

Content

A	"Bridging the Gap" – Classical and Traditional Chinese Medicine	1
1	Introduction	2
2	Historical Background of Chinese and French Acupuncture	4
B	"Body Energetics" – Energetic structure of the body	9
1	The Channels of Acupuncture	10
2	Body Measurements	49
C	The Primary Channels and the Acupuncture Points	55
1	Lung Channel	56
2	Large Intestine Channel	66
3	Stomach Channel	83
4	Spleen Channel	111
5	Heart Channel	127
6	Small Intestine Channel	135
7	Bladder Channel	146
8	Kidney Channel	188
9	The Pericardium Channel	208
10	The Triple Warmer Channel	217
11	Gallbladder Channel	233
12	Liver Channel	263
13	Conception/Controlling Vessel	275
14	Governing Vessel	293
15	Extra Points	312
D	Extraordinary and Secondary Channels	343
1	<i>Jing Jin</i> (Sinew Channels) 經筋	345
2	<i>Luo</i> ≈Network/Connecting Vessels (<i>Luo Mai</i>) 絡脈	374
3	<i>Jing Bie</i> ≈Divergent Channels 經別	393
4	Eight Extraordinary Vessels 奇經八脉 <i>Qi Jing Ba Mai</i>	410
E	Appendix	467
	Bibliography	470
	Glossary	475
	Index of Symptoms	481
	Index of Points	519
	Index	529