

Baldrian (<i>Valeriana officinalis</i>)	4
Fenchel (<i>Foeniculum vulgare</i>).	8
Gewürznelke (<i>Syzygium aromaticum</i>)	12
Ginseng (<i>Panax ginseng</i>)	16
Holunder, schwarzer (<i>Sambucus nigra</i>).	20
Johanniskraut (<i>Hypericum perforatum</i>)	24
Lavendel (<i>Lavendula officinalis</i>).	28
Passionsblume (<i>Passiflora incarnata</i>).	32
Ringelblume (<i>Calendula officinalis</i>)	36
Rosmarin (<i>Rosmarinus officinalis</i>)	40
Salbei (<i>Salvia officinalis</i>)	44
Spitzwegerich (<i>Plantago lanceolata</i>)	48