

Contents

Preface — v

List of contributing authors — vii

Abbreviations — xiii

D. Schorn, B. Marquardt, K.-A. Witt, J. Steinbeck

1 Shoulder Endoprosthetics — 1

- 1.1 Introduction — 1
- 1.2 History and Development of Shoulder Endoprosthetics — 1
- 1.3 Anatomy — 6
- 1.4 Biomechanics and Prosthesis Design — 6
 - 1.4.1 Humeral Head Prosthesis — 6
 - 1.4.2 Glenoid Replacement — 9
 - 1.4.3 Resurfacing — 12
 - 1.4.4 Reverse Shoulder Prosthesis — 16
 - 1.4.5 Perspective — 18
- 1.5 Indications and Contraindications — 19
 - 1.5.1 Primary Shoulder Arthrosis — 19
 - 1.5.2 Humeral Head Necrosis — 20
 - 1.5.3 Rheumatoid Arthritis — 21
 - 1.5.4 Instability Arthrosis — 22
 - 1.5.5 Post-traumatic Shoulder Arthrosis — 22
 - 1.5.6 Defect Arthropathy — 23
 - 1.5.7 Contraindications — 24
- 1.6 Surgical Technique — 24
 - 1.6.1 Surgical Planning — 24
 - 1.6.2 Total Shoulder Endoprosthesis — 25
- 1.7 Results — 28
- 1.8 Complications — 29
- 1.9 Postoperative Rehabilitation — 30

I. Schleicher, O. Kilian, R. Schnettler

2 Primary Endoprosthetics of the Hip Joint — 33

- 2.1 Introduction — 33
- 2.2 Anatomy of the Hip Joint — 33
- 2.3 Implant Materials — 35
- 2.4 Cemented Versus Cementless Implantation — 36
- 2.5 Cemented Implants — 38
 - 2.5.1 Polyethylene Socket — 38
 - 2.5.2 The Cemented Stem — 38
- 2.6 Cementless Implants — 39
 - 2.6.1 Threaded Cup and Press Fit Sockets — 39
 - 2.6.2 The Bipolar Prosthesis (Dual-Head Prosthesis) — 42

2.6.3	Epiphyseal Fixation (Surface Replacement) —	43
2.6.4	Metaphyseal Stem Fixation —	45
2.7	Surgical Approaches —	49
2.8	Prophylaxis of Heterotopic Ossification —	50
2.9	Thrombosis Prophylaxis —	52
2.10	Autologous Transfusions —	55
2.11	Rehabilitation after Implantation of a Hip Joint Endoprosthesis —	56

C. Merle, J. Herre, P.R. Aldinger

3	Endoprosthetics of the Knee Joint —	59
3.1	Introduction —	59
3.2	Anatomical and Biomechanical Principles —	59
3.3	Gonarthrosis —	61
3.3.1	Epidemiology —	61
3.3.2	Etiology and Classification —	62
3.3.3	Clinic —	64
3.3.4	Imaging Diagnostics —	65
3.4	Indications and Contraindications —	65
3.5	Surgical Goals —	66
3.6	Risk and Success Factors —	66
3.7	Preoperative Measures —	67
3.7.1	Surgical Planning —	67
3.7.2	Informing Patients —	68
3.7.3	Anesthetic Procedures —	68
3.8	Perioperative Measures —	69
3.9	Postoperative Measures —	69
3.9.1	General Postoperative Measures —	69
3.9.2	Postoperative Pain Therapy —	70
3.9.3	Medical Thrombosis Prophylaxis —	71
3.10	Prosthesis Design —	72
3.10.1	Unicondylar Joint Replacement (Sled Prosthesis) —	73
3.10.2	Unconstrained Bicondylar Resurfacing —	77
3.10.3	Semi-Constrained Prostheses —	80
3.10.4	Hinged Prostheses —	80
3.10.5	Modular Revision Implants/Tumor Prostheses —	82
3.10.6	Patellofemoral Prostheses —	82
3.11	Surgical Technique —	83
3.11.1	Alternative Surgical Approaches —	84
3.12	Complications —	86
3.12.1	General Complications —	86
3.12.2	Specialized Complications —	86
3.13	Rehabilitation —	90
3.14	Outlook —	90

S. Lieske, K. Schenk, M. John, H.W. Neumann

4	Ankle Endoprosthetics — 93
4.1	Introduction — 93
4.2	History — 94
4.3	Implants — 95
4.4	Indication/Contraindication — 99
4.4.1	Patient Selection — 101
4.4.2	Bone Situation — 101
4.4.3	Ligamentous Situation — 102
4.4.4	General Contraindications — 102
4.5	Alternative Operations at the Upper Ankle — 104
4.5.1	Alternative Operations Before Ankle Endoprosthesis Implantation — 104
4.5.2	Alternatives to Total Endoprosthesis — 106
4.6	Surgical Technique — 107
4.7	Additional Interventions — 110
4.7.1	Tibiotalar Malalignment (Varus/Valgus) — 111
4.7.2	Subtalar Malalignment (Varus/Valgus) — 113
4.7.3	Club Foot Deformity — 114
4.7.4	Arthrosis of the Adjacent Joints — 115
4.8	Radiological Diagnosis — 117
4.9	Complications — 119
4.9.1	Impingement — 119
4.9.2	Incorrect Sizing of the Prosthesis Parts — 121
4.9.3	Fractures — 122
4.9.4	Aseptic Loosening — 122
4.9.5	Infections — 123
4.9.6	Treatment of Prosthesis-Associated Infections of the Upper Ankle — 123
4.9.7	Postoperative Movement Limitations — 126
4.10	After Care — 126
4.10.1	In the Clinic — 128
4.10.2	Outpatients — 131
4.10.3	Rehabilitation Measures — 131

M. Nottrott, A. Streitbürger, S. Höll, G. Gosheger, J. Harges

5	Tumor Endoprosthetics — 135
5.1	Indications — 135
5.2	Preoperative Planning — 136
5.3	Current Tumor Endoprosthesis Systems — 136
5.3.1	Soft Tissue Reconstruction — 141
5.4	Postoperative Management — 144
5.5	Function — 145
5.6	Special Prostheses — 149

- 5.6.1 Growth Prostheses — **149**
- 5.6.2 Stump Construction Grafts — **150**
- 5.7 Complications — **150**

R. Hube

- 6 Minimally Invasive Hip Endoprosthesis — 155**
 - 6.1 General — **155**
 - 6.2 Patient Selection — **158**
 - 6.3 The Posterolateral Approach — **158**
 - 6.4 The Anterolateral Approach — **161**
 - 6.5 The Anterior Approach — **164**
 - 6.6 Effect of the Approach on the Choice of Implant — **165**
 - 6.7 Marketing or Benefit? — **165**
 - 6.8 Summary — **167**

H. Kiefer

- 7 Navigation in Endoprosthesis — 173**
 - 7.1 Introduction — **173**
 - 7.2 Navigation Technology — **174**
 - 7.3 Navigation in Knee Endoprosthesis — **176**
 - 7.3.1 Principles — **176**
 - 7.3.2 Surgical Procedure — **178**
 - 7.3.3 Special Aspects — **188**
 - 7.4 Navigation in Hip Endoprosthesis — **190**
 - 7.4.1 Principles — **190**
 - 7.4.2 Surgical Process — **192**
 - 7.4.3 Special Aspects — **200**
 - 7.5 Outlook — **201**

Appendix: Information on the individual joint prostheses — 205

Index — 211