

Contents

1	“Construction Plan” of the Bony Pelvis	1
1.1	The Bony Pelvis	1
1.1.1	Gender Differences	6
1.1.2	Posture	8
	Literature	15
2	The Pelvis at War	17
2.1	Introduction	17
2.1.1	Neanderthals	18
2.1.2	Pazyryk Mongolian War Skeletons	18
2.1.3	Trojan Siege	19
2.1.4	Modern Weapons	20
2.1.5	Pelvic Stability and Pelvic Fractures	22
2.1.6	Sarajevo	24
	Literature	27
3	The Birth Canal	29
3.1	Evolution	29
3.2	The Human Birth Canal	35
3.2.1	Abortion	35
3.2.2	Birth Passage Way	35
3.2.3	Position of the Fetus During Delivery	37
3.3	The Uterus During Pregnancy	38
3.4	Pelvic Blood Vessels	43
	Literature	45
4	History	47
4.1	Historical Panorama I	47
4.2	Bladder Stones	48
4.2.1	The Perineum	49
4.2.2	The Method of Celsus	49
4.2.3	The Method of Marianus	50
4.2.4	Lateral Lithotomy	50

4.3	Vesalius (1514–1564)	51
4.4	Historical Panorama II.	52
4.5	Hendrik van Deventer (1651–1724): Father of Pelvic Science	55
4.5.1	Van Deventer and His Time.	55
4.5.2	Van Deventers Life.	56
4.5.3	Van Deventer's Thesis	57
4.5.4	Van Deventer and the Bony Pelvis	58
4.5.5	Dissemination Through Europe.	62
4.5.6	The Pelvis	63
4.5.7	The Coccyx	63
4.5.8	Deflections of the Pelvis	63
4.6	The Pelvis According to Govard Bidloo (1649–1713)	64
4.6.1	The Life of Govard Bidloo and Gérard de Laresse.	64
4.6.2	Cowper's Plagiarism	65
4.6.3	Anatomia Humani Corporis	66
4.6.4	Bidloo's Description of the Pelvis.	66
4.6.5	Conclusion.	68
4.7	The Sacrum Bifidum.	68
4.8	In Summary	72
4.9	Historical Panorama III: The Study of Pelvic Soft Tissues. . .	72
4.10	A Medieval Contagious Disease: Syphilis	74
4.11	Medieval Dissections.	75
4.12	Renaissance	87
4.13	The Route to Vesalius.	88
4.14	Charles Estienne's De dissectione (1545).	89
4.15	The University of Padua and the Rise of Anatomy	96
4.16	Contribution of Surgery to Anatomy	101
4.17	Contribution of the Seventeenth-Century Scholars	104
4.18	Conclusion.	105
	Literature	106
5	Concepts and Approaches in the Study of the Pelvis	111
5.1	Introduction	111
5.2	Symmetry of the Pelvis	112
5.3	Comparative Anatomy of the Pelvis	115
5.4	Ontogeny of the Pelvis	116
5.5	Mechanical Approach to the Pelvis	118
5.6	Sirene: A Seducing Pelvic Sound?	120
5.6.1	Holism and the Deviant.	123

5.7	Biomechanics	125
5.7.1	Girdles: Bony Arches for the Support of Limbs	126
5.7.2	The Closed Kinematic Chain	129
5.7.3	Finite Element Modeling and Pelvic Forces	130
5.7.4	Finite Element Modeling and the Pelvic Diaphragm	133
5.7.5	Finite Element Modeling and Pelvic Organ Movement	134
5.8	The Pelvic Sacroiliac Joint and Low Back Pain	136
	Literature	138
6	Sexual Organs and Society	143
6.1	Anxieties: Koro and Spermatorrhoea	143
6.2	Circumcision, Castration and Mutilation	149
6.3	The Prepuce	153
6.4	G-spot: Clitoral and Vaginal Orgasm	157
6.5	Eunuchs: Castration of Man	161
6.6	Phantoms of the External Genitalia	165
6.7	Plastic Surgery of Sexual Organs	169
	Literature	170
7	Anatomy of the Pelvic Wall	177
7.1	The Mature Pelvic Wall Muscles and Ligaments	177
7.1.1	The Foramina of the Pelvis	177
7.1.2	The Urogenital Diaphragm.	179
7.1.3	The Levator Ani Muscle	180
7.1.4	The Corpus Intrapelvinum	183
7.1.5	Again the Urogenital Diaphragm	183
7.1.6	Notions on Ligaments	184
7.1.7	Suspension Operations.	186
7.1.8	More on Ligaments and Surgery in Stress Incontinence.	187
7.1.9	Abdominal Operations.	187
7.1.10	Vaginal Operations	188
7.2	The Relation of the Pelvic Wall Muscles and the Sphincters.	189
7.3	Scarpa's, Buck's and Colles Fascias	193
	Literature	197
8	Development of the Pelvic Diaphragm and More	201
8.1	The Two Layers in the Pelvic Diaphragm	201
8.2	Early Embryology: Overview	204
8.3	Development of the Human Pelvic Diaphragm	206

8.4	Detailed Description of the Development of the Pelvic Diaphragm	208
8.5	Gender of the Pelvic Diaphragm.	210
8.6	Development of the Uropoetic System	211
8.6.1	Paired or Unpaired That is the Question!.	212
8.7	The Development of the Pelvic Sphincters.	213
8.8	Surgery of Anorectal Malformations	215
8.9	The Development of the External Urethral Sphincter	220
8.10	Earliest Characteristics of Human Pelvic Development	222
8.11	The Development of Higher Bladder Steering Centers	223
	Literature	226
9	Physiotherapy for Pelvic Muscles	229
9.1	Introduction	229
9.2	Physiotherapy for Pelvic Floor Dysfunctions	231
9.2.1	Toilet Behavior	231
9.3	The Wise-Anderson Method.	236
9.3.1	Anatomy Related to the Wise-Anderson Therapy	237
9.3.2	Physiology Related to the Wise-Anderson Therapy	237
9.3.3	Quality of the Published Results on Trigger Points	238
9.3.4	Trigger-Point Therapy	238
9.3.5	Quality of the Published Results of the Wise-Anderson Method	239
9.4	Anatomy of Pelvic Floor Training	241
	Literature	242
10	The Subperitoneal and Lower Retroperitoneal Space.	245
10.1	Introduction	245
10.2	Carcinoma's in the Retro and Subperitoneal Space	248
10.2.1	Detection of Pelvic Lymph Node Cancer by Computed Tomography and Magnetic Resonance Imaging.	249
10.2.2	Detection of Pelvic Lymph Node Cancer by Size and/or Volume	253
10.2.3	The Development of the Lymphatic System and Milroy's Lymphoedema.	256
10.3	Lumbar Sympathectomy in the Sub- and Retroperitoneal Areas	259
10.4	Testicular Descent	264

10.5	The Subperitoneal Blood Vessels and Ligaments in the Female	270
10.5.1	Blood Vessels and Peritoneal Fluid.	271
10.5.2	Anastomoses: William Turner’s Subperitoneal Arterial Plexus	276
	Literature	278
11	Vision and Waist-to-Hip Ratio	283
11.1	Introduction	283
11.2	The Hidden Role of the Pelvis in Sexual Arousal and Mating	284
11.3	Visual Sexual Information	285
11.4	The Face and Sex	287
11.5	The Enlargement of Pupils.	288
11.6	Waist-to-Hip Ratio	290
11.7	Beautiful Buttocks and Vision	291
11.8	The Gluteus Muscle Group	295
11.9	Gait, the Pelvis and Vision	297
11.10	Spanking	300
	Literature	302
12	Male and Female Bladder.	305
12.1	Introduction	305
12.2	The Dome of the Bladder; the Detrusor Muscle	307
12.3	Demonstrating the Detrusor Forces	307
12.4	The Bladder-Neck or Trigone.	308
12.5	Detrusor Instability	309
	Literature	311
13	The Pelvis and Herbal Medicine	313
13.1	Introduction	313
13.2	History	315
13.2.1	Herbal Medicine and Slavery in Suriname.	320
13.3	Herbal Medicine and Pelvic Problems.	322
13.3.1	Herbal Medicine for Female Pelvic Problems.	322
13.3.2	The Black Cohosh Studies.	324
13.3.3	Herbal Medicine for Male Pelvic Problems	326
13.3.4	Prostatitis and Saw Palmetto	326
13.3.5	Phytotherapy and Placebo	328
13.3.6	Saw Palmetto Again	330
13.3.7	Systems Biology.	333
	Literature	334

14	Innervation of the Mature Human Pelvis	337
14.1	Introduction	337
14.2	The Sacral Somatic Plexus	338
14.2.1	Basic Arrangement	338
14.2.2	Sciatic Nerve	339
14.2.3	Pudendal Nerve	339
14.2.4	Alcock's Canal	339
14.3	Pelvic Plexus	341
14.4	Interconnecting Branches	342
14.4.1	Older Literature	343
14.5	The Autonomic Pelvic Plexus	344
14.5.1	Basic Arrangement	344
14.5.2	The Sympathic Trunk and Parasympathic Innervation	344
14.5.3	The Hypogastric Nerves	345
14.5.4	The Pelvic Plexus	345
14.6	What About the Pudendal Nerve?	347
14.7	Neuromodulation	348
14.7.1	SANS	348
14.7.2	EPFS	349
14.7.3	Sacral Nerve Stimulation	349
14.8	Alternatives for Dorsal Rhizotomy	350
14.8.1	The Cryotechnique	350
14.8.2	The Selective Stimulation Electrode	351
14.9	Central Connections	352
14.9.1	Micturition Control	352
	Literature	356
15	Smooth Muscle Electromyography of Bladder and Uterus	361
15.1	Introduction	361
15.2	History	362
15.3	Recording the Bladder EMG	364
15.4	Single Smooth Muscle Cell Studies in the Pig Bladder	366
15.5	Centers of Bladder EMG Activity	368
15.6	Again Fluorescent Spheres	369
15.7	Uterine Electrical Activity	371
	Literature	375
16	Reflexes or Controller Action?	377
16.1	Introduction	377
16.2	Noise	379
16.3	The Reflex	381
16.4	Short Neuron Reflex System	382
16.5	Reflex or Controller Mechanisms in the Pelvis	383

16.6	Flow Charts and Continence	385
16.7	The Pelvic Autonomic Ganglia.	388
16.7.1	Introduction	388
16.7.2	Microganglia	389
16.7.3	The Dorsal Root Ganglia and Autonomic Sensory Information	390
16.7.4	Visceral Organ Cross-Sensitization	394
16.7.5	Short Neuron System in the Repeat	396
16.7.6	Local Tissue Interactions: Urothelium Signaling.	398
	Literature	401
17	The Connective Tissue in the Pelvis	407
17.1	Introduction	407
17.2	The Corpus Pelvinus.	408
17.3	Connective Tissue Reinforcements in Fascias.	412
17.4	Connective Tissue Pillars for Blood Vessels	413
17.5	The Rectosacral Fascia	414
17.6	The Perirectal Fasciae	416
17.7	Perianal Connective Tissue	417
17.8	Descensus of the Pelvic Diaphragm	418
17.9	Prolapse.	420
17.10	Conclusion.	421
	Literature	421
18	Sitting: A Pelvic Function?	423
18.1	Introduction	423
18.2	The Shoemaker and Sir Arbuthnot Lane	425
18.3	Rowing	427
18.4	Wheelchair Sitting	430
18.5	Sitting and Delivery	432
18.6	Lumbosacral Curve and Pelvic Rotation During Sitting.	441
18.7	Belly Dancing and Pelvic Movements.	444
	Literature	445
19	Sphincters	449
19.1	Introduction	449
19.2	Similarity of Sphincter Transformation	450
19.3	The External Anal Sphincter	450
19.4	The External Urethral Sphincter: Three Situations	452
19.5	Modeling the Sphincters	453
19.6	Onuf's Nucleus.	454
19.7	Sphincter Problems.	456
19.7.1	Internal Urethral Sphincter (Smooth Muscular Sphincter or Lissosphincter).	456

19.7.2	External Urethral Sphincter (Striated Muscular Sphincter or Rhabdosphincter)	460
	Literature	462
20	Catheters	467
20.1	History of Catheters	467
20.2	Catheterization and its Consequences	469
20.3	The Effects of Party Drugs on Lower Urinary Tract and Sexual Function	471
20.4	Cannabis and Reproduction	476
	Literature	478
21	The Pelvis During Childhood and Puberty	481
21.1	Introduction	481
21.2	Pubertal Fat Accumulation.	484
21.3	The Bony Pelvis and Puberty	486
	21.3.1 Bony Pelvis and Adolescent Deliveries	487
	21.3.2 Bone Mineral Content, Osteoporosis, and Sports	488
21.4	Pelvic Visceral Organs	489
	21.4.1 Early Development of the Uterus and its Consequences	489
	21.4.2 Development of the Uterus Around Puberty and Leiomyomas	493
21.5	The External Genitals	496
21.6	Testis and Ovary	499
	21.6.1 Testis and Penis	499
	21.6.2 Decrease in Age of Puberty and Increase in Height	500
	21.6.3 Leptin and the Testis.	502
	21.6.4 The Ovary and Puberty	504
	21.6.5 The Polycystic Ovary: The Anovulatory Woman	506
	21.6.6 The Ovary and Acupuncture	508
	21.6.7 The Mono-Ovulating Human Female: The Alternating Ovulation	509
	Literature	512
22	The Pelvis and Aging	517
22.1	Introduction	517
22.2	History of Aging Research.	519
22.3	Pelvic Organs During Aging	522
	22.3.1 Reproductive Organs.	523
	22.3.2 The Uropoietic System.	524
22.4	Hip Problems in Elderly	525

Contents	xiii
22.5 Falls	530
22.6 Genetics	531
Literature	533
Epilogue	537
Acknowledgments	539
Index	543