Arrival at Tete.*

**Chapter 31.**

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*Kind Reception from the Commandant – His Generosity to my Men – The Village of Tete – The Population – Distilled Spirits – The Fort – Cause of the Decadence of Portuguese Power – Former Trade – Slaves employed in Gold-washing – Slave-trade drained the Country of Laborers – The Rebel Nyaude's Stockade – He burns Tete – Kisaka's Revolt and Ravages – Extensive Field of Sugar-cane – The Commandant's good Reputation among the Natives – Providential Guidance – Seams of Coal – A hot Spring – Picturesque Country – Water-carriage to the Coal-fields – Workmen's Wages – Exports – Price of Provisions – Visit Gold-washings – The Process of obtaining the precious Metal – Coal within a Gold-field – Present from Major Sicard – Natives raise Wheat, etc. – Liberality of the Commandant – Geographical Information from Senhor Candido – Earthquakes – Native Ideas of a Supreme Being – Also of the Immortality and Transmigration of Souls – Fondness for Display at Funerals – Trade Restrictions – Former Jesuit Establishment – State of Religion and Education at Tete – Inundation of the Zambezi – Cotton cultivated – The fibrous Plants Conge and Buaze – Detained by Fever – The Kumbanzo Bark – Native Medicines – Iron, its Quality – Hear of Famine at Kilimane – Death of a Portuguese Lady – The Funeral – Disinterested Kindness of the Portuguese.*

**Chapter 32.**

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*Leave Tete and proceed down the River – Pass the Stockade of Bonga – Gorge of Lupata – "Spine of the World" – Width of River – Islands – War Drum at Shiramba – Canoe Navigation – Reach Senna – Its ruinous State – Landeens levy Fines upon the Inhabitants – Cowardice of native Militia – State of the Revenue – No direct Trade with Portugal – Attempts to revive the Trade of Eastern Africa – Country round Senna – Gorongozo, a Jesuit Station – Manica, the best Gold Region in Eastern Africa – Boat-building at Senna – Our Departure – Capture of a Rebel Stockade – Plants Alfacinya and Njefu at the Confluence of the Shire – Landeen Opinion of the Whites – Mazaro, the point reached by Captain Parker – His Opinion respecting the Navigation of the River from this to the Ocean – Lieutenant Hoskins' Remarks on the same subject – Fever, its Effects – Kindly received into the House of Colonel Nunes at Kilimane – Forethought of Captain Nolloth and Dr. Walsh – Joy imbibited – Deep Obligations to the Earl of Clarendon, etc. – On developing Resources of the Interior – Desirableness of Missionary Societies selecting healthy Stations – Arrangements on leaving my Men – Retrospect – Probable Influence of the Discoveries on Slavery – Supply of Cotton, Sugar, etc., by Free Labor – Commercial Stations – Development of the Resources of Africa a Work of Time – Site of Kilimane – Unhealthiness – Death of a shipwrecked Crew from Fever – The Captain saved by Quinine – Arrival of H. M. Brig "Frolic" – Anxiety of one of my Men to go to England – Rough Passage in the Boats to the Ship – Sekwebu's Alarm – Sail for Mauritius – Sekwebu on board; he becomes insane; drowns himself – Kindness of Major-General C. M. Hay – Escape Shipwreck – Reach Home.*

**Appendix. – Latitudes and Longitudes of Positions.**

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