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Beautiful Valley – Buffalo – My young Men kill two Elephants – The Hunt – Mode of measuring Height of live Elephants – Wild Animals smaller here than in the South, though their Food is more abundant – The Elephant a dainty Feeder – Semalembue – His Presents – Joy in prospect of living in Peace – Trade – His People's way of wearing their Hair – Their Mode of Salutation – Old Encampment – Sebituane's former Residence – Ford of Kafue – Hippopotami – Hills and Villages – Geological Formation – Prodigious Quantities of large Game – Their Tameness – Rains – Less Sickness than in the Journey to Loanda – Reason – Charge from an Elephant – Vast Amount of animal Life on the Zambesi – Water of River discolored – An Island with Buffaloes and Men on it – Native Devices for killing Game – Tsetse now in Country – Agricultural Industry – An Albino murdered by his Mother – "Guilty of Tolo" – Women who make their Mouths "like those of Ducks" – First Symptom of the Slave-trade on this side – Selole's Hostility – An armed Party hoaxed – An Italian Marauder slain – Elephant's Tenacity of Life – A Word to young Sportsmen – Mr. Oswell's Adventure with an Elephant; narrow Escape – Mburuma's Village – Suspicious Conduct of his People – Guides attempt to detain us – The Village and People of Ma Mburuma – Character our Guides give of us.

Chapter 29.

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Confluence of Loangwa and Zambesi – Hostile Appearances – Ruins of a Church – Turmoil of Spirit – Cross the River – Friendly Parting – Ruins of stone Houses – The Situation of Zumbo for Commerce – Pleasant Gardens – Dr. Lacerda's Visit to Cazembe – Pereira's Statement – Unsuccessful Attempt to establish Trade with the People of Cazembe – One of my Men tossed by a Buffalo – Meet a Man with Jacket and Hat on – Hear of the Portuguese and native War – Holms and Terraces on the Banks of a River – Dancing for Corn – Beautiful Country – Mpende's Hostility – Incantations – A Fight anticipated – Courage and Remarks of my Men – Visit from two old Councilors of Mpende – Their Opinion of the English – Mpende concludes not to fight us – His subsequent Friendship – Aids us to cross the River – The Country – Sweet Potatoes – Bakwain Theory of Rain confirmed – Thunder without Clouds – Desertion of one of my Men – Other Natives' Ideas of the English – Dalama (gold) – Inhabitants dislike Slave-buyers – Meet native Traders with American Calico – Game-laws – Elephant Medicine – Salt from the Sand – Fertility of Soil – Spotted Hyaena – Liberality and Politeness of the People – Presents – A stingy white Trader – Natives' Remarks about him – Effect on their Minds – Rain and Wind now from an opposite Direction – Scarcity of Fuel – Trees for Boat-building – Boroma – Freshets – Leave the River – Chicova, its Geological Features – Small Rapid near Tete – Loquacious Guide – Nyampungo, the Rain-charmer – An old Man – No Silver – Gold-washing – No Cattle.

Chapter 30.

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An Elephant-hunt – Offering and Prayers to the Barimo for Success – Native Mode of Expression – Working of Game-laws – A Feast – Laughing Hyaenas – Numerous Insects – Curious Notes of Birds of Song – Caterpillars – Butterflies – Silica – The Fruit Makoronga and Elephants – Rhinoceros Adventure – Korwe Bird – Its Nest – A real Confinement – Honey and Beeswax – Superstitious Reverence for the Lion – Slow Traveling – Grapes – The Ue – Monina's Village – Native Names – Government of the Banyai – Electing a Chief – Youths instructed in "Bonyai" – Suspected of Falsehood – War-dance – Insanity and Disappearance of Monahin – Fruitless Search – Monina's Sympathy – The Sand-river Tangwe – The Ordeal Muavi: its Victims – An unreasonable Man – "Woman's Rights" – Presents – Temperance – A winding Course to shun Villages – Banyai Complexion and Hair – Mushrooms – The Tubers, Mokuri – The Tree Shekabakadzi – Face of the Country –

Pot-holes – Pursued by a Party of Natives – Unpleasant Threat – Aroused by a Company of Soldiers – A civilized Breakfast – Arrival at Tete.

Chapter 31.

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Kind Reception from the Commandant – His Generosity to my Men – The Village of Tete – The Population – Distilled Spirits – The Fort – Cause of the Decadence of Portuguese Power – Former Trade – Slaves employed in Gold-washing – Slave-trade drained the Country of Laborers – The Rebel Nyaude's Stockade – He burns Tete – Kisaka's Revolt and Ravages – Extensive Field of Sugar-cane – The Commandant's good Reputation among the Natives – Providential Guidance – Seams of Coal – A hot Spring – Picturesque Country – Water-carriage to the Coal-fields – Workmen's Wages – Exports – Price of Provisions – Visit Gold-washings – The Process of obtaining the precious Metal – Coal within a Gold-field – Present from Major Sicard – Natives raise Wheat, etc. – Liberality of the Commandant – Geographical Information from Senhor Candido – Earthquakes – Native Ideas of a Supreme Being – Also of the Immortality and Transmigration of Souls – Fondness for Display at Funerals – Trade Restrictions – Former Jesuit Establishment – State of Religion and Education at Tete – Inundation of the Zambesi – Cotton cultivated – The fibrous Plants Conge and Buaze – Detained by Fever – The Kumbanzo Bark – Native Medicines – Iron, its Quality – Hear of Famine at Kilimane – Death of a Portuguese Lady – The Funeral – Disinterested Kindness of the Portuguese.

Chapter 32.

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Leave Tete and proceed down the River – Pass the Stockade of Bonga – Gorge of Lupata – "Spine of the World" – Width of River – Islands – War Drum at Shiramba – Canoe Navigation – Reach Senna – Its ruinous State – Landeens levy Fines upon the Inhabitants – Cowardice of native Militia – State of the Revenue – No direct Trade with Portugal – Attempts to revive the Trade of Eastern Africa – Country round Senna – Gorongozo, a Jesuit Station – Manica, the best Gold Region in Eastern Africa – Boat-building at Senna – Our Departure – Capture of a Rebel Stockade – Plants Alfacinya and Njefu at the Confluence of the Shire – Landeen Opinion of the Whites – Mazaro, the point reached by Captain Parker – His Opinion respecting the Navigation of the River from this to the Ocean – Lieutenant Hoskins' Remarks on the same subject – Fever, its Effects – Kindly received into the House of Colonel Nunes at Kilimane – Forethought of Captain Nolloth and Dr. Walsh – Joy embittered – Deep Obligations to the Earl of Clarendon, etc. – On developing Resources of the Interior – Desirableness of Missionary Societies selecting healthy Stations – Arrangements on leaving my Men – Retrospect – Probable Influence of the Discoveries on Slavery – Supply of Cotton, Sugar, etc., by Free Labor – Commercial Stations – Development of the Resources of Africa a Work of Time – Site of Kilimane – Unhealthiness – Death of a shipwrecked Crew from Fever – The Captain saved by Quinine – Arrival of H. M. Brig "Frolic" – Anxiety of one of my Men to go to England – Rough Passage in the Boats to the Ship – Sekwebu's Alarm – Sail for Mauritius – Sekwebu on board; he becomes insane; drowns himself – Kindness of Major-General C. M. Hay – Escape Shipwreck – Reach Home.

Appendix. – Latitudes and Longitudes of Positions.

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