

- 4 THE BEST INSIDER TIPS**
- 6 BEST OF ...**
- GREAT PLACES FOR FREE p. 6
 - ONLY IN FINLAND p. 7
 - AND IF IT RAINS? p. 8
 - RELAX AND CHILL OUT p. 9
- 10 INTRODUCTION**
- 16 WHAT'S HOT**
- 18 IN A NUTSHELL**
- 24 FOOD & DRINK**
- 28 SHOPPING**
- 30 THE PERFECT ROUTE**
-
- 32 HELSINKI & THE SOUTH COAST**
HELSINKI, PORVOO, RASEBORG
- 50 THE WEST COAST**
ÅLAND, ÖSTERBOTTEN,
OULU, TURKU
- 64 FINNISH LAKE DISTRICT**
JYVÄSKYLÄ, LAPPEENRANTA,
SAVONLINNA, TAMPERE

EAST FINLAND 80
KAINUU, NORTH KARELIA,
THE NORTH EAST

LAPLAND 88
INARI, ROVANIEMI

TRIPS & TOURS	94
SPORTS & ACTIVITIES	100
TRAVEL WITH KIDS	104
FESTIVALS & EVENTS	106
LINKS, BLOGS, APPS & MORE	108
TRAVEL TIPS	110
USEFUL PHRASES	116
ROAD ATLAS	122
INDEX & CREDITS	134
DOS & DON'TS	136