
Contents

Publication List	iii
1. Introduction	1
2. Electron Spins in Semiconductor Quantum Dots	5
3. Single-Electron Quantum Dots	15
3.1. Theoretical Model	16
3.2. Gallium Arsenide	20
3.3. Silicon	22
3.3.1. Energy Spectrum	23
3.3.2. Spin Relaxation	27
3.4. Summary	34
4. Two-Electron Quantum Dots	37
4.1. Theoretical Model	39
4.2. Gallium Arsenide	41
4.2.1. Energy Spectrum	41
4.2.2. Spin Relaxation	42
4.3. Silicon	51
4.3.1. Energy Spectrum	51
4.3.2. Spin Relaxation	55
4.4. Summary	68
5. Conclusions and Outlook	71
A. Numerical Method	vii
Bibliography	xv